

400 5TH AVENUE SW
ROCHESTER, MN 55902
507 289 4019
EMAIL@CUMETHODIST.COM
WWW.CUMETHODIST.COM

August 2023

CHRIST
METHODIST CHURCH
UNITED
Grace In The City

THE NEW

SPIRIT

Save the Date!

*Join us for a combined
worship service, Sunday
September 3rd at 10am*

*The 10am service replaces our services at 9am
and 11am. Normal services resume the
following week*

Join us for worship every Sunday at 9am & 11am In-Person or Online

[Facebook.com/cumethodist](https://www.facebook.com/cumethodist)

[YouTube.com/ChristUnitedMethodistChurchRochesterMN](https://www.youtube.com/ChristUnitedMethodistChurchRochesterMN)

Office Hours M-F 9am-5pm & Sunday 9am-12pm | 507-289-4019 | cumethodist.com

Pastor's Pen

WITH PASTOR KIRKLAND



Read through the Gospels and you'll find many instances of Jesus communicating with people. Of course, Jesus speaks with people; teaching, preaching, making insightful observations, and praying. But pay careful attention and you will notice that Jesus actively listens to people as well.

Jesus is many things. And a good listener is one of those.

Jesus communicated effectively through being a good listener. Good listening often happens through understanding what people are saying. Sometimes, good listening includes paying attention to the context and conditions that people speak from.

God is alive and at work in every person and in every neighborhood in our community. Yet it can be easy to miss the ways God is showing up that are beyond of our perception and experience.

Like Jesus, we can pay attention to the context and conditions that people communicate from. With curiosity and openness, we can learn about the things that matter for our community's neighbors and neighborhoods. And in so doing, we can gain new insight into what God is doing.

CUMC is beginning a season of listening for how God is alive and at work in our congregation and in the Rochester community. We are partnering with Isaiah to train a team of people in the congregation to have one-on-one and group conversations. We want these many conversations to be opportunities for us to engage with each other, to build new relationships, and to learn more about the things that we collectively believe are important for our congregation and our community.

If you are unfamiliar with Isaiah, they are a faith-based, multi-racial, nonpartisan community organizing group that works for racial, economic and social justice in Minnesota. We have worked with Isaiah with recent efforts to hold community conversations around public education, paid family and medical leave, and housing.

Over the next few months, we hope you will participate in a one-to-one or group conversation with a member of our listening team. There are no agendas or sales pitches with these conversations. We want the conversations to flow where they flow. We believe these conversations will help us become more connected as a congregation and grow our ability to pay attention to how God is showing up among us.

Our listening team will soon share more information about how you may participate in these conversations. Until then, may God bless all of us with curiosity and openness to each other and to our community.

Be well and stay encouraged,

Pastor Kirkland



Family Promise Rochester

Thanks to all who shared your donations with Family Promise during our summer supply drive. Our congregation has a legacy of involvement with Family Promise (formerly the Interfaith Hospitality Network) and as Family Promise expands its mission of caring for unhoused families in our community, this is a particularly important time to offer volunteer and financial support. You can find out more about volunteer opportunities or make financial donations through the Family Promise website (<https://www.fprochestermn.org/>). We are also seeking a congregational liaison for Family Promise to help individuals and groups within the church stay connected with their work. Contact Pastor Jenny or Kirkland if you're interested in serving in this role.

A Disciple's Path

Save the Date for our fall gathering of A Disciple's Path, a short-term class for people new to Christ UMC or who want to learn more about our local church and The United Methodist Church. October 1, 8 and 15 from 4:30-6:00 pm. Contact the church office to sign up.



Ken Medema in Worship and Concert

On September 10th CUMC will host singer-songwriter Ken Medema for Sunday morning worship and a 3pm concert open to the community. Ken is a gifted musician, storyteller, and performer who has been making music for over five decades and we are honored to host him as part of worship and in a concert setting. Tickets are \$5 and can be purchased [here](#). You can find out more about Ken at kenmedema.com.

Thrive Is Five Channel the Flannel

For their 5th birthday, Thrive Childcare and Family Resource Center is hosting a comfy and cozy night of fun. Pull out your best flannel wear and join us October 7th at 6:30pm for an evening of food, music, as well as a silent and live auction to support the work of Thrive. Look for ticket sales to begin in the coming weeks.

Save the Date!
CHANNEL
the
FLANNEL

THRIVE IS TURNING FIVE!


Children's Ministry


Youth Ministry

CU Wednesday for August

Slip and Slide and Stride into September at Christ UMC

August 23, 6:30-7:30pm

It is the season of back to school shopping and planning. Meet us on the church grounds for an hour of slip and slide fun. Parents will have the opportunity to reconnect and learn more about our fall plans for church. We are putting the finishing touches on the Sunday morning, Wednesday night, music and special events schedules. Stop by to learn more!

Start Dates for Fall Ministries for Children and Youth

August 27 Blessing of Backpacks at both worship services

September 6 CU Wednesday Open House 6:30-7:30 pm. Stop by and learn more about our Wednesday night offerings this fall. (No meal this week)

September 10 Rally Sunday Choose Your Own Adventure style!

September 10, 4:30-6:00 First Night of Youth Group

September 13 First Night of full CU Wednesday activities

September 17 Sunday School Starts, 3rd Grade Bibles (during worship) and ASP 2024 KickOff (at 6:00pm)

October 19 MEA Day of Service

Mini Mission Trip

August 11-12, 3rd grade and up

We will start our journey in Rochester at 10am on Friday & return to Rochester on Saturday after 4pm. Our work includes local mission in Rochester and then a road trip to Ames, Iowa to help out the campus ministry with some back to school preparations. In the morning we will drive to the new Midwest Mission Center in Jefferson, Iowa to learn about their ministry and help them with several projects before we drive back to Rochester. We have space for 10 young participants. Please talk to Amanda or Jody for registration forms! There is also a \$20 fee to cover registration costs.

Appalachia Service Project

Thank you for your support of this amazing relational ministry. On July 17 we celebrated more than 40 years of commitment to making homes warmer, safer and drier. The worship services each had different participants tell stories from the trip and the forum at 10 featured over 40 years of stories. Please check the website and watch these testimonies of what love will do.

Our 2023 team worked on projects at two homes. Teams had come before us and teams would follow us to continue our work. Trica Katzenberg wrote about this year's trip, *"Even though our teams worked their tails off, in the end there was far too much work to get done in 5 days. We all took solace in knowing that we got both of these families closer to being in a home that will be warmer, safer, and drier. This year we were blessed to have a number of new people on our teams - they were all members of our Church, and I KNEW them, but I didn't KNOW them. It was an honor and a pleasure to get to know all of them on a much deeper level - those are the kind of relationships you can build over a long van ride, dirt, sweat, and ice cream...."*

Our 2024 trip will be June 29-July 8. Our first information session is Sunday, September 17 at 6:00pm in the ECC. The trip is open to youth who have completed 8th grade.

Children & Youth Cont.**Church Camping Opportunities**

BWCA August 3-7

Whitewater State Park August 18-20

Please pray for the people on these two camping adventures. While both of these opportunities are at capacity for overnight participants, you can do one of the activities in your own city park! (Ideas for a successful interview follow the questions!)

“But ask the beasts, and they will teach you; the birds of the heavens, and they will tell you; or the bushes of the earth, and they will teach you; and the fish of the sea will declare to you. Who among all these does not know that the hand of the Lord has done this? Job 12:7-9 ESV

Ten Questions to Ask a Tree

1. How old are you?
2. What kind of nourishment do you like?
3. How do you survive in strong wind?
4. How do you get the light you need?
5. Who else lives with you?
6. How do you help your neighbors?
7. How have you been damaged in the past?
8. How can I be a good neighbor to you?
9. Do you have any children?
10. What do you have to teach me?

Interview tips:

Your tree might not be as talkative as you. But consider what you can learn by paying close attention. The tree might also appreciate hearing how you answer these questions.

1. You should not cut down your tree to count the growth rings. But are there other trees like it nearby? Is it smaller or bigger than the others? Do you know something about the history of the area that might give you clues to when it was planted?
2. Check out the earth around the tree. Is it sandy? Is the tree growing in a crack in a rock? How far out are the roots you can see? How far could they go? Does the tree have to compete for resources?
3. Is the tree flexible? Does it have other trees that protect it from the wind? Does it look like broken branches are quickly replaced with new ones? Do the roots tell you anything about the strength of the tree?
4. You might need to look at your tree in different times of the day. Some trees prefer the bright direct sun, others would get a sunburn and need indirect light to survive. Does the tree “leaf out” later in the season or early?
5. It’s pretty easy to look for birds and insects. But what is living in the leaf litter beneath the tree? Are there mushrooms that live on the tree? How about moss?
6. In addition to providing habitat, trees can also provide nutrition and other things to their neighbors. Are there plants growing in the tree’s shade?
7. Look for signs of damage and disease. Are there bug-eaten leaves? Mildew growing on the leaves? What do you think broke some of the branches? Has the bark been scraped by an animal? Did a human hurt the tree by hitting it with a frisbee?
8. Depending on where you are, there might be garbage to pick up near the tree, defoliating insects to shake off, diseases to report to the city park service, invasive species to pull out to reduce competition for resources.
9. Does this tree produce seeds? Can you find younger versions of this same tree near by?



The United Women in Faith Quilters thank all who have supported us in the past. We are now running very low on fabric. We are in need of fabric suitable for babies and young children, school aged, teenagers and adults. Any donations can be dropped off at the church office. If you prefer to buy cloth we would appreciate 3-5 yards. Lastly, if you prefer, monetary donations can be made. Please contact Pat Feeser 507-233-5943. Thank you!

Garden Ministry News-Garden Décor Wanted

Help us decorate the window garden in front of one of the Thrive Preschooler classrooms. We have pollinator plants growing and now need some fun decorations and surprises to add to the garden and change out occasionally. The children were delighted to discover the sign added one day last week when they were out of their room and we want to keep adding and/or changing items on a regular basis. Please consider what you may have to add to the collection. Please leave in church office with your name and phone number or contact Mary Schmidt at 507-254-5216. Thanks to Gail Flanders for the "Vibing & Thriving" sign.



The Flower Garden Ministry team will continue to meet every Thursday morning from 8:30 – 10:30 in August to weed, transplant and/or water as needed. You are welcome one time or every time for as much time as you have. If 8:30 is too early, come when you can! Please contact Mary Schmidt with any questions. Thank you.

CUMC Garden Tour – Sunday, August 6, 10:10 am

Please join the Garden Ministry groups and EarthKeepers between services on Sunday, August 6 to tour the CUMC flower and vegetable gardens. Learn how these gardens are feeding our community - physically, visually, and spiritually. Hear about our new venture of composting food scraps from Saturday Noon Meal preparations, coffee grounds and garden waste and why this is important for our environment. We will meet outside the front doors close to the west garden (see photo) and walk around the building.



Garden Ministry Cont.



Prairie Walk Field Trip

Deirdre Flesche and Dag Knudsen are caretakers of the Manawa Prairie Farm on a bluff near Lake City and are champions for sustainable farming that conserves both water and soil, protects pollinators and increases carbon storage in the soil.

Join EarthKeepers on a Field Trip to experience this prairie on the afternoon of Sunday, August 13. We will meet in the west CUMC parking lot at 1:00 and carpool to the site. You will be welcome to join in a 1-hour hike of the prairie or enjoy the beautiful plants and pollinators from the

comfortable front porch of the farmhouse. We plan to return to Rochester by 4:30. Be sure to wear comfortable walking shoes if you plan to walk, as the ground is uneven. We will have a few hiking sticks available for use.

Please sign up in the CUMC office or contact Mary Schmidt at 507-254-5216 no later than Thursday, August 10 so we know how many will be going and can arrange carpools. Call Mary with questions.

Disciple Bible Study Beginning in September

Starting in early September (more info will be shared soon) CUMC will offer Disciple Bible Study with the new digital version of the Bible study program.

The “BeADisciple” study app includes everything you need to participate in this small group Bible study: text and audio materials, videos, the entire Bible, and 24/7 access to discussion and prayer boards.

We’ll meet in a hybrid format - you may attend weekly sessions in person or by Zoom. And because all the materials are available digitally, you can easily keep up with the Bible study when traveling or whenever you are unable to attend a weekly Bible study session.

You may learn more about Disciple Bible Study at <https://beadiscipleapp.com>. Contact Pastor Kirkland if you are interested or for more information.

BY THE NUMBERS

13 Youth and Adults on CUMC's ASP Team

40 Number of ASP Teams since 1981

30 Attendees for the “Normal” Movie Screening

52 In-Person and Zoom ASP Third Sunday Forum Participants

5 Kites Flying at the CU Wed. Summer Meetup in June





Saturday Noon Meals

The SNM program continues to see an increase in the number of guests we are serving each week. This has been observed by most non-profits that are serving those experiencing homelessness and financial/food insecurity within the Rochester community. The first weeks we brought the SNM program back to CUMC in-person in November 2022 we were serving 20 to 30 guests each Saturday. During the past month we have been serving 65-70 guests each week and anticipate that number to continue to grow.



We appreciate our dedicated volunteers who support this ministry program. With the increased number of guests that we are serving each week - we would welcome new volunteers. We would very much appreciate volunteers who can arrive between 10:30 to 11:00 AM to assist with serving in Wesley Hall and clean-up. We typically finish up with dishes at 1:30 PM. Thank you for considering participating with this ministry program.

We also appreciate the support of our community partners - People's Food Co-op, Red Lobster, Community Food Response, Salvation Army and Channel One for their donations or access to food resources. Please thank these local

businesses and non-profits when able.

If you are interested in supporting or volunteering with the SNM program, please contact Kathy Lombardo at kathryn.lombardo@gmail.com or at 507-398-2686.

Thank you for your support of this ministry program.

CUMC Vegetable Garden

The vegetable garden continues to grow with the hot summer weather we have been experiencing. Thank you to all who have been providing assistance with watering and weeding.

We have begun harvesting herbs, mint, zucchini, green peppers and kale and will soon be harvesting tomatoes and eggplant. There are many tomatoes on the vines, and it also appears that we may have a large crop of pumpkins this fall in addition to squash and maybe some watermelon.

We have begun a fresh vegetable table on Sunday mornings at church. Freewill offering will go to the Saturday Noon Meal program and the CUMC Vegetable Garden.

We appreciate the generous donations of plants from Sargent's and Jim Whiting's Nursery. They have provided plants for the garden for the past 3 summers.

If you are interested in watering the garden this summer or fall - please contact Kathy Lombardo at kathryn.lombardo@gmail.com or at 507-398-2686.





Caring Ministries

Christ United Methodist Church

From The Ministry of Congregational Care

There will be a Lay Visitor Training offered August 12 from 8:30-12 noon in Mettam Conference room. This is open to Singles, Couples and Families. Lay Visitors receive training on holy listening. They write up brief reports for the pastors. They undergo a background check and training. They visit one or more homebound members or frequent participants who have requested a monthly visitor from the church. The purpose is to receive spiritual support and a friendly connection with their church community. We currently have around 100 members who are homebound.

The lay visitors meet a few times a year for continuing education and help with delivering worship flowers after Easter and Christmas if available.

Please contact Pastor Nancy if you have questions. Pre-registration strongly recommended by August 10.

Golden Member Sunday to be observed Sunday August 27

Instead of having a 50 year member event as we have in times past we plan to have a Golden Member Sunday to honor all our longtime members of Christ UMC. We would like to invite as many longtime members as are able to be present in church on August 27. If you need help with transportation, please let us know by August 20, so that we can make arrangements. If you need to use a wheelchair, please let us know that as well. Aileen Williams will be our guest preacher that Sunday. Stay tuned for more information in the Connections newsletter.

New Lay Visitors

We welcome the following new Lay Visitors who were trained June 24. From left to right: John Lage, Chris Holm, Patty Gilmore, Kathy Wallen.

Other Resources

One can dial 988 for emotional support. NAMI Southeastern MN website has all kinds of resources, as does Zumbro Valley. There are other local resources as well.



Pastor Nancy Wheeler Handlon

Faith → Life: Learn from Christ's Teachings



“Whether we know it or not, like it or not, we are embedded in community. Community is not a goal to be achieved but a gift to be received; relax into our created condition and receive the gift we have been given.”

Parker Palmer

Meet the Faith-->Life Team

*Pastor Jenny Cannon, Joel Charlson, Kathy Estry, Marita Heller,
Anna Hughes, Gary Lueck, Pam Lund, Keri Ostby,
Eric Vanderheiden, Aileen Williams, and Connie Williams*

August Faith-->Life Forum

Every third Sunday (except December) we offer forums given by insightful guest speakers that cover a wide range of relevant topics. **Registration is not required.** You can join in-person or by clicking on the Zoom link provided in the Sunday worship email reminder the day of the forum.

“Southeastern Minnesota Center for Independent Living”

August 20, 2023, 10:00 am – In-person Wesley Hall and on Zoom

Presenter: Lori Pannkuk

SEMCIL was created by people with disabilities, for people with disabilities to establish civil rights and individual control. It is a nonprofit organization providing services and supports to people with all disabilities of any age. Services include independent living, systems advocacy, personal care assistance, and disability hub MN (a free statewide resource network that helps families solve problems, navigate the system, and plan for the future.)

Previous forums are archived at:

<https://youtube.com/christunitedmethodistchurchrochestermn>

Click on our playlists tab, then, “Third Sunday Forum”

Sunday Classes

Contemporary Issues

Host: Joel Charlson

Time: Sundays at 10:00 AM

Place: In-Person (Room 146) and on Zoom: [https://us02web.zoom.us/j/832924941?](https://us02web.zoom.us/j/832924941?pwd=VXFEK3I6UVRWeFR0bzRieGR5VUlmQT09)

[pwd=VXFEK3I6UVRWeFR0bzRieGR5VUlmQT09](https://us02web.zoom.us/j/832924941?pwd=VXFEK3I6UVRWeFR0bzRieGR5VUlmQT09) If you are interested in joining the class, email Joel at joel.charlson@gmail.com to receive the weekly *Wired Word* or join us on Zoom.



Faith → Life: Cont. Connect Groups

View a complete listing of groups and classes with more information at cumethodist.com/faith-life

Inquiring Spirits

Hosts: Ed Shafer

Time: Sundays at 10:15 AM

Place: In-Person (Room 145) and on Zoom: <https://us02web.zoom.us/j/82253693720>

The group is currently reading *Sophie's World* by Jostein Gaarder. For further information contact Ed at shaferchurch@hotmail.com

Breakfast Fellowship

Hosts: Amy Humphrey and Dean Swanson

Time: Wednesday, August 9th at 8:30 AM

Place: Charlie's Restaurant at Hillcrest Shopping Center

Dinner/Lunch Club

Contact Marjie Blaisdell at mablaisdell@gmail.com if you are interested in the Summertime Dinner Club & Lunch Bunch.

Garden Ministry

Host: Mary Schmidt

Time: Thursdays, 8:30 – 10:30 AM

Place: CUMC Grounds

Help care for CUMC's piece of the earth! Bring your own gloves and gardening tools if you have them.

Knit One Pray, Too

Host: Marjie Blaisdell

Time: Wednesdays 10:00 AM – 12:00 Noon

Place: WebEx

Contact Marjie at mablaisdell@gmail.com to receive a link to the WebEx meeting.

Men's Coffee Group

Host: Dick Estry

Time: Thursdays at 8:00 AM

Place: In person (Room 145) and on Zoom: [https://us02web.zoom.us/j/89503377386?](https://us02web.zoom.us/j/89503377386?pwd=czVQNzlxTTE1eHdvdmgzZlBXdmxZz09)

[pwd=czVQNzlxTTE1eHdvdmgzZlBXdmxZz09](https://us02web.zoom.us/j/89503377386?pwd=czVQNzlxTTE1eHdvdmgzZlBXdmxZz09). Contact Dick at rk.stry@gmail.com for further info.

Faith → Life: Cont.

Tea and Tacos**Host:** Armanda Vanderheiden**Time:** Saturday, August 12th & 26th at 11:00 AM-1:00pm**Place:** Roasted Bliss (across from Barlow Plaza)

A sacred and safe space for women of all generations, backgrounds and beliefs to do life together. No need to register; drop-ins welcomed.

Theology on Brew at The Farm!**Hosts:** Pastors Jenny and Kirkland**Time:** Thursday, August 10th at 6:30 PM**Place:** Haven Valley Farm, 11361 105th Street, NW

Bring a lawn chair, BYOB - your own beverage, and park by the barn. Brats, burgers, vegetarian options, condiments, chips and s'mores provided!

Contact Pastors Jenny and Kirkland if you have questions.

Evolving Faith Conference
October 13 – 14, 2023 Minneapolis Convention Center



**Evolving
Faith Conference**
 10/13 6:30pm - 10/14 6:00pm

Looking for healing spaces, longing for fellow sojourners, and needing room to exhale all of your questions and doubts? Come and hear from a variety of speakers on topics relevant to exploring and growing in your faith. Register online.

CUMC's Faith to Life Ministry is gathering a group to attend the 2023 Evolving Faith Conference. The Evolving Faith community seeks to be a place where wanderers, seekers, question-askers, and doubters feel included.

This year the conference will be held both digitally and in-person in Minneapolis, Friday, October 13 starting at 6:30pm and Saturday October 14 from 9:30am to 6:00pm.

In Person attendees may plan to stay in a local hotel.

The digital access ticket cost is \$129/person and includes digital access to the conference events and the Evolving Faith online community throughout the year.

In-person tickets are \$230/person and include all online benefits plus an in-person attendance ticket.

We hope to provide partial scholarships to cover the ticket cost or hotel expense. Contact Kathy Estry at 507-288-5938 or rk.stry@gmail.com if you are planning to register or with any questions.

Registration ends August 31st.

Speakers include Krista Tippet, Dante Stewart, Nadia Bolz-Weber, Rev. Will Gafney, Ph.D., Barbara Brown Taylor and Dr. Paula Stone Williams. You can find more information at: <https://evolvingfaith.com/conference>.

UNITED WOMEN IN FAITH

FALL RUMMAGE SALE

SEPTEMBER 15-16



THURSDAY, SEPTEMBER 14 8:30AM-4:30PM ITEM DROP OFF

FRIDAY, SEPTEMBER 15 8:30AM-4:30PM OPEN TO PUBLIC!

SATURDAY, SEPTEMBER 16 8:30AM-12PM OPEN TO PUBLIC!

\$5 BAG SALE

HELP NEEDED FOR SET UP, CLEAN UP, & SALE DAY WORKERS

THE UWF RUMMAGE SALE IS A VERY IMPORTANT MISSION PROJECT FOR OUR CHURCH – PROCEEDS HELP MEET THE UWF PLEDGE TO MISSIONS LOCALLY AND AROUND THE WORLD



In Memoriam



Raleigh Peter Obenchain

March 10, 1929- July 10, 2023



Billie Cecilia Needham

April 7, 1919- July 20 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6 Communion Sunday</p> <p>8:30am Sunday Nursery Opens 9am Traditions Worship 10am Thrift on Fifth Open 10am Contemporary/Issues 10:15am Inquiring Spirits 10:15am CUMC Flower & Veg Garden Tour 11am Arise Worship</p>	<p>7</p> <p>11:00am Women's Study Group</p>	<p>1</p> <p>11:30am Brothers in Christ 1pm Covenant Group</p>	<p>2</p> <p>10am Knit One Pray, Too 4pm Thrift on Fifth Open (till 7pm)</p>	<p>3</p> <p>8am Thursday Men's Group 8:30am Covenant Group 8:30am Garden Ministry 1pm Women's Book Group 4pm Arise Band rehearsal 7:00pm UWF Circle 4 (Skype)</p>	<p>3 BWCA Trip 10am Rug Hooking Group</p>	<p>5</p> <p>7:30am Saturday Noon Meals (Serve @ 11am) 9am Thrift on Fifth Open 11am Isaiah MN Forum-Housing</p>
<p>13</p> <p>8:30am Sunday Nursery Opens 9am Traditions Worship 10am Thrift on Fifth Open 10am Contemporary/Issues 10:15am Inquiring Spirits 11am Arise Worship 1:00pm Prairie Walk Field Trip</p>	<p>14</p> <p>11:00am Women's Study Group</p>	<p>15</p> <p>11:30am Brothers in Christ 1pm Covenant Group</p>	<p>16</p> <p>10am Knit One Pray, Too 4pm Thrift on Fifth Open (till 7pm)</p>	<p>17</p> <p>8am Thursday Men's Group 8:30am Covenant Group 8:30am Garden Ministry 8:30am UWF Circle 2 1pm Women's Book Group 4pm Arise Band rehearsal 7:00pm UWF Circle 4 (Fireside)</p>	<p>18 Whitewater 2023</p>	<p>19</p> <p>7:30am Saturday Noon Meals (Serve @ 11am) 9am Thrift on Fifth Open</p>
<p>20</p> <p>8:30am Sunday Nursery Opens 9am Traditions Worship 10am Thrift on Fifth Open 10am Third Sunday Forum 11am Arise Worship</p>	<p>21</p> <p>11:00am Women's Study Group</p>	<p>22</p> <p>10:30am Staff Meeting 11:30am Brothers in Christ 1pm UWF Quilters (Wesley Hall) 4:30pm Earthkeepers</p>	<p>23</p> <p>10am Knit One Pray, Too 4pm Thrift on Fifth Open (till 7pm) 6:30pm CU Wednesday Slip, Slide, Stride</p>	<p>24</p> <p>8am Thursday Men's Group 8:30am Covenant Group 8:30am Garden Ministry 1pm Women's Book Group 4pm Arise Band rehearsal 7pm UWF Circle 4(Skype)</p>	<p>25</p> <p>10am Rug Hooking Group 10am Women & the Sacred</p>	<p>26</p> <p>7:30am Saturday Noon Meals (Serve @ 11am) 9am Thrift on Fifth Open 11am Tea & Tacos at Roasted Bliss</p>
<p>27 Backpack Blessing Golden Member Sunday</p> <p>8:30am Sunday Nursery Opens 9am Traditions Worship 10am Thrift on Fifth Open 10am Contemporary/Issues 10:15am Inquiring Spirits 11am Arise Worship</p>	<p>28</p> <p>11:00am Women's Study Group</p>	<p>29</p> <p>11:30am Brothers in Christ 1pm Covenant Group</p>	<p>30</p> <p>10am Knit One Pray, Too 4pm Thrift on Fifth Open (till 7pm)</p>	<p>31</p> <p>8am Thursday Men's Group 8:30am Covenant Group 8:30am Garden Ministry 1pm Women's Book Group 4pm Arise Band rehearsal 7pm UWF Circle 4(Skype)</p>		

Christ United Methodist Church
400 Fifth Avenue SW
Rochester, MN 55902
507-289-4019
email@cumethodist.com

Non Profit Organization
U S. POSTAGE
PAID
Rochester, Minnesota
Permit No. 5

Return Service Requested

