## Order of Worship

Welcome

Opening Song
/ Will Follow

## **Sharing the Peace of Christ**

## **Gavin Twedt Baptism**

#### Children's Message

Nursery care is available for children 5 and under in the Nursery.

## **Prayers of the People**

Scan QR code to submit your prayers to display on screen during worship



# **Invitation to Offering**

All Together

## Scripture

Mark 14:32-52

## Message

"Fight, Flight, or Freed?" Rev. Jenny Cannon

# **Holy Communion & Candlelighting**

Sails

Lay Server: Chris Mueller

All are welcome to receive communion, which is served with bread and nonalcoholic grape juice. Gluten free also available.

## **Prayer of Gratitude**

**Closing Song** 

Joy

# **Connections & Next Steps**

## Blessing

# **Congregational Prayers**

- For Ted Colescott and Ruth Lyngholm in the hospital
- For Robert Lyngholm receiving hospice care
- For the family of LeeAnne Ramaker who died July 29
- For Church members and friends on the Boundary Waters trip

Welcome to Christ UMC. We are glad you are here!

<u>Children in Worship</u> Children are always welcome in worship. Activity packs are available near the Sanctuary entrance.

Our nursery is adjacent to the church office. There are always two adults in our nursery. You may stay with your child if you like

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Theology on Brew at The Farm Join us Thursday, August 10th at 6:30pm at Haven Valley Farm, 11361 105th Street, NW. Bring a lawn chair, BYOB - your own beverage, and park by the barn. Brats, burgers, vegetarian options, condiments, chips and s'mores provided! Contact Pastors Jenny and Kirkland if you have questions.

Lay Visitor Training Saturday August 12 from 8:30am-12pm in Mettam Conference Room. Open to Singles, Couples and Families. Training in Holy Listening. Opportunities to visit homebound members and friends of Christ UMC. Led by Pastors and Current Lay visitors. Pre-register by August 10th by emailing <a href="mailto:pastornancy@cumethodist.com">pastornancy@cumethodist.com</a>.

Prairie Walk Field Trip Join EarthKeepers on a Field Trip to experience Manawa Prairie Farm Sunday, August 13. We will meet in the west CUMC parking lot at 1:00pm and carpool to the site. You will be welcome to join in a 1-hour hike of the prairie or enjoy the beautiful plants and pollinators from the comfortable front porch of the farmhouse. We plan to return to Rochester by 4:30. Be sure to wear comfortable walking shoes if you plan to walk. Please sign up in the CUMC office or contact Mary Schmidt at 507-254-5216 no later than Thursday, August 10.

<u>Thrift on Fifth</u> Our end of summer sale will be August 16th - August 30th. All items will be half price. We're getting ready for your donations of fall and winter items. And if you have any backpacks you're not using, either child or adult size, we'd be happy to find them a new home. Thanks for being such a generous congregation.

<u>UWF Quilters Need Fabric</u> We are in need of fabric suitable for all ages: babies, school aged, teenagers and adults. 3-5 yards would be ideal but any length is appreciated. You may also buy cloth or send a monetary donation. Any questions please contact Pat Feeser, 507-233-5943.

Serve with Saturday Noon Meals We are now serving over 90 guests each Saturday and could really use more volunteers. Please let Kathy Lombardo know if you can volunteer. We are also in need of plastic bags & food containers. All containers and bags can be placed in the blue garbage can in the foyer. Also, our book cart is almost empty. If you have books or magazines we would appreciate them. Please drop them off at the church. Contact Kathy Lombardo at <a href="mailto:kathryn.lombardo@gmail.com">kathryn.lombardo@gmail.com</a> for more info or with questions.

<u>Concert on Sept. 10th</u> Save the date for a concert with song writer, composer, artist and church musician Ken Medema. More info coming soon.



AUGUST 11-12 | 3RD GRADE AND UP ROCHESTER AND IOWA

We will start our journey in Rochester at 10am on Friday & return to Rochester on Saturday after 4pm. We have space for 10 young participants. Please talk to Amanda or Jody for registration forms! There is also a \$20 fee to cover registration costs.

Call the church office: (507) 289-4019 or email us: email@cumethodist.com









## CHECK IN & CONNECT WITH US!

Thanks for worshipping with us! Scan the QR code and let us know you're here!





# 11am Arise Worship August 6, 2023



With open hearts, open minds and open doors, we welcome people of all races, nationalities, theologies and abilities. We welcome people of all sexual orientations and gender identities. We offer a safe and compassionate place to reconcile faith, identity, hope, understanding and mutual respect.

We welcome you and name the sacred power of the Wahpeton people on whose land we stand