



Christ United Methodist Church
Songs Of Faith: Week 7
 August 7, 2022
 9:00am Traditions Worship

Prelude *Hymn-Sing*
 Kalle Akkerman & John Varona

Welcome Rev. Jenny Cannon & Rev. Kirkland Reynolds

Call to Worship *words on screen*
written by Rev. Heather A. Moody, and posted on the United Church of Christ's Worship Ways website. <http://www.ucc.org/worship/worship-ways/>

Hymn *Holy, Holy, Holy* UMH 64

Children's Message Jody Peterson

Invitation to Give

Musical Offering
 Karla Sukov, oboe

Doxology UMH 94

Hearing the Word Psalm 42
 Rev. Nancy Wheeler Handlon

Pastoral Prayer

Hearing the Word Philippians 4:6-7

Message "How Do I Get There from Here?"
 Rev. Beth Joyner

Hymn *It Is Well With My Soul* UMH 377

Holy Communion

Communion Response *words on screen*

Hymn *Pass It On* UMH 572

Benediction

Mini Mission Commission

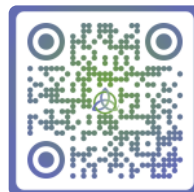
Postlude John Varona, Organ

Thank you for worshiping with us!

Congregational Prayers

- ◇ People of Ukraine
- ◇ Primaries and elections in MN and around the country
- ◇ Faith response to climate change
- ◇ Local leaders and officials
- ◇ People struggling with faith
- ◇ All who are grieving


SCAN TO GIVE ONLINE



To scan a QR code, use your cell phone camera, aim at the picture (*left*), and tap the link that appears. No special software is necessary with most devices. Give in-person or online at cumethodist.com/give

More information about worship, ministries, giving, and all the goings on here at Christ United Methodist Church on our website cumethodist.com

For staff and contact information, scan the QR Code (*right*) or head to cumethodist.com/church-staff



Ministry Updates:

CU Wednesdays Summer!

- Wednesday Dinner (Intergenerational) Wednesday, August 10, 5:30-6:30pm Join us in the labyrinth for the final CU Wednesday of the Summer before we launch into the program year! We'll have pizza baked fresh in our church pizza ovens! (And s'mores!)



Theology On Brew: Thursday August 11
 6:30 pm - Little Thistle Brewing

- Theology on Brew meets this Thursday at Little Thistle 6:30pm - Grab a drink and join us at this casual monthly gathering. We gather to discuss life, theology, and everything! Young and young at heart adults welcome.
- Are you aware that there is an important primary in Minnesota on August 9th? In addition to narrowing the field of candidates for the November general election for school board, mayor, city council, statewide offices and the US House of Representatives, we will also be choosing the interim House member for southern Minnesota. Did you know you can register to vote at the polling place and that you can vote early at any time between now and election day? Do you want to find out more information about the candidates or the process of voting? **Stop by the information table in the commons on today in between services or head to <https://tinyurl.com/Aug9Primer>**
- InBetweeners Ice-cream Social: August 14th from 2-4pm - August is upon us and so is the yearly InBetweeners event. The ice cream social of 2021 was a huge success, so we decided to repeat it. We'll gather at the Odell's residence (2210 67th St NW). The cost is \$5 per couple or \$2.50 each. The InBetweeners is a social group at CUMC for those over 50 years of age. If you would like to join us and have not been a part of the group in the past, contact Deedee Odell at ddbells@aol.com or 281-2755.

Sunday August 7, 2022

- 9:00am ~ Traditions Worship (Sanctuary)
- 10:00am ~ Inquiring Spirits (146 & Zoom)
- ~ Contemporary Issues (145 & Zoom)
- ~ Thrift on Fifth Open - closes at 11am
- 11:00am ~ Arise Worship (ECC)

Monday August 8, 2022

Overnight Mission Trip

- 10:00am ~ Women's Connect Group (Zoom)
- 11:15am ~ Men's Books Study & Mutual Support (Zoom)

Tuesday August 9, 2022

Overnight Mission Trip

- 10:30am ~ Staff Meeting
- 1:00 pm ~ Covenant Discipleship Group (Zoom)
- ~ UMW Quilters (Wesley Hall)

Wednesday August 10, 2022

- 8:30am ~ Monthly Breakfast Fellowship (Charlie's)
- 10:00am ~ Online Knitting Group (WebEx)
- 4:00pm ~ Thrift on Fifth Open - closes at 7pm
- 5:30pm ~ CU Wednesday Summer (Labyrinth)
- 6:00pm ~ Celebration Bells (Bell Room)
- 8:00pm ~ Evening Prayer Livestream ([facebook.com/cumethodist](https://www.facebook.com/cumethodist))

Thursday August 11, 2022

- 8:00am ~ Men's Coffee Group (145 and Zoom)
- 8:30am ~ Covenant Discipleship Group (Zoom)
- 9:15am ~ Care Visitors Meeting (Zoom)
- 1:00pm ~ Women's Connect Group (Zoom)
- 4:00pm ~ Arise Band Rehearsal (ECC)
- 6:30pm ~ Theology on Brew (Little Thistle)
- 7:00pm ~ UWF Circle 4 (WebEx)

Friday August 12, 2022

no events

Saturday August 13, 2022

- 7:30am ~ Saturday Noon Meals (prep at CUMC, serve at the Landing)
- 9:00am ~ Thrift on Fifth open - closes at noon

Sunday August 14, 2022

- 9:00am ~ Traditions Worship (Sanctuary)
- 10:00am ~ Inquiring Spirits (146 & Zoom)
- ~ Contemporary Issues (145 & Zoom)
- ~ Thrift on Fifth Open - closes at 11am
- 11:00am ~ Arise Worship (ECC)
- 2:30pm ~ InBetweener Ice Cream Social (Odell residence)

PEDALS, PIPES, AND PIZZA August 28
5:30-7pm

Are you curious about the organ? Wish you knew more about how it works and the ways the sounds change? Our organist John Varona has prepared a program for children and youth to learn more about the organ at Christ UMC. Following the program we will enjoy pizza.

ANNOUNCEMENTS & EVENTS

- The Apollo Music Festival will be performing a chamber concert at Christ United Methodist Church on Aug. 20th, 7:00pm. Freewill Offering. These are top-notch musicians from around the country you won't want to miss! These concerts are made possible through grants from the Minnesota State Arts Board and the Southeastern Minnesota Arts Council. <http://www.apollomusicfestival.com/august-20-2022>
- All Church Campout: Aug. 19th-Sun August 21st at Cedar Hill Campground** - Our camping sites are all reserved for the All Church Campout at Whitewater State Park (August 19-22) but you can still join in retreat activities for the day. The Church Bus will depart from the church at 9:30am on Saturday, Aug. 20th to take people to Whitewater for the day and leave Whitewater at 4:30pm to return to church. Contact the church office by August 12th to reserve your spot on the bus.

THIRD SUNDAY FORUM

August 21 ~ 10:00AM ~ Wesley Hall & Zoom
MINNEAPOLIS BASED ARTIST/ACTIVIST

Presenter: Ricardo Levins Morales

Ricardo Morales, a native of Puerto Rico, eventually settled in Minnesota where he helped establish the Northland Poster Collective which provided artistic and screen printing services to labor, racial justice and other causes. He currently works with staff who are members of the News Guild/CWA.

Ricardo creates art intended to help oppressed communities overcome the toxic impacts of fear, trauma and hopelessness and tap into their inherent wisdom, power and resilience.

Zoom Meeting ID: 940 8755 4704 • Password: forum - Call In: (312) 626-6799 -or- <https://us02web.zoom.us/j/94087554704?pwd=M2xST0cvSm5jUGcyRDZjVllKRGRURUT09>

Do You Know Your ENNEAGRAM

The Enneagram is an ancient symbol and an ever-evolving model of nine. It diagrams, or maps nine ways of viewing the world, nine ways of how we get lost, and nine ways we find our way home. The Enneagram is a description of how holistic systems work (or don't work)! It's a diagram of how people grow in health and experience transformation and how people get trapped in pain and suffering. It's a sacred map of the territories of the soul.

Jody recommends the RHETI (Riso-Hudson Enneagram Type Indicator), which you can take through The Enneagram Institute for approximately \$12 (<https://www.enneagraminstitute.com/rheti/>).

Hosted by Jody Thone, MN Annual Conference's Director of Leadership & Development

Tuesday Evenings - August 23 & 30 at 6:30pm



Christ United Methodist Church
Creating committed Christ Followers
for the transformation of the world.

9:00am Traditions Worship ~ August 7, 2022

Songs of Faith

It Is Well With My Soul

With open hearts, open minds and open doors, we welcome people of all races, nationalities, theologies and abilities. We welcome people of all sexual orientations and gender identities. We offer a safe and compassionate place to reconcile faith, identity, hope, understanding and mutual respect.

We welcome you and name the sacred power of the Wahpeton people on whose land we stand.