

# ORDER OF WORSHIP

Welcome

Opening Music

*I Have Decided to Follow Jesus* ~ Author Unknown

Sharing the Peace

Children's Message

Prayers of the People

(scan QR code to submit your prayers for the screen)



Invitation to Offering

*Gotta Serve Somebody* ~ Bob Dylan

Scripture

James 4:7-10

Matthew 11:28-30

Message: "Walk This Way"

Rev. Kirkland Reynolds

Music

*Just a Closer Walk with Thee* ~ trad.

Holy Communion and Candlelighting

*Lay it Down Slow* - Spiritualized

Prayer of Gratitude

Closing Music

*I'll Fly Away* ~ trad.

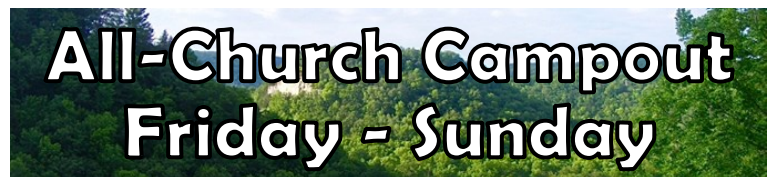
Blessing



## Congregational Prayers

- ◇ Comfort for Nancy Faupel and her family on the death of her husband Al August 7
- ◇ For students and staff preparing for the start of school
- ◇ Gratitude for joyous reunions with family members and friends
- ◇ Blessing for public health workers and for those who are ill with monkeypox

- **InBetweeners Ice-cream Social: Today from 2-4pm** - August is upon us and so is the yearly InBetweeners event. The ice cream social of 2021 was a huge success, so we decided to repeat it. We'll gather at the Odell's residence (2210 67th St NW). The cost is \$5 per couple or \$2.50 each. The InBetweeners is a social group at CUMC for those over 50 years of age. If you would like to join us and have not been a part of the group in the past, contact Deedee Odell at [ddebells@aol.com](mailto:ddebells@aol.com) or 281-2755.
- **The terrible floods in Kentucky were centered in the area our ASP mission group recently served.** If you wish to donate to flood relief, please use the online giving form on our website or drop off a check made out to Christ United Methodist Church and write on the memo: Kentucky Flood Relief. You may also drop off cash in an envelope labeled: Kentucky Flood Relief.
- **The Apollo Music Festival will be performing a chamber concert at Christ United Methodist Church on Aug. 20th, 7:00pm.** Freewill Offering. These are top-notch musicians from around the country you won't want to miss! These concerts are made possible through grants from the Minnesota State Arts Board and the Southeastern Minnesota Arts Council. <http://www.apollomusicfestival.com/august-20-2022>



- **All Church Campout: Aug. 19th-Sun August 21st at Cedar Hill Campground** - Our camping sites are all reserved for the All Church Campout at Whitewater State Park (August 19-22) but you can still join in retreat activities for the day. Though the Church Bus is fully reserved for taking people to Whitewater on Saturday, please call the church office if you would like drive yourself for the Saturday gathering.
- **Safe Sanctuary Training - Sunday August 28, 7pm in the ECC** - Do you want to volunteer with our children and youth ministries? One important part of the volunteer process is attending a Safe Sanctuaries training. This interactive training takes 30-60 minutes and refreshes everyone's covenant around our care for children, youth, and vulnerable adults. Even if you have attended the training in the past, even if you work in a place where you have trainings like this every other month, even if you aren't quite sure you even want to volunteer with our children & youth, please attend this training. Not only will it help our church provide safe ministry opportunities for people, attending the training will grow your own faith!



## THIRD SUNDAY FORUM

August 21 ~ 10:00AM ~ Wesley Hall & Zoom  
MINNEAPOLIS BASED ARTIST/ACTIVIST

Presenter: Ricardo Levins Morales

Ricardo Morales, a native of Puerto Rico, eventually settled in Minnesota where he helped establish the Northland Poster Collective which provided artistic and screen printing services to labor, racial justice and other causes. He currently works with staff who are members of the News Guild/CWA.

Ricardo creates art intended to help oppressed communities overcome the toxic impacts of fear, trauma and hopelessness and tap into their inherent wisdom, power and resilience.

Zoom Meeting ID: 940 8755 4704 • Password: forum - Call In: (312) 626-6799 -or- <https://us02web.zoom.us/j/94087554704?pwd=M2xST0cvSm5jUGcyRDZjVlIKRGNRUT09>



Christ United Methodist Church



11:00am Arise Worship ~ August 14, 2022



## Do You Know Your ENNEAGRAM

The Enneagram is an ancient symbol and an ever-evolving model of nine. It diagrams, or maps nine ways of viewing the world, nine ways of how we get lost, and nine ways we find our way home. The Enneagram is a description of how holistic systems work (or don't work)! It's a diagram of how people grow in health and experience transformation and how people get trapped in pain and suffering. It's a sacred map of the territories of the soul. Jody recommends the RHETI (Riso-Hudson Enneagram Type Indicator), which you can take through The Enneagram Institute for approximately \$12 (<https://www.enneagraminstitute.com/rheti/>).

Hosted by Jody Thone, MN Annual Conference's Director of Leadership & Development  
Tuesday Evenings - August 23 & 30 at 6:30pm



## PEDALS, PIPES, AND PIZZA August 28 5:30-7pm

Are you curious about the organ? Wish you knew more about how it works and the ways the sounds change? Our organist John Varona has prepared a program for children and youth to learn more about the organ at Christ UMC. Following the program we will enjoy pizza.

Staff & Contact



Give Online



Find Us Online



Church Calendar



### PRAYER REQUESTS

Scan the QR Code (right) or head to [menti.com/32bfdowxrh](https://menti.com/32bfdowxrh) to share your prayer request with the congregation



*With open hearts, open minds and open doors, we welcome people of all races, nationalities, theologies and abilities. We welcome people of all sexual orientations and gender identities. We offer a safe and compassionate place to reconcile faith, identity, hope, understanding and mutual respect.*

Call the church office: (507) 289-4019  
or email us: [email@cumethodist.com](mailto:email@cumethodist.com)

We welcome you and name the sacred power of the Wahpeton people on whose land we stand.