

SPIRIT



WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist www.twitter.com/cumethodist 11:30am Sunday Radio Broadcast on KOLM (1520 AM)

www.youtube.com

"Christ United Methodist Church Rochester MN"

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Pastor's Pen with elizabeth macaulay, lead pastor

One of my favorite touchstones of the year is the luncheon held each year to celebrate those members who have been at Christ United Methodist for fifty years and more.

Each year, those gathered are treated to a retrospective created by Deedee Odell. Deedee researches old bulletins and newsletters and weaves the story of the church

into the story of what was going on around it fifty years ago. (You can see this year's narrative in this issue on page 8)

Imagine. The people we honored joined CUMC in 1969. They, along with the others in the room who were already members at that time, lived the tumult of the late sixties while connected to the power of the community at their church.

Children were baptized, music created, relationships formed, and the city of Rochester and creation enriched through the power of the Holy Spirit loosed through this church.

Along with the information presented is the raw power of nearly one hundred souls who have lived life together for over fifty years. Those gathered are different from each other - different in party affiliations and preferences as well as life circumstances. And, they are connected through the power of their commitment to Jesus Christ lived through Christ UMC.

Amazing.

This church exists through the power of people who have loved it and shared their gifts through it. Through over 160 years, individuals have joined their hopes to the power of the Holy Spirit because they feel called to create meaning through church.

When we gathered mid month to honor the life of past Minister of Music the Rev. Bob Scoggin, the choir loft was filled on both sides. In that loft were people who wore different robes from different churches. There were music directors from two other churches. There were people who are over 100 and people who live far from Rochester but they felt called home to bear witness to the life of a man who helped their souls to soar. The sanctuary was peopled with past bell ringers and singers. They needed to be there.

Amazing.

Sometimes in the midst of the busy of life and church, we don't pause. I hope that we will pause more often to marvel at the incredible foundations of love and witness shared through this Body of Christ for so many years.

We are part of an historic chorus of praise and witness.

Here's how the church was inspirited in the past:

They followed a daily discipline of worship in the temple followed by meals at home, every meal a celebration, exuberant and joyful, as they praised God. People in general liked what they saw. Every day their number grew as God added those who were saved. Acts 2:42 - 47

We continue to be inspirited. New people are coming through the doors of the church seeking to be saved from loneliness and a sense of being engulfed in despair.

Each person who summons the courage to enter a church is proclaiming their desire to join into a movement that promotes transformation.

I give such deep thanks. Thanks for the witness of the past and the present and the future.

Surely, we are blessed to praise God with the stuffs of our lives and hearts. Together, we are a mighty movement for hope.

Amazing.



Coffee Ministry Members Needed:

Join the team that keeps CUMC fueled with high quality Peace Coffee on Sundays! This team ensures that coffee is prepared and put out/refilled on Sunday mornings from 9:30am-10:30am. We work to help BJ, our valued custodian, keep up with demand. This team also helps monitor supply. Contact the office if you'd like the opportunity to serve.

Van Drivers Needed:

This team of skilled volunteers transport our parishioners to and from Sunday Services, and assist the Hospitality Team to bring families in need to CU Wednesdays!

This team also has opportunities to work with missions teams like ASP. Please contact Kent Nymann to get your certification scheduled!

The Thrive Gala on November 2nd is still looking for submissions of auction items. We are accepting a wide variety of items from goods and services to experience. Current donations include handmade items including baked goods, dinner hosted by CUMC members, and a weekend at a condo in Minneapolis owned by CUMC.

Please submit all donations for auction items to Grace Glover by October 1st.



Our Resident Bishop, the Rev. Bruce Ough, will be with us for worship and a forum on November 24th. We will worship together at ONE service at 9:00 AM in the sanctuary, grab coffee and then come back together to hear the Bishop's thoughts about the future of the UM church, and then we will adjourn to the fellowship hall for sloppy Jos and peach cobbler.

I am so excited to invite you to the Thrive Harvest Gala on November 2nd.

With one year on the books, it is time to celebrate the hard work that Thrive and CUMC have put into

breaking the cycle of poverty in Rochester by providing excellent child care.

Thrive is extra special because it provides top quality child care for little ones while offering competitive pay for their staff. They also offer scholarships for families struggling to balance child care needs with tight budgets.

We are going to celebrate Thrive's fabulous first year in business with hors d'oeuvres, live music, a silent and live auction, and a short program on Thrive's impact where we will hear from Thrive staff and families.

Tickets are \$50 and well worth it. All proceeds go toward tuition assistance in order to support families in need. You can purchase tickets in the Commons between the 9 and 11 o'clock services from now until November or online tinyurl.com/ThriveGalaTickets.

We hope you will join us in celebrating the great work that this congregation and the Thrive family have put into supporting the community. Let us continue to extend that support to new families and future generations.

~ Grace Glover



Faith → Life: Learn from Christ's Teachings

3rd Sunday Forum • October 20, 10:15 AM Hamline Room "Building Self-Healing Communities: Understanding Adverse Childhood Experiences" Janet Guderian BSN, PHN Olmsted County Health, School Based Services



What if the largest public health discovery of our time is about the smallest of us?

• How the Adverse Childhood Experiences (ACEs) study confirms that adversity early in life can increase physical, mental and behavioral problems later in life • How neuroscience helps us understand why ACEs are so powerful • How relationships with caring and competent people are vital contributors to resilience •

Janet Guderian has an important and powerful message to share about how Adverse Childhood Experiences (ACEs) are affecting the well-being of our community with school-age youth and their families. This is a topic for all ages; youth, young adults, parents and grandparents. Please save this date to learn more about creating a healthier community.

Ongoing Sunday Classes • All Are Welcome – No Registration Required

Inquiring Spirits – After the 9:00 am worship (except for Third Sunday Forums), Room 145 Contemporary Issues – After the 9:00 am worship (except for Third Sunday Forums), Room 146 New This Fall: "Chewing on the Word" – After the 9:00 am worship (Fireside Room) and 11:00 am worship (Commons). Everyone is invited! October's focus will be on the weekly Scripture text used for the sermons that bring out the themes of the Congregational Read book, *The God Who Sees*. Refreshments provided for those choosing to come after the 11:00 worship.

Connect Groups - FALL CONNECT GROUPS HAVE STARTED!!

<u>Breakfast Fellowship</u>: (Second Wednesday of each month) October 9, 8:30 am at <u>Charlie's Restaurant</u> (Hillcrest Shopping Center. New members are always welcome to drop in, no age group designation, and no registration required. Hosts: Amy Humphrey and Dean Swanson

<u>Bridge 101</u>: Thursdays, October 3, 17, 24, and 31 at 1:00 pm in the church library. There are 2 openings if you are interested. Host: Karen Hewitson.

<u>CUMC Knitters</u>: Wednesday mornings 10:00 – 12:00, in the Fireside Room. This group will be meeting until Thanksgiving to create prayer shawls, hats and mittens for Christmas Anonymous and other items to donate. Host: Marjie Blaisdell

<u>Dinner Club</u>: Groups are forming; so if you are interest contact the Hosts: Marjie Blaisdell or Mary Schmidt.

Exploration and Application of Restorative Justice: this group is being offered at Assisi Heights Spirituality Center Wednesdays, October 2 – November 6, 6:30 – 8:00 pm. Registration is required: \$25, preregister/prepay at rochesterfranciscan.org select "Events" or call 507-280-2195.

<u>Healing the Heart of Democracy by Parker Palmer</u> (Book Study) Thursday evenings at 7:00 pm, September 26 – November 7. This group is meeting at the home of the hosts, Dick and Kathy Estry. Call 507-288-5938 if you would like to join us.

Intersecting Race and Social Class: This is a drop-in group (no need to sign up) on Sundays, 10:00 – 11:00 am, October 6, 13, 27 and November 17 in Room 135. This is the third in a series of discussions on race. This session will examine the intersection of race and social class based on Arlie Hochchild's book, *Strangers in Their Own Land*.

<u>Pie Making</u>: *This group has reached its capacity; no more registrations accepted. This will be offered again for the January – February trimester, so watch for sign up in December!

Child Care is available every Sunday and for weekdays and Saturdays upon request

Energy. Amazing, electric, contagious energy.

Twelve people got down and dirty prior to Rally Sunday, painting the Sunday School hallway and three different classrooms, updating bulletin boards and the chalk paint blackboard. If you've not wandered over yet, I highly



recommend taking a stroll through down the newly waxed corridor. On Rally Sunday, children and families created substantial foot traffic as they investigated the changes. Kids created painted handprints in the shapes of butterflies, keeping in the theme of new beginnings, which will soon be displayed throughout the Sunday School wing.

On Rally Sunday, despite the rain, Christ UMC experienced a 30% increase in attendance! Children whipped in and out of the photo booth like a speedy revolving door. Hot dogs were cooked to perfection, the smell of popcorn filled our Commons and tables representing various church ministries received a high amount of interaction.

New additions to this 2019 Rally Sunday included a map of the morning's offerings, CUMC T-shirts (still available in the office for \$10) and brochures listing the various opportunities available here at Christ UMC.

Announcement: What's New?

We are now offering Sunday School during the 11:00 service, in order to minister to younger families attending the ECC worship. Five of the six children present the first week know how to read. The highly effective lesson time was as simple as reading through the children's Bible (each child took turns reading a page) and coloring out a summary of the story—at the suggestion of one of the children!

The two leaders glanced at one another in wonder. These kids are teaching themselves. What are we even doing here?

Until CUMC leadership gets a sense of the ages and numbers of children attending, we'll continue with a



"one-room schoolhouse" format, which, at it's launch, worked brilliantly. We are, however, looking for people willing to teach this Sunday School class, preferably someone who attends the 9:00 worship so he or she doesn't miss out on his/her worship service. If you have received the safe sanctuary training and you have a heartbeat, you are likely qualified. Talk to Sam Evans or Jody Peterson if you're willing to step into this fantastic opportunity (even once/month) to serve and experience Christ UMC kids at their finest.

~ Sam Evans & Jody Peterson



5-5:30pm (Grades 1 - 5) Jubilee Bells - Bell Room 5-5:30pm (3 years - Kindergarten) Little Angels - Room 133 5:30-6pm CU Wednesdays Meal/Social Time - Commons 6-6:30pm (Grades 1 - 6) Children's Choir - Choir Room 6-7:30pm Confirmation - ECC (starting October 2) 6-7pm Adult Bells - Bell Room

7-9pm Adult Choir - Choir Room



Jody Peterson, Children's Coordinator and Sam Evans Next Generation Ministry Coordinator

Youth Ministry

I surprised the youth10 this Sunday by teaching the shortest Bible lesson in history, or at least one of them. We'd immersed ourselves in a game and spent our very first 10:10 of the season learning more about one another. Three of the teens present had not ever attended 10:10 and it brought me great joy to hear the

more seasoned youth incorporating them into the game and calling them by name.

"Okay, okay," I said at 10:45. "I have to teach you *something*." We ended "Four on a Couch" in a tie between the guys and the girls and shifted gears. "What is something that makes you comfortable—when you see or hear or touch this person or thing it makes you feel at home?"

"My dog." "My mom." "My home country."

"And what is something that makes you feel uncomfortable?"

When no one answered, one youth blurted out, "awkward silence!"

We all laughed and it broke the tension. "Cold," said another teen. "New circumstances."

I also asked them to name Bible characters whom God had called to step beyond their comfort zones. After we'd gone around, I recited Joshua 1:9. "Have I not commanded you? Be strong and courageous. Do not be dismayed or discouraged because the Lord your God will be with you wherever you go."

As I'd read that verse earlier in the week, a thought occurred to me: Strength and courage are not optional. They are not a choice, nor a quality that some possess and others do not. God *commands* Joshua to be strong and courageous in the face of overwhelming circumstances.

By the end of the morning, I felt blessed to be able to address each person in the room by name, and I look forward to walking this life adventure beside them with strength and courage.

Youth Haunted House at Trunk or Treat

Sunday October 20th during Youth10:10 we'll plan out the hallway. Then, on Sunday October 27 at noon (right after the 11 o clock service we'll gather downstairs to set up the Haunted House. Let's get spooky!!



What is confirmation?

Confirmation is the follow-up to parents' baptismal promise to raise a child in the church. Confirmation is a chance for teens to explore their own faith and navigate their God story. It's a chance to ask tough God questions and seek out answers. Ultimately, confirmands will be able to define their identity in Christ, what they believe about God and their place within the community.

What we need from you:

- 3 unique facts about the confirmation participant
- Three favorite worship songs each from parents and confirmands
- A willing and adventurous spirit



The Event: Weekend retreat for grades 6-12.

Friday, November 1st-Sunday, November 3rd

Cost: \$155

Theme: "Something New"
1 Corinthians 5:17

Fantastic worship, break-out sessions by age, an escape room

The Event takes place at the Holiday Inn in St. Cloud. Registration on Friday is from 5:30-7:30. The event closes at 11:00 on Sunday morning. Youth should bring extra money for meals on Friday night and Sunday afternoon. The church will provide transportation to and from the event.



RECAPI

We would like to thank all the hard work of our

Building Manager Kent, Next Gen Ministries Coordinator Sam, and the numerous volunteers who did an incredible job of beautifying our children's hallway and classrooms!



























50 Gear Member Luncheon

Celebration of Years of Fellowship and Community

On Thursday, September 12, 2019 we celebrated those who have been members of Christ United Methodist Church for 50 consecutive years or more. A delicious lunch was served in Wesley Hall, followed by a program, representatives from three of our contact groups: Thrive Child Care and Family Resource Center, Thrift on Fifth, and Saturday Noon Meals. Each spoke briefly on activities of each group interspersed with favorite hymns, which were accompanied by Lorrine Wordelman on piano. Pastor Nancy introduced the new 50 Year Members. Each member spoke a few words about what drew them to Christ United Methodist Church all those many years ago. Pastor Nancy then presented a certificate to each new member. Deedee Odell reported on some historical highlights and events of the year 1969 at Christ United Methodist Church (found on page 8-9 of this issue of The New Spirit.)

The afternoon was filled with beautiful music, Christian love and spirit-fueled celebration of the community of Christ UMC.

~ Jan Bolton



Christ United Methodist Church - 1969

1969 began as a continuation of 1968. Riots about segregation, Viet Nam, and equality.

And in the United Methodist Church, reconciliation and reconstruction. A New Church for a New World. Changing our denominational names and the organizational structure does not really bring about a new church. A Quadrennial Emphasis was adopted to help accomplish this, running until 1972.

The ministers were: Haycock, Peterson, Monson, Scoggin, Wordelman and Suiter.

A new official symbol were the flame and cross symbolizing the living God and the Holy Spirit.

Children and youth choir and handbell directors were: Billie Needham, Lorrine Wordelman and Mary Ellen Malkasian.

There were 3 choral choirs and 4 handbell choirs. These choirs met on Sunday, Monday, Wednesday and Thursdays. 250 children, youth and adults were participating.

Twelve more handbells were made available by Schulmerich Foundry for \$600 including the case. This is the 4th octave of bells. Today they would cost \$5,800.

There were many small sayings in the bulletins: for success in God's work, begin where your are, use what you have, and go as far as you can.

The week goes better when you worship God.

Boy Scout Troop 21 had 38 members. Assistant Scout masters were: Orville Kirkham and George Heyne. Jim Kirkham cleaned the 600+ chairs in the church as his Eagle Scout Project.

Jack Uhlenhopp and Dick Martin were missionaries to Bogata, Columbia

A good typewriter was needed for the church office.

Thirty adults worked with over 200 youth on Wednesday night activities.

Confirmation was a 2 year program with Jo Sheldon, Rev Wordelman and Lu Gerads in leadership roles.

Mr & Mrs Set went to the Hubbell House. Mr & Mrs Dave Dripps and Mr & Mrs Roger Hagen were in charge.

Twenty two babies were baptized that summer. Among them were: Todd Blohm, Stephen Morman, Mitchell Tweed, Michelle Sharp, Todd Pagenhart,

The youth provided a Sunday service with the following music: Hymn-Peter, Paul & Mary; Trip, Stumble & Fall-Mamas & Papas; Got to Get You into My Life- the Beatles. And yes, in their own way they have a religious message?

Seventy four 8th graders were confirmed and 78 graduated from the Rochester High Schools. Seventy six members passed away.

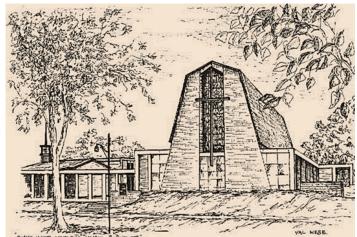
Vonnie DeVinney and Wailana Barker had WSCS in their homes. Four women went to Hamline School of Christian Mission. WSCS invited you to a Hawaiian Luau-cost \$1.25. WSCS Service of Remembrance was

held with Vinnie DeVinney in charge. The WSCS Bazaar was held with many booths and the ham loaf, home made pie dinner. The proceeds were to help retire the building loan.

You could call 288-5672 for a Minute Meditation, sponsored by the Rochester Area Church Council.

The Goodwill, founded by a Methodist minister, gave training and employment to 30,000 physically handicapped persons each year in 30 different trades and professions.

The members went to camp at: Frontenac, Koinonia and Lutherhaven. Rev. Wordelman took the youth to



Lutherhaven and while there made a mosaic that is on display today. There are also pictures of it on the tables with the description found in the bulletin. You will see a cross, the moon and the other planets in the solar system. The cross represents God's love for all people, man walked on the moon that summer, the other planets represent man as he moves beyond the planet earth and that God is always with him.

The David Williams family was home on furlough after 4 years in Pakistan.

Mrs Kern passed away after assisting 1200 families baptize their children and 4,000 to 5,000 families become members of the church. She was 89 years old.

Christmas Eve services were at 5pm and 11pm. Hollis Feeser provided the live tree in the sanctuary. The Live Nativity Scene continued to be a popular attraction.

By the end of 1969 women were known in the bulletin by Their Own first names.....progress!!

Many things we remember from 1969 are: Woodstock...were any of you there? The moon landing and Neil Armstrong saying "That's one small step for a man, one giant leap for mankind". Do you remember where you were? Brady Bunch and Sesame Street premiered. Wendy's fast food and The Gap opened. And the 747 airplane...I saw it fly over Los Angeles. It was huge!

Popular movies were: Butch Cassidy and the Sundance Kid, Funny Girl, Midnight Cowboy and Hello Girl.

Popular authors were: Maya Angelou, Mario Puzo and Michael Crichton.

The \$500, \$1,000, \$5,000 and \$10,000 bills were removed from circulation!!!

The decade of the '60's was tumultuous! The youth rebelled with long hair, unusual clothing and loud music with questionable lyrics. But as Bob Dylan said, "There is no music without words." The middle class values of God, hard work and service to their country were questioned. As we know today, our world continues to change. May we always help to make it a better place to live.

Deedee Odell - September 2019



Our Whole Lives; Caring Through Congregations Conference at CUMC November 22, 23

Featuring Keynote Speaker Ben Wolfe, Former head of St Mary's Grief Center, Duluth, Past President MN and US Association of Death Education and Support, Professor University of MN Duluth and School of Medicine

Friday, November 22 6:30-8pm • Care for Caregivers: How We Are Changed by the Work That We Do Free event All are welcome A gift for the Rochester area

Sponsors: Christ UMC, Zumbro Lutheran, Seasons Hospice and Mayo Hospice

Saturday, November 23 8:30am-3pm • Holy Listening: Best Practices

This Seminar is for Christian Faith Leaders and Lay Visitor Teams. In the morning, Ben will speak on "Listening and Family Mobiles As They Relate to Individuals and Congregations." There will be morning and

afternoon workshops and lunch. A closing worship service will be held. There will be a suggested donation for registration of \$45

Head to <u>cumethodist.com/events</u> for more information and to register. You may also register in the office.

Ben Wolfe, M.Ed. is a Licensed Independent Clinical Social



Worker, and Fellow in Thanatology, is a grief, loss and transition trainer/consultant with 28 years experience as director and grief therapist of St. Mary's Medical Center's Grief Support Center in Duluth, MN.





Did you know our church has a safe sanctuary policy? We do! It is our promise to protect children, youth and vulnerable adults as well as the staff and volunteers working with them. We do this by going through how to prevent and report instances of abuse and neglect in our church community. This training is required of anyone working with children, youth, or vulnerable populations and it's encouraged for all church volunteers.

Our covenant statement on safe sanctuary says this:

Christ United Methodist Church hereby pledges to conduct the ministry of Jesus Christ in ways that assure the physical and emotional safety and spiritual growth of all of our children and youth, vulnerable adults/elders as well as all of our workers with children and youth and aging population. We will follow reasonable safety measures when selecting and recruiting workers; we will implement appropriate operational procedures in all areas of programing and care; we will train our workers with children and youth and vulnerable adults/elders on our procedures and policies; we will have a clearly defined procedure for reporting a suspected incident of abuse consistent with Minnesota state law.

We would like to thank the 92 participants in the Safe Sanctuary trainings conducted in August and September in preparation of the upcoming year!

If you missed the training, worry not! We will have another round when we welcome new volunteers for winter programs. All are welcome.

Grace Glover, Connections Coordinator.

The Garden/Grounds Ministry is arranging to have the river rock removed from underneath the bushes on the north and south ends of the east parking during the month of October. We are also removing the pea gravel that is in the labyrinth area at that time. We are looking for people to help with the removal and also those that may be interested in taking the river rock or pea gravel for their own usage. Please contact Kent in the church office with a time when you can help and/or if you would like the landscaping materials.



You are invited to attend Charter House Chimes & The Homestead Chimers concert on October 16th at 2pm at Edwards Hall at Charter House. Both groups have completed 2 years of playing and are excited to share their expertise with you. There will be solo numbers, audience sing along and a two choir numbers. There are several CUMC members in both groups.

Did you know?? You can sponsor our radio broadcast ministry! It's \$55 to get your special occasion announced on the radio before the CUMC service broadcast. Whether it's honoring an anniversary, or remembering loved ones who have passed on, this is a perfect way to tell the world about that special something. You can sign up in the commons right next to the office, or by emailing oliver@cumethodist.com



Have an article for the *New Spirit*? **Please submit it to <u>oliver@cumethodist.com</u>** by the 3rd **Wednesday of the month.** Late articles may be very tiny or invisible. Thank you and happy writing!

If you have a pastoral emergency, please call the church office and ask for the pastor on call. Let us know this is an urgent need. If you need a pastor after hours or on weekends, please call the church office and listen to the message on the machine for the phone number of the pastor on call. Then call them directly. Remember that we do not know you are in the hospital unless you contact us. Thank you.



On Sunday November 3 we will observe All Saints Sunday. All church members and friends who have died in the past year will be named and a rose placed on the altar. We will send invitations to the loved ones of those who have died since the last All Saints Sunday. We will be asking for a digital photo of each person, if the family would like. Photos will be shared on the screens.

UMW Fall Rummage Sale

Check out your kitchens, closets, basements and holiday storage areas for no-longer needed, gently used items and bring to CUMC on Wednesday, October 2 from 8:30am – 4:30pm. We will accept items on Wednesday ONLY. We are NOT accepting books but will take gently used children's books. In addition to the usual clothing and household items, we will have holiday items for fall and Christmas.

We can use people to help set up on Wednesday from 8:30am – 4:30pm and clean up on Saturday beginning at 12 noon. Donations of cookies, bars, and muffins are needed for Friday's bake sale and highly appreciated. Please bring donations to the church kitchen on Thursday and mark them "for UMW coffee shop." Please do not donate TVs, baby/child car seats, large microwaves, or exercise equipment. We have to pay to discard these items if they do not sell.

The UMW Rummage sale is a very important mission project for our church - proceeds help meet the UMW pledge to missions locally and around the world. The rummage sale also provides low cost clothing to people in our church and community with limited incomes.



You Are Invited All are Welcome.

What: Fellowship Breakfast When: 2nd Wednesday of

EVERY Month Time: 8:30 A.M.

Where: Charlies Restaurant



We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting Christ Church" coffees at which our pastors will meet with

people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside Room following the 9:00 service. Childcare is available upon request! The next Coffee is October 13, Contact the church office at 289-4019 or (email@cumethodist.com) if you have questions or would like more information.



October is Thrive's birthday month! It's time to celebrate the amazing year we have had!

I think back over the last year and am amazed at what a difference a year makes! On October 1st, 2018, Thrive opened it's doors to 5 children and 5 staff. The center was immediately filled with little voices and little bodies moving about. Thrive's presence brought the lower level of Christ United

Methodist Church to life!

So what have we accomplished in our first year? We have:

- Provided high quality childcare to 64 children.
- Celebrated sending 4 children to kindergarten.
- Opened 5 of our 6 classrooms.
- Built a team of 15 early childhood professionals.
- Secured several grants to support our mission.
- Conducted parent teacher conferences with all of our families.
- Completed the final steps to be earn our Parent Aware rating from the state of Minnesota.
- Enjoyed 9 family nights planned by our Family Resource Center volunteers.

The accomplishment that I am most proud of is the way Thrive builds community with our families every single day. Thrive is a special place. It is so much more than just a place for parents to drop off their children while they go to work or school. Thrive has become a family and we care deeply about each other. We celebrate



birthdays and potty training, first steps and family traditions. We get excited about parents getting new jobs, pregnancies, and we support families when life throws them a curve ball. Thrive truly is a special place and I'm lucky enough to get to spend my days surrounded by the beautiful chaos that it is!

We are on to year 2 and I can't wait to see what this second year holds for Thrive!

- Tanya Goretzki, Executive Director Thrive



Annual Flu Shot Clinic HyVee will be offering on-site flu shots at Christ UMC October 20, 8:30-11:30am Fireside Room



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. We are ready to accept clothing anytime, just bring them to the normal drop-off location. Thank you for your generosity. Together we can help this community thrive!

Hours

Store Wednesday: 4pm - 7pm Saturday: 9am - 12pm Sunday: 9am - 12pm

Training 2019 Oct. 20 and Nov. 3

Do you want to be part of a movement to heal a broken world? If so, we invite you to join us for this dynamic and experiential training!

Minnesota EarthKeepers are excited to partner with Minnesota Interfaith Power & Light (MNIPL) to offer this training in effective organizing for faith communities. Participants will learn how to invite the gifts and skills of those in their community to build a more

just and sustainable world.

We will reflect on the theological resources of our faith tradition(s) and practice the skills we need to sustain and broaden our mission of healing and hope, particularly as it relates to creation care and environmental justice in our communities. We welcome people of all faith traditions to join us for one of these training events:

EarthKeepers/Be the Spark Training at Christ UMC in Rochester (400 5th Ave. SW, Rochester MN) Sundays, 2-7 p.m., October 20 and November 3, 2019 • \$60 registration fee. Scholarships are available

Register at tinyurl.com/EarthKeepers2019





The CUMC Tree of Life: Living, Celebrating, & Remembering With You





Welcome New Intentional Disciples!





Robert "Bob" Gill December 24, 1921 September 3, 2019



Louise Rockvam November 28, 1938 September 3, 2019



We welcome new intentional Disciples! Cynthia & Steve Huyber! CUMC has always felt like home. Cindy



attended Sunday School in the old First Methodist Church located where the Methodist Hospital is now. "We left to follow our son and daughter in law to another church but now are returning home."



Mary Hegge June 9, 1927 August 30, 2019



Eugene "Bud" Freeman October 16, 1924 August 21, 2019



Rev. Bob Scoggin April 30, 1930 July 27, 2019



Hudson Thomas Webb was baptized at Christ UMC September 15, 2019 at our 9 o'clock Traditions worship service

Leighton Matthew Van Kirk was baptized at Christ UMC September 29, 2019 at our 9 o'clock Traditions worship service

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Fax: 507-289-3648

E-mail: email@cumethodist.com

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