

Children, Youth and Family Update



## Almost a Sacrament: Food

In today's Bible story, Elijah is very scared and depressed. When he wakes up from a nap he finds bread baked on stones that God has provided him. He eats it and feels better enoughto continue on his journey. How has food helped you feel better?



## Special Meal Plane Create an event of radical hospitality for a few special guests

What do we want our guests to experience through this evening in our home?

**Food Ideas** 

**Activity Ideas** 

