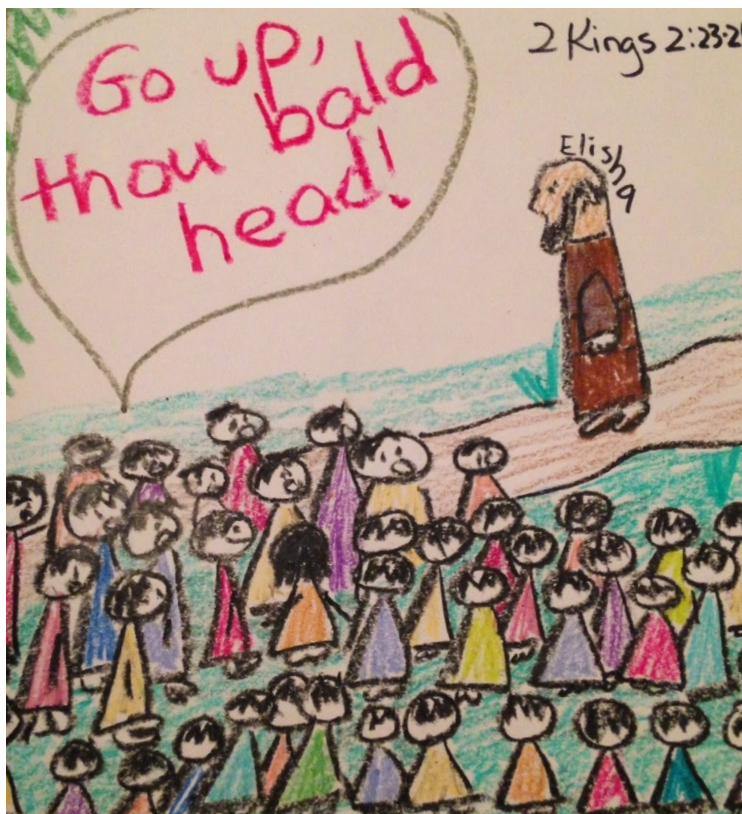


# STRANGE STORIES FROM THE BIBLE

Weekly Update for Children and Families

Christ United Methodist Church

July 23, 2023



How do you feel when you are teased?

Some of the strange stories in the Bible help us ask important questions.

Unfortunately today's story involves kids teasing an adult.

The adult gets MAD! When you are teased, you might feel sad or confused. How else might you feel?

What do you do when you are teased?

The good news is we can CHOOSE how to respond to our feelings. Instead of being mean back, we can

- remember that we are all created and loved by God-- just as we are!
- Choose to be with people who make us feel good about who we are
- talk to a trusted friend or adult about our feelings

Words and image courtesy of National Parks Service, Grand Portage National Monument



## Berries and Bears in Minnesota

*Miinan* (Anishinaabe for Blueberries)

Have you ever picked wild blueberries? Mmmmm. Blueberries are a favorite food, now and traditionally. Anishinaabe use fire to maintain lowbush blueberry patches as a way to prune the plants and clear competing brush plus open the canopy to allow more sunlight. This process stimulates growth and fruit production. Berries can be eaten fresh or dried for winter food. Bears love berries too! Makwa (black bear) clan wears blueberry beaded medallions as part of their regalia to acknowledge and show gratitude for their food source. Anishinaabe beading patterns take nature for inspiration.

Can you see the blueberries in the traditional flowers along the bottom?



### MINI MISSION TRIP

AUGUST 11-12 | 3RD GRADE AND UP | ROCHESTER AND IOWA  
We will start our journey in Rochester at 10am on Friday and return to Rochester on Saturday after 4pm. We have space for 10 young participants. Please talk to Amanda or Jody for registration forms! There is also a \$20 fee to cover registration costs.



### the Biggest little Farm

CU Wednesday, July 26  
Dinner at 5:30  
Movie at 6:15