

400 5TH AVENUE SW  
ROCHESTER, MN 55902  
507 289 4019  
EMAIL@CUMETHODIST.COM  
WWW.CUMETHODIST.COM

September 2022

**CHRIST**  
METHODIST CHURCH  
**UNITED**  
Grace In The City

**THE NEW**

**SPIRIT**



**RALLY SUNDAY**  
**SEPTEMBER 11**

**Join us for worship every Sunday at 9am & 11am In-Person or Online**

[Facebook.com/cumethodist](https://www.facebook.com/cumethodist)

[YouTube.com/ChristUnitedMethodistChurchRochesterMN](https://www.youtube.com/ChristUnitedMethodistChurchRochesterMN)

**Archived on YouTube & on our website: <https://cumethodist.com>**

Open M-F 9am-5pm & Sunday 9am-12pm - Call the Office 507-289-4019

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# Pastor's Pen

WITH REV. JENNY CANNON, LEAD PASTOR



Back in the Swing of September

I'm sure I'm not the only person who relishes the long and lazy days of summer. The travel, the camps, the late nights on the porch and special summer activities have been simply delightful. This summer we've had the chance to visit with family, spend ample time outdoors and continue getting to know the wonders of Minnesota including an introduction to the Lanesboro bike trails and the Whalen pie shop! So while I mourn the end of impromptu biking trips and blueberry pie season, I do find myself starting to long for a different kind of rhythm as the evenings shorten and the early morning walks get a bit cooler. And even if you are well beyond school, there is still something familiar and even comforting about the way our collective schedules coalesce around the beginning of a new school year.

In that spirit, we tend to mirror the school calendar in the church program year, so we'll also be kicking off a number of activities this month including backpack blessings, the return of children's Sunday School and an expanded CU Wednesdays schedule. This issue of the New Spirit is chock full of details about how you can be part of these ministries (and many others), and I hope you'll find a way to establish a new rhythm to your faith as part of this season.

This fall we'll also spent time in worship delving into the Lord's Prayer with a series called "Living on a Prayer." Special shout out to Bon Jovi for the title and to Jesus for the content! This familiar prayer isn't meant to be a description of the only way that we pray but instead is a framework that can help us to think through how we pray and what God is inviting to create "on earth as it is on heaven." Perhaps this pattern of prayer can encourage you to a practice of meditation, prayer or social action as part of your daily routine.

It's tempting to let September simply serve as a gateway into the "holiday season" that is already upon us in stores and catalogues. And there is much to anticipate and plenty of joy ahead. But perhaps there is also something to cherish in the simple act of finding our rhythm again...together. And creating intentional space for rest, play and nurturing our spirits as the calendar gets a little more full.

Consider inviting a friend or neighbor to join you for worship one Sunday. Stop by Thrift on Fifth or try out a musical group or class that's starting up. Make CU Wednesday dinner and intergenerational fellowship part of your weekly schedule. However you decide to get into the swing of things this September, know we'll be ready and waiting. And so very glad that you are here.

Peace,

Pastor Jenny



# RALLY SUNDAY

## SEPTEMBER 11

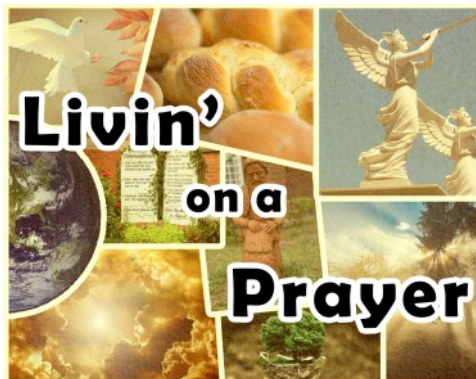
Join us on Sunday, September 11, 2022 for Rally Sunday at CUMC when we “kick-off” the new program year with worship, small groups, music groups, and Sunday school for adults, teens, and kids.

In worship that Sunday we'll focus on the phrase in the Lord's Prayer that says “Give us this day our daily bread.” Rally Sunday will offer you a smorgasbord of opportunities to satisfy your soul, your heart, your mind, and yes, even your belly.

Seriously, we hope you will join us on Rally Sunday to experience community and to eat some special treats. Leaders of ministry teams and serving teams will also have tables with information about how you can join a group with the church.

Here's some of the many ministry teams and serving opportunities you can learn more about at Rally Sunday:

Thrift of Fifth thrift store	Christmas Anonymous	United Women in Faith (formerly UMW)
Saturday Noon Meals	Adult music opportunities	Sunday morning Ushers and Greeters
Thrive! Child Care and Family Resource Center	Children and youth music opportunities	Sunday morning hospitality and coffee fellowship
Appalachian Service Project (summer 2023)	Children's Ministry	Worship Sound and A/V Team
Three Rivers Restorative Justice	Youth Ministry	Leadership Board
Faith to Life adult groups for learning and community	Confirmation	Church Office Volunteers
	Care and Visitation Teams	And more!
	Sunday morning Church Van	



### Livin' On a Prayer Sermon Series

Sunday, September 4 through Sunday October 2

Join us for a five-week sermon series exploring the Lord's Prayer - the prayer Jesus taught that unites Christians around the world. We'll look at a different phrase each week to gain a better understanding of our faith and reflect on what it means to pray words that Jesus instructed.

**Sunday, September 4, 2022**

“Our God, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it” - Romans 8:22-27 & Matthew 6:7-10

**Sunday, September 11, 2022 - Rally Sunday**

“Give us this day our daily bread” - John 6:32-35 & Matthew 6:11

**Sunday, September 18, 2022**

“Forgive us our trespasses, as we forgive those who trespass against us” - Psalm 139 & Matthew 6:12

**Sunday, September 25, 2022**

“Lead us not into temptation, but deliver us from evil” - Genesis 3:1-13 & Matthew 6:13

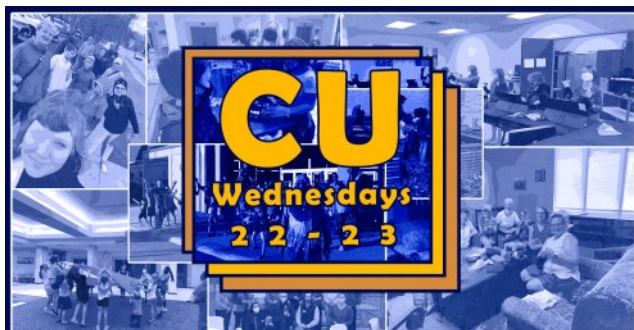
**Sunday, October 2, 2022 - World Communion Sunday**

“For thine is the kingdom, the power, and the glory, forever. Amen.” - Philippians 2:5-11 & John 15:12-17

**Next sermon series:**

Join us in October for our upcoming series on being “do gooders” who make a difference in people's lives and in the well-being of the world.





## CU Wednesday Schedule

**5:00pm** - Jubilee Bells (1<sup>st</sup>-3<sup>rd</sup> grade)

Children's Choir (3<sup>rd</sup> grade and up)

**5:30pm** - Dinner Begins in the Wesley Hall

Progressions Bells (3<sup>rd</sup> grade & up)

Little Angels Choir (K-2<sup>nd</sup> grade)

**6:00pm** - Celebration Bells (Adults)

**6:30pm** - Club 6-7 (6<sup>th</sup>-7<sup>th</sup> grade)

Confirmation (8<sup>th</sup> grade)

Kids with Purpose (2<sup>nd</sup>-5<sup>th</sup> grade)

CU Wednesday Crossroads (Adults)

Highschool Study Hall

Dinner Ends

**7:00pm** - Chancel Choir Rehearsal

## CU Wednesdays 22-23

CU Wednesday is an intergenerational mid-week gathering of food, fellowship and connection. There are opportunities for all ages to be part of music ministries, learning and connection each week.

### Music Ministry

The kids handbell program has been split into two groups. **Jubilee Ringers** is intended for younger kids (1st-4th grade) and/or kids who are just beginning to read music. **Progressions Ringers** is intended for older kids (4th-6th grade) and/or kids who are more confident readers of music. We have room for more ringers in both groups! Jubilee will meet at 5pm on Wednesdays and Progressions at 5:30pm. Contact Paul Kingsbury at [paul@cumethodist.com](mailto:paul@cumethodist.com) for more information.

Celebration Ringers is our handbell choir for adults. We are always looking for more people interested in ringing. No experience with bells is necessary, though the ability to read music makes things much easier. We rehearse Wednesdays at 6pm and play in church about one Sunday a month. Contact Paul Kingsbury at [paul@cumethodist.com](mailto:paul@cumethodist.com) for more information.

Children Choir Opportunities - Children's Choir (3rd grade and older) will meet at 5pm in the choir room, then at 5:30pm the younger group, Little Angels (K-2) will meet. For more information about children's choir opportunities contact [Karla@cumethodist.com](mailto:Karla@cumethodist.com)

Adult Choir (Chancel Choir) meets at 7pm in the choir room and performs in worship on a fairly regular basis. For more details contact [beth@cumethodist.com](mailto:beth@cumethodist.com)

### Adult Programming

CU Wednesday Crossroads: CU Wednesdays are an intergenerational activity! Starting this fall, in addition to weekly dinners, adults have a chance to connect at the crossroads of faith and life. Led by the pastors, we'll gather in the ECC from 6:30-7:30 for conversation and learning, using articles, Bible study, and film clips. Contact Pastor Kirkland with any questions.

### Youth Schedule (more details on page 4 & 5)

"Club 6-7" is for 6th and 7th graders and combines learning, fellowship and games. We talk about ethics, build Biblical literacy and mostly, mainly, help youth find a place where they belong. Confirmation is for 8th graders and is a year-long "journey" for the participants to learn more about life in the church and how their own faith looks at this snapshot in time. "Kids With Purpose" is a group for 2nd-5th grade children to learn more about how faith and life meet in our actions and the ways we serve. Contact Jody Peterson with questions about "Kids With Purpose." High Schoolers who are here on Wednesday nights are welcome to participate in bells and choir, and may choose to do homework or help with the elementary "Kids With Purpose" class.

### New Membership Class

A Disciple's Path: Do you want to take the next step in your faith? A Disciples' Path is a four-part class hosted by our pastors that is designed to deepen our life as disciples of Christ by delving into the roots of our beliefs, traditions and practices. New visitors and members as well as longtime members are welcome to join. The class will take place periodically throughout the year. The first session will take place Sundays from 5:00-6:00 pm on Sept. 18, Sept. 25, Oct. 2, Oct. 9. Contact Pastor Jenny or Pastor Kirkland to RSVP.

Children's Ministry



Youth Ministry

## Children, Youth and Intergenerational Ministries Schedule

**Mini Mission Review** - Our mini-mission team had a fantastic 30 hours of fun, service and building relationships. As we started our time together, 5 of the 6 youth admitted they were there because of parental pressure. At Thrift on 5th and Feed My Starving Children, we learned about how different organizations work together so resources are put to the best possible use. We offered a worship service for seniors at Madonna Towers and mulched, sang and worshipped alongside adults with different kinds of disabilities in the Centennial Flames group. We have already hatched plans to bring a similar experience to people in our own church. A highlight was trying new foods at the 98 Pounds Chinese Buffet and seeing a different kind of youth room. The six youth who attended are ready for their next mission trip, and next time will go because they had fun learning, serving and laughing together!

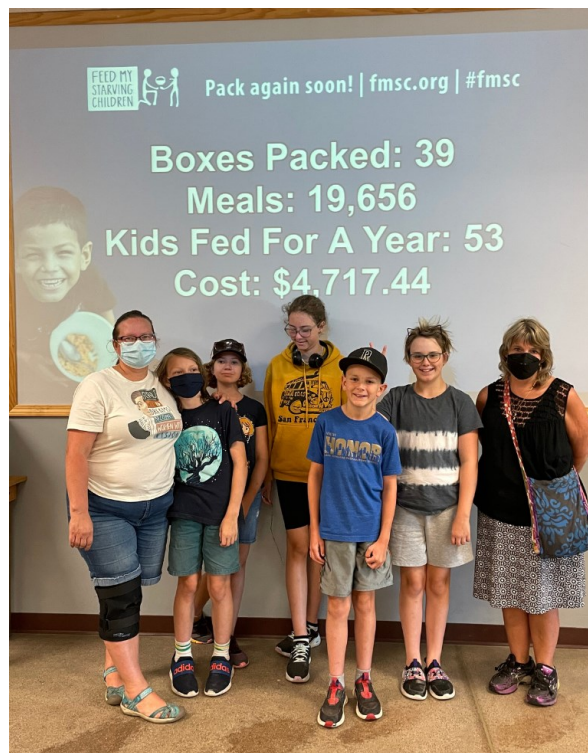
**ASP Informational Meeting** - The 2023 Appalachia Service Project is in the early planning stages. Join us on Sunday, September 18 at 6pm. In 2023 we will travel July 1-10 and have space for up to 18 participants. In addition to participating in training and fundraising, each youth will need to pay \$500 and each adult participant will pay \$150.

**Volunteer with Children and Youth** - Did you know study after study confirms that “Developmental research shows that having one or more caring adults in a child’s life increases the likelihood that they will flourish, and become productive adults themselves?”

Our ministries reach dozens of unique children and youth each week during the school year. In order to have this meaningful impact in their lives, we need volunteer support. We have many, many “one time” volunteer opportunities. Talk with Jody Peterson or Amanda Larsen to learn more about how you can make a difference in as little as 2 hours every three months!

**BWCA 2023 Trip Informational Meeting - Sunday, September 25, 6:00pm** Are you interested in a family BWCA camping trip in 2023? Let’s meet and start planning the possibilities. This meeting will include determining the type of BWCA trip we would like to take and look at potential costs and dates. Questions? Check with Pastor Amanda or Pastor Kirkland.

**CU Wednesdays: Food and Fellowship for all** - We are trying something new this year for our meals at CU Wednesdays. Each week an existing small group in the church will be preparing and serving the meal. Our CU Wednesday dinners allow us to build intergenerational community, offer small group opportunities for all ages, and free up meal planning for one night of the week so busy people can participate in church activities. As our small groups already experience meaningful fellowship, we are excited to have them broaden fellowship on Wednesday nights. Contact Amanda Larsen if you have questions or want to help with this ministry.



## Youth Updates

**Rally Sunday - September 11 , 8:30am-12:30pm** - Join us as we kick off a new year of church activities and small groups. We will have informational tables about many new and existing activities. There will also be games, snacks and a bounce house!

*We have three weekly options for youth to “do stuff” with church.*

**On Sunday mornings**, youth are invited to serve in worship, worship alongside their family, or assist with Sunday School for younger children.

**On Sunday afternoons**, we have youth group for grades 6-12. Youth group usually meets at church from 4:30-6.

**On Wednesday nights** we have smaller groups for bells and vocal music. Club 6-7 is for 6th and 7th graders and combines learning, fellowship and games. We talk about ethics, build Biblical literacy and mostly, mainly, help youth find a place where they belong. Confirmation is for 8th graders and is a year-long “journey” for the participants to learn more about life in the church and how their own faith looks at this snapshot in time. High Schoolers who are here on Wednesday nights are welcome to participate in bells and choir, and may choose to do homework or help with the elementary “Kids With Purpose” class.

In September, our Youth Group (grades 6-12) 4:30-6:00pm meetings will be:

**September 11** Going Back to School

**September 18** Going Back in Time

**September 25** Going Back in the Sun after a Sunburn

In September and October, Club 6-7 will be playing games and doing activities about storytelling. As we hear in the musical Hamilton, “who tells your story?”

## Children’s Ministry Updates

**On Sunday mornings** we now have staff to offer a safe and welcoming space in our nursery for children from birth- 5 years. With these ministries going strong, we want to expand our opportunities on Sunday morning for structured discipleship for preschool-3rd grade. We are excited to announce we will have Sunday School following the children’s time at the 9:00 and 11:00 worship services starting September 18. In September Sunday School will connect classic Bible stories with themes found in the Lord’s Prayer.

**On Wednesday evenings**, we have two handbell groups and two singing groups for children which meet between 5:00 and 6:00. These groups are set up to allow for expanded participation and to help our singers and ringers continue to be challenged with progressively difficult (and fun) music. They are not necessarily divided by age or grade, as we have older children who are new to bells and younger children who have already been playing for a few years. Contact Karla Sukov (choir) or Paul Kingsbury (bells) for more information. From 6:30-7:30 we have “Kids With Purpose” a group for 2nd-5th grade children to learn more about how faith and life meet in our actions and the ways we serve. Contact Jody Peterson with questions about “Kids With Purpose.”

### Fall schedule:

- Sundays 8:30-12:15 nursery open for birth-5
- 9:00 worship with Sunday School (for preschool-3rd grade)
- 11:00 worship with Sunday School (for preschool-3rd grade)
- 4:30-6:00 youth group for grades 6-12
- On the 2nd Sunday of each month we will have special activities between the worship services with a parenting discussion meet up.

More CU Wednesday schedule details are on page 2



## Mayo Hospital Visitor Policy

Mayo Hospital Visitor Policy and Pastoral Visits: Mayo patients may request a pastoral visitor as one of their five visitors during their stay in the hospital. It needs to be approved by their healthcare team, and needs to be the same five visitors during their entire stay. You can't take one off and add a different one. If you want one of the Pastors or Care Visitors to visit, please call the church office (or have another person call) to find out which one of us is available. We will then call the nursing station where the patient is located and it will be reviewed.

Olmsted Medical Center Visitor Policy: please call the church office to let us know if you want us to visit.

We do not know you are in the hospital unless you or a family member or friend notifies us. We want to pray for you and your loved ones.

~ Rev. Nancy Wheeler Handlon



## Caring Conversations:

### Caregiving and Resources in Our Community



There are many different types of caregivers in our communities. Examples include: family members/friends, daycare providers, group home staff members, in-home care providers, assisted living staff members, teachers, social workers, clergy members, nutritionists, patient care assistants, respiratory/ physical/ occupational therapists, nurses, nurse practitioners, physician assistants, doctors, etc.

On Thursday, September, 29th, from 6 pm- 8:30 pm, the public is invited to attend a gathering at Christ United Methodist Church, Rochester, MN., on caregiving and resources in our community.

Sponsors include Christ United Methodist Church, AARP of MN, National Patient Advocate Foundation/ Patient Advocate Foundation, Family Service Rochester and Age Friendly Olmsted County.

Please join us as we begin to address caregiver needs in our community. There will be an opportunity to explore a Resource Fair and talk with political candidates and incumbents after a panel discussion.

Topics for the panelists include: What can be done to improve caregiver's experiences? How do we address caregiver burnout? Low wages? Staffing shortages? What is the financial impact of being a caregiver? Is there a need for Paid Family Caregiver Leave? What resources are available?

Any individual running for public office in Southeastern Minnesota with their name on the Nov. 8th, 2022 election ballot and incumbents will be invited to attend the non-partisan event to listen to a panel of caregivers sharing their stories and struggles through the years. There will be time for attendees to ask questions and share concerns.

A Caregiver Summit is planned for the early part of 2023 to discuss actionable steps to improve caregiving experiences in our community. Date to be determined. The public will be invited to attend.

There is no cost to attend these events. Invite your friends and neighbors. Refreshments will be provided.

Registration is encouraged, but not required. To register, follow this link: [bit.ly/3PdNOZQ](https://bit.ly/3PdNOZQ)

For any questions, please e-mail: [caringconversations4u@yahoo.com](mailto:caringconversations4u@yahoo.com)

Hope to see you there!

~ Toni Kay Mangskau

## Prayer Box

Give all your anxieties to God because Good cares for you. 1 Peter 5:7

Sometimes it's nice to have some help with your prayers.

When COVID sent Bob to the hospital with chest pain, dizziness, and shortness of breath, I was scared. They sent me home immediately, "Because you might have it, too." Ughhh! I felt helpless but not alone, having already texted my friend to notify Pastor Nancy. Soon afterwards, Nancy called me. She listened as I detailed my anxieties, my frustrations, and my wild imaginings. With permission, she also delivered a prayer shawl to Bob (who was still in the ER) and activated the prayer chain. Not that I regard my solitary prayers as puny. It's just that I felt puny in the face of events beyond my control. I welcomed the strong hearts of our prayer chain to help petition for Bob's well-being.

Another way to access our prayer chain is through the prayer box. We have a prayer box? Yes! During the pandemic, Jerry Blaisdell constructed a gorgeous wooden prayer box which resembles our church. The shape was Marjie's idea. It sits in the Commons atop the Welcome Center counter. Open the door to find paper and pencil. Jot down a first name and your prayer. Then insert it through the slit below the door.

When people who seem overwhelmed voice their concerns to me, I ask permission to notify the prayer chain. Two have said "Yes. Thank you." One declined on behalf of her husband, knowing that he wouldn't want the attention. I told her that I would include him in my personal prayers and she was good with that.

Bob is fine now. He protested at the time that the fuss was excessive, joking that I had dispatched the "Methodist Mafia" upon him. There may have been a chaplain visit, too. Or two. Both before he was discharged home from the ER. He wanted me to tell you that it actually felt really nice. I second that.

Our church does love as a verb very well. If you let them (us).

~ Daphne Soleil



THEOLOGY  
ON BREW



**Theology On Brew: Thursday September 8  
6:30 pm - Little Thistle Brewing**

Grab a cup of coffee or a pint of your favorite brew and join us at Theology on Brew. These are monthly gatherings that alternate between Little Thistle Brewery and Steam Coffeeshop on Broadway and are a chance to connect with others and discuss life, theology and everything! Young and young at heart adults are welcome.





## Saturday Noon Meals

We are now serving 60 meals each Saturday to The Landing at the Salvation Army location. We feel so fortunate to continue to provide for this outreach mission within our community.

We are thankful for donations from People's Food Co-op, the Thrive program and Channel One. I would like to express our appreciation for the donation of food from members of our congregation that has been utilized in our meals - in addition to the generous donations of fresh vegetables from people's gardens. We have utilized fresh zucchini, beans and broccoli and have made refrigerator pickles from fresh cucumbers.



Thank you to all our wonderful volunteers that work each Saturday to prepare a nutritious meal and deliver the meals to The Landing. If you are interested in volunteering or supporting the Saturday Noon Meals program, please contact Kathy Lombardo via email at [kathryn.lombardo@gmail.com](mailto:kathryn.lombardo@gmail.com) or by telephone at 507-398-2686.

Thank you for your support of this ministry program.

~ Kathy and Phil Lombardo

## CUMC Vegetable Garden

The CUMC vegetable garden is thriving from the warm July and August weather.



We appreciate our volunteers that have provided watering throughout the summer months. We are currently harvesting herbs, green beans, peppers, tomatoes, cabbage, kale, and eggplant. We have flowers blooming and squash, watermelon and pumpkins growing on vines in our squash garden. The vegetables that have been harvested have been incorporated in our meals for the Saturday Noon Meals program.



If you are interested in volunteering this summer or fall, please contact Kathy Lombardo via email at [kathryn.lombardo@gmail.com](mailto:kathryn.lombardo@gmail.com) or by telephone at 507-398-2686. We will need volunteers to can tomatoes. Please contact Kathy if you are interested.

Thank you for your support of this ministry program.

~ Kathy Lombardo



**United Women in Faith**  
Formerly United Methodist Women

**Fall Rummage Sale**  
Wesley Hall

**THE UWF RUMMAGE SALE IS A VERY IMPORTANT MISSION PROJECT FOR OUR CHURCH— PROCEEDS HELP MEET THE UWF PLEDGE TO MISSIONS LOCALLY AND AROUND THE WORLD**

**THURSDAY, SEPTEMBER 15.....8:30AM-4:30PM ITEM DROP-OFF**  
**FRIDAY, SEPTEMBER 16.....8.30AM - 4.30PM OPEN TO PUBLIC!**  
**SATURDAY, SEPTEMBER 17.....8.30AM - NOON OPEN TO PUBLIC!**

.....**\$5 BAG SALE**

**HELP NEEDED FOR SET UP, CLEAN UP, & STORE WORKERS**



**United Women in Faith Fall Rummage Sale**

Hoorah!! Finally, we can plan a rummage sale, after cancelling a few in the past 3 years. United Women in Faith (formerly known as UMW) will hold their Fall Rummage Sale on **September 16th and 17th.**

Check out your kitchens, closets, basements and holiday storage areas for no longer needed, gently used items and bring them to CUMC on Thursday, September 15th from 8:30am-4:30pm. Please use the West doors.

We are NOT accepting books but will take gently used children's books. Other items we will not accept are: large electronics, upholstered furniture, large wooden furniture, CDs, tapes, videos and children/baby items with expirations dates (car seats, cribs, etc).

Please bring only items that YOU would want to purchase, ie clean, nice looking and in good working order.

We can use men and women to set up on Wednesday and Thursday from 8:30am-4:30pm and clean up on Saturday beginning at noon. Workers are also needed Friday from 8:30am-4:30pm and Saturday 8:30am - noon. Men are especially appreciated on the set up dates and clean up.

The sale is open to the public Friday 8:30am-4:30pm and Saturday the \$5 bag sale is open from 8:30am-noon.



## Faith → Life: Learn from Christ's Teachings

*"Jesus says people who live the vulnerable life of connection and relationship will bear much fruit. These are the people we trust, like and admire. And yet so many of us are afraid to be the very thing that we admire the most. . . None of us can be or need to be correct, but we can always be connected."* – *Being Connected Over Being Correct*, Richard Rohr

Fall is upon us, and we have many opportunities for you to connect with your church family! Won't you join us?

### Third Sunday Faith→Life Forum

Every third Sunday (except December) we offer forums given by insightful guest speakers that cover a wide range of relevant topics. *Registration is not required.* You can join in-person or by clicking on the Zoom link provided in the Sunday worship email reminder the day of the forum.

### "CUMC Storytellers and Writers"

September 18, 2022, 10:00 am – In-person Wesley Hall and on Zoom

Presenter: Ken Bauman, Sam Evans, Amanda Larsen, and John Stafford

Join our panel to learn what stories they tell, what inspires them, how their faith influences their writing, and their experiences with the publishing process.

Previous forums are archived at: <https://youtube.com/christunitedmethodistchurchrochestermn>

Click on our playlists tab, then, "Faith to Life"

### Sunday Classes

#### Contemporary Issues

**Host:** Joel Charlson ~ **Time:** Sundays - 10AM ~ **Place:** Room 145 & Zoom [us02web.zoom.us/j/832924941](https://us02web.zoom.us/j/832924941)  
Each Thursday Joel emails participants the week's topic from *Wired Word*. If you are interested in joining the class, email Joel at [joel.charlson@gmail.com](mailto:joel.charlson@gmail.com) to receive the weekly *Wired Word* or join us in Room 146 or on Zoom!

#### Inquiring Spirits

**Host:** Ed Shafer ~ **Time:** Sundays - 10:15AM ~ **Place:** Room 146 & Zoom [us02web.zoom.us/j/82253693720](https://us02web.zoom.us/j/82253693720)  
Group members suggest theological topics or books of interest to study. The group is currently reading *This I Believe: The Personal Philosophies of Remarkable Men and Women* (Book 1) edited by Jay Allison and Dan Gediman. New participants are always welcome. For more info email Ed at [shaferchurch@hotmail.com](mailto:shaferchurch@hotmail.com).

### Connect Groups

View a complete listing of groups and classes at: [cumethodist.com/faith-life](http://cumethodist.com/faith-life)

#### Breakfast Fellowship

**Hosts:** Amy Humphrey and Dean Swanson **Time:** 2<sup>nd</sup> Wednesday of the month at 8:30 AM **Place:** Charlie's Restaurant at Hillcrest Shopping Center  
New members of any age are always welcome to drop in; no registration required.

#### Dinner/Lunch Club

**New groups are forming!** The groups will be a maximum of 6 people who will share a meal and conversation 2 or 3 times in each other's homes or restaurants. It is a wonderful way to develop friendships within our CUMC family. To learn more about the Dinner/Lunch Club contact Marjie Blaisdell at [mblaisdell@gmail.com](mailto:mblaisdell@gmail.com) or Mary Schmidt at [oronocomb@yahoo.com](mailto:oronocomb@yahoo.com).

#### Garden Ministry

**Host:** Mary Schmidt **Time:** Thursdays, 8:00 – 10:00 AM and Designated Workdays **Place:** CUMC grounds  
Help care for CUMC's piece of the earth! We will soon be into fall mulching, trimming, transplanting and clean up. Contact Mary at [oronocombs@yahoo.com](mailto:oronocombs@yahoo.com) if you are interested.

**Hand & Foot Card Group** (Returning September 18!)

**Hosts:** Brian and Millie Webb **Time:** Third Sunday of Each Month, 4:00 - 6:30 pm **Place:** Members' Homes  
Singles and couples are welcome, as partners rotate. We chat, play cards and share light snacks. If you are interested in joining or want further info, contact Brian at [bkwebbus@gmail.com](mailto:bkwebbus@gmail.com) or Millie at 608-212-9706

**Knit One Pray, Too**

**Host:** Marjie Blaisdell **Time:** Wednesday 10:00 AM – 12:00 Noon **Place:** WebEx

Contact Marjie at [mblaisdell@gmail.com](mailto:mblaisdell@gmail.com) to receive a link to the WebEx meeting. The group is knitting prayer shawls and scarves and hats for winter.

**Men's Coffee Group**

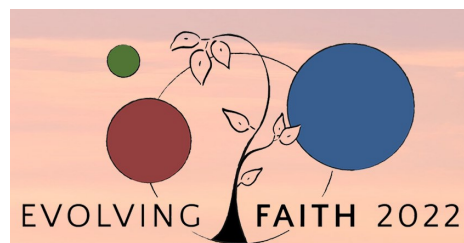
**Host:** Dick Estry **Time:** Thursdays at 8:00 AM **Place:** Room 146 & Zoom

Whether you are a long-time member, new to CUMC or looking for a men's fellowship group, you are invited to join for coffee and conversation. Contact Dick at [rk.stry@gmail.com](mailto:rk.stry@gmail.com) for further information & zoom link.

**Theology on Brew**

**Hosts:** Pastors Jenny & Kirkland ~ **Time:** Second Thursdays at 6:30pm ~ **Place:** Little Thistle (September 8)

These are monthly gatherings that alternate between Café Steam on Broadway and Little Thistle Brewery. Grab a cup of coffee or a pint of your favorite brew and join others for a chance to connect and discuss life, theology and everything! Young and young at heart adults are welcome. Contact Pastors Jenny and Kirkland with any questions.

**Special Event****Evolving Faith Conference 2022**

CUMC and Faith→Life are gathering a group to digitally attend the Evolving Faith 2022 Conference on October 14-15, 2022. The Evolving Faith Community was founded by the late author, Rachel Held Evans, and author/speaker, Sarah Bessey, and is now led by Bessey and pastor Jeff Chu. It is a welcoming, inclusive community and features a diverse group of speakers and church leaders with previous sessions covering

topics such as racial justice, LGBTQ+ issues and spirituality, how to interpret the Bible, and how to navigate changes in theology and/or faith. Evolving Faith seeks to be a place where the wanderers, seekers, question-askers, and doubters feel included.

The conference will be held digitally in real time with live Q&A sessions and breakout sessions. Attendees will also have access to the sessions after the conference until January 2023. For more information and a list of speakers go to <https://evolvingfaith.com/conference>.

Memorials and Living Gifts is providing funding to cover the registration cost of 15 participants. You are also invited to contribute toward the fee as you are able. If this is of interest to you, please contact Kathy Estry at [rk.stry@gmail.com](mailto:rk.stry@gmail.com) (Registration ends September 30th).

**Faith Formation Groups**

**These groups meet weekly for one hour. If interested, contact persons are listed below.**

**10:00 am - Monday** – Women's Book Discussion Group / Zoom Contact: Gwen Scilley at [scilleys@charter.net](mailto:scilleys@charter.net)

**11:15 am - Monday** – Men's Book Study & Mutual Support / Zoom Contact: Ken Bauman at [klbauman@gmail.com](mailto:klbauman@gmail.com)

**1:00 pm - Tuesday** – Covenant Discipleship Group / Zoom Contact: Aileen Williams at [greenhs@aol.com](mailto:greenhs@aol.com)

**8:30 am - Thursday** – Covenant Discipleship Group / Zoom Contact: Ted Colescott at [tcolescott25@gmail.com](mailto:tcolescott25@gmail.com)

**4:00 pm - Thursday** – Women's Group / Zoom Contact: Gail Flanders at [gflanders920@gmail.com](mailto:gflanders920@gmail.com)

**10:00 am - 2<sup>nd</sup> & 4<sup>th</sup> Friday** – Women and the Sacred / Zoom Contact: Rose Kliewer at [rose.kliewer@gmail.com](mailto:rose.kliewer@gmail.com)

Watch the Wednesday Connections email, the New Spirit newsletters, and the Sunday worship reminder for updates on offerings as they become available! Also check out [cumethodist.com/faith-life](http://cumethodist.com/faith-life) for a complete listing and registration information.





## EVOLVING FAITH 2022

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### JOIN OUR TEAM!

*Our summer staff are going back to college which means we are looking for teachers to join our team!*

*Full time and part time positions available.*

*If you love children and want to make a difference in their lives, apply today!*

At Thrive, we offer our staff:

- Competitive wages with a monthly bonus
- Paid time off and paid holidays
- Consistent schedules— no nights or weekends
- Professional development opportunities

Our employment application can be found on our website at [www.thrivefrc.org](http://www.thrivefrc.org) or resumes can be emailed to [tanyag@thrivefrc.org](mailto:tanyag@thrivefrc.org).

We are looking for fun, creative and passionate teachers to join the Thrive family!





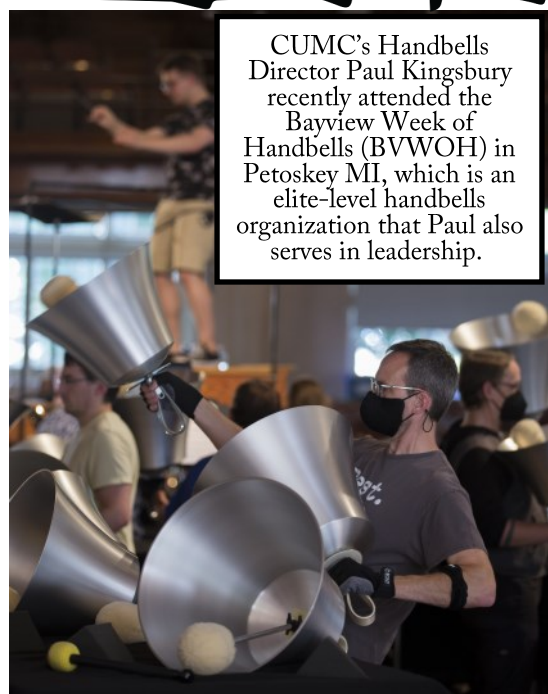
## August Photo Recap



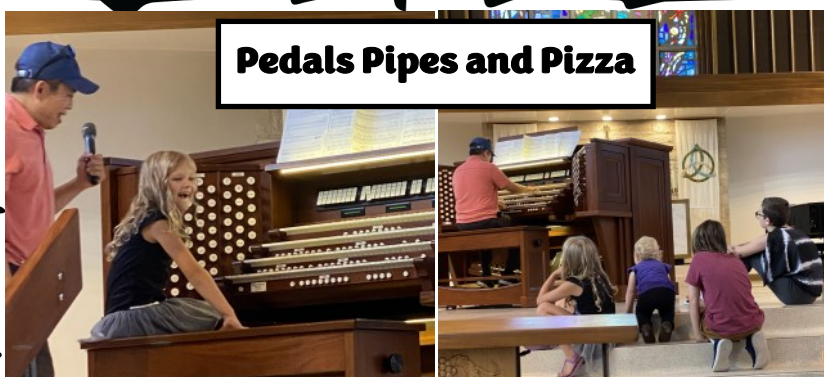
## All Church Campout



CUMC's Handbells Director Paul Kingsbury recently attended the Bayview Week of Handbells (BVWOH) in Petoskey MI, which is an elite-level handbells organization that Paul also serves in leadership.



## Pedals Pipes and Pizza





## Hopeful Earthkeepers Waste to Energy field trip!




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# 50 Year Member Celebration

10:00am - Wednesday October 5, 2022

### 50 Year Member Event 2022

The Caring Ministry Team of CUMC will honor all those who are long-time members and the newest 50 year member class of Christ UMC. This year's 50 year membership event will be held on October 5, 2022 at 10:00am in the church commons. A light brunch will be served followed by a special program. Stay tuned to all the church connections for more details to come. to all 50 year members, please call the church before September 30 to sign up. We'll need your name(s), guest's name, phone number, if you need a ride,

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### A Note from Oliver, soon to be former Director of Communications

Hi everyone! As many of you have heard, I will be transitioning in my role and responsibilities here at CUMC. For the past several years I've worked as Director of Communications creating bulletins, event flyers, much of the signage around the church, all the emails, and of course this newsletter (among plenty more). It has been such a joy to be able to learn and grow with this church.

I have taken a role as Marketing Coordinator with a national advocacy nonprofit called Faces and Voices of Recovery ([facesandvoicesofrecovery.org](http://facesandvoicesofrecovery.org)). My last day as Director of Communications will be on Rally Sunday, September 11.

But you won't be totally rid of me! In talking with staff and leadership, we have decided that I will stay on as director of the Arise Worship Band, so you'll still find me here on Sundays.

Thank you for all the support over the years, and the incredible kindness I've received here.

~ Oliver Books



The CUMC Tree of Life: Living, Celebrating, & Remembering With You



*Welcome New Members!*



On August 28th  
Phil Morgan (*pictured left*) joined at the 9am Traditions Service &

Connie & Mike Sheeley (*pictured right*) joined at the Arise 11am Service



Andrew James Ed Aug 21

On August 21 we celebrated the baptism of Andrew James Ed born August 9, 2020 to parents Nicole Limper and Michael Ed



*Mary Margaret Hein*  
November 19, 1930 ~ August 1, 2022

*In Memoriam*



*Sandra Kay Stutz*  
July 4, 1948 ~ August 18, 2022



*Albert Faupel*  
March 26, 1937 ~ August 7, 2022



*Rev. Martha Hendricks*  
May 17, 1941 ~ August 21, 2022



*Beverly Ann Wood*  
September 17, 1928 ~ August 14, 2022

## Flu Clinic Information

The annual influenza vaccination will be available at CUMC on Sunday October 2 in the Fireside Room from 8:30 AM to 11:00 AM. Please bring your Medicare or Insurance information. Wear shirt sleeves. More details to follow.



# YOUR BEST SPOT FOR THE FLU SHOT

Hy-Vee will be offering on-site flu shots  
at Christ United Methodist Church on

**SUNDAY | OCT 2 | 8:30A - 11A**

**Please bring proof of  
insurance to the event.**



Cash price is approximately \$42.99  
for the standard dose quadrivalent  
flu shot without insurance.

### **Why should I get vaccinated?**

Influenza is a serious disease that can lead to hospitalization and sometimes even death. An annual flu vaccine is the best way to reduce the chances that you will get the flu and lessen the chance that you will spread it to others.

### **Who should get vaccinated?**

Although everyone who is at least 6 months of age should get a flu vaccination, at this clinic Hy-Vee is offering the vaccine to those over the age of 3 years.

### **Which vaccine is offered?**

Hy-Vee is offering a quadrivalent injectable vaccine (ages 3 and over). The FluMist intranasal vaccine, if available, (ages 3-49), and a high-dose quadrivalent injectable vaccine recommended for those over the age of 65, if available.

Source: Centers for Disease Control and Prevention,

**Vaccine is FREE of charge for Medicare patients  
and is fully covered by most insurances.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 9am Sanctuary Worship 9am Thrift on Fifth Open 10:15am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship	29 Labor Day <b>Church closed</b>	30 10:30am Staff Meeting 1pm Covenant Group	31 10am Knit One Pray, Too 1:30pm Women's Connect 4pm Thrift on Fifth Open 6pm Celebration Bells 8pm Facebook Devotional	1 8am Thursday Men's Group 8:30am Covenant Group 1pm Women's Connect Group 4pm Arise Band rehearsal 7pm UWF Circle 4	2 10am Rug Hooking Group	3 7:30am Saturday Noon Meals (Serve @ 11am) 9am Thrift on Fifth Open
4 9am Sanctuary Worship 9am Thrift on Fifth Open 10:15am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship	5 Labor Day <b>Church closed</b>	6 10:30am Staff Meeting 1pm Covenant Group	7 10am Knit One Pray, Too 1:30pm Women's Connect 4pm Thrift on Fifth Open 6pm Celebration Bells 8pm Facebook Devotional	8 8am Thursday Men's Group 8:30am Covenant Group 9:15am Care Visitors 1pm Peer Supervision Group 1pm Women's Connect Group 1pm RCMS Rehearsal 4pm Arise Band rehearsal 6pm Christmas Anon Meeting 6:30pm Theology on Brew 7pm UWF Circle 4	9 10am Women & the Sacred	10 7:30am Saturday Noon Meals (Serve @ 11am) 9am Foundation Meeting 9am Thrift on Fifth Open 5pm RCMS Concert
11 <b>RALLY SUNDAY</b> 9am Sanctuary Worship 9am Thrift on Fifth Open 10:15am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 4:30pm Youth Group	12 11:15am Men's Book Study & Mutual Support	13 10:30am Staff Meeting 1pm Covenant Group 1pm UWF Quilters 7pm Thrive Board Meeting	14 CU WEDNESDAYS RETURNS 8:30pm Breakfast Fellowship 10am Knit One Pray, Too 1:30pm Women's Connect 4pm Thrift on Fifth Open 5pm-7pm CU WEDNESDAY (details page 3) 8pm Facebook Devotional	15 8am Thursday Men's Group 8:30am UWF Circle 2 8:30pm Covenant Group 1pm Women's Connect Group 4pm Arise Band rehearsal 6pm Leadership Board Meeting 7pm UWF Circle 4	16 UWF Rummage Sale 9:30am UWF Book Group 10am Rug Hooking Group	17 UWF Rummage Sale 7:30am Saturday Noon Meals (Serve at 11am) 9am Thrift on Fifth Open
18 <b>Sunday School Returns</b> 9am Sanctuary Worship 9am Thrift on Fifth Open 10:15am Third Sunday Forum 11am Arise Worship 4:30pm Youth Group	19 11:15am Men's Book Study & Mutual Support	20 10:30am Staff Meeting 1pm Covenant Group	21 10am Knit One Pray, Too 1:30pm Women's Connect 4pm Thrift on Fifth Open 5pm-7pm CU WEDNESDAY (details page 3) 8pm Facebook Devotional	22 8am Thursday Men's Group 8:30am Covenant Group 1pm Women's Connect Group 4pm Arise Band rehearsal 7pm UWF Circle 4	23 10am Women & the Sacred 11am RMG Lunch and Learn	24 7:30am Saturday Noon Meals Prep (serve at 11am) 9am Thrift on Fifth Open
25 9am Sanctuary Worship 9am Thrift on Fifth Open 10:15am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 4:30pm Youth Group	26 11:15am Men's Book Study & Mutual Support	27 10:30am Staff Meeting 1pm Covenant Group 1pm UMW Quilters	28 10am Knit One Pray, Too 1:30pm Women's Connect 4pm Thrift on Fifth Open 5pm-7pm CU WEDNESDAY (details page 3) 8pm Facebook Devotional	29 8am Thursday Men's Group 8:30am Covenant Group 1pm Women's Connect Group 4pm Arise Band rehearsal 6pm Caring Conversations Conference 7pm UWF Circle 4	30 10am Rug Hooking Group	1



Christ United Methodist Church  
400 Fifth Avenue SW  
Rochester, MN 55902  
Phone: 507-289-4019  
Fax: 507-289-3648  
E-mail: [email@cumethodist.com](mailto:email@cumethodist.com)

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## CU Wednesdays

**5:00pm** - Jubilee Bells (1<sup>st</sup>-3<sup>rd</sup> grade) Music Hallway || Children's Choir (3<sup>rd</sup> grade and up) Choir Room

**5:30pm** - Dinner Begins in the Wesley Hall || Progressions Bells (3<sup>rd</sup> grade & up) Music Hallway  
Little Angels Choir (K-2<sup>nd</sup> grade) Choir Room

**6:00pm** - Celebration Bells (Adults) Bell Room

**6:30pm** - Kids with Purpose (2<sup>nd</sup>-5<sup>th</sup> grade) || Club 6-7 (6<sup>th</sup>-7<sup>th</sup> grade) || Confirmation (8<sup>th</sup> grade)  
Highschool Study Hall || Crossroads (Adult) ECC || Dinner Ends

**7:00pm** - Chancel Choir Rehearsal (Adult) Choir Room

**For more info email or call the church office - [email@cumethodist.com](mailto:email@cumethodist.com) - 507-289-4019**