

Today in our worship services we are celebrating the blessings of church throughout our lives.

At 9:00 we are celebrating a baptism and at 11:00 we are celebrating the call to ministry in being a caretaker for the church building and grounds.

In both services we are celebrating the financial gifts people give to the church to remember the lives of people who found community in their church, and now have died.

Maybe this weekend your family will remember people who died.

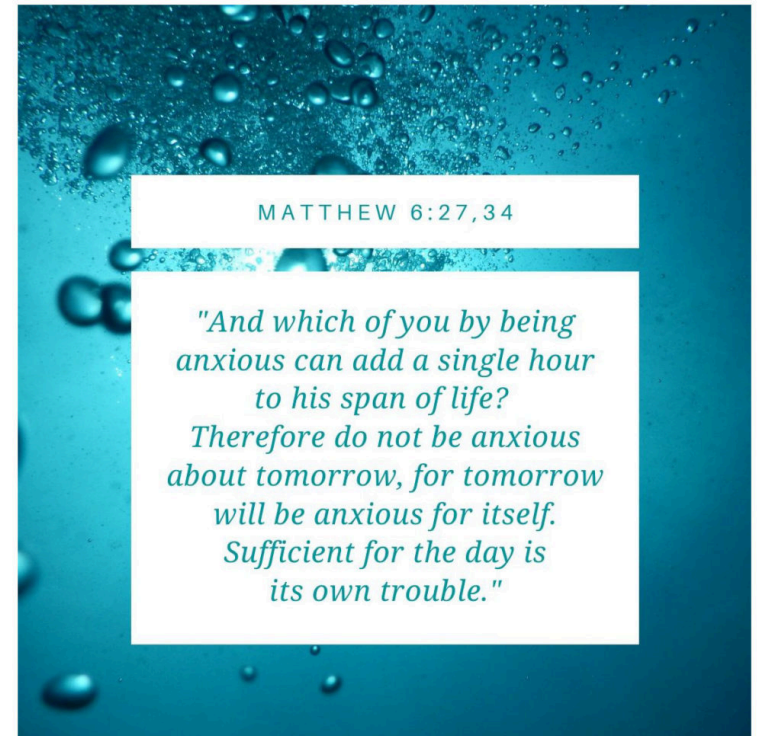
Maybe this week you will celebrate the presence of God in your life.

Maybe this summer you will find new ways to be involved with church and celebrate God's love.

CU Wednesday is on pause until the fall. Watch for the June Newsletter for a full calendar of events for children, youth, and our entire church family!



## Children's Bulletin May 29, 2022



In the season after Easter, we continue to celebrate Easter in the church. For the next few weeks, we will be learning how our faith connects with being a good neighbor to the Earth!

# MELT AWAY YOUR WORRIES

Did you know it feels good to relax your muscles?  
Try it!

1. SIT IN A COMFORTABLE POSITION



2. PRETEND YOUR ARE 'FROZEN' BY TIGHTENING YOUR ARMS.



3. RELAX YOUR ARM AND IMAGINE YOUR STRESS MELTS AWAY.



4. CAN YOU TRY THIS WITH YOUR SHOULDERS? YOUR FINGERS?



Have your bad feelings melted away?  
Try this whenever you want to relax!

DEAR WORRY MONSTER,  
I am feeling worried about

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From \_\_\_\_\_



Prayer is simply a two-way conversation



between you and God.

Today's reading from the Gospel according to Matthew starts by asking us to not worry. For many people, this is really hard. Try some of these activities next time you find yourself stuck with some "worries."