

Welcome to Christ UMC. We are glad you are here!

Children are always welcome in worship. Our nursery is adjacent to the church office. Activity packs are available near the Sanctuary entrance. There are always two adults in our nursery. You may stay with your child if you like.

Prairie Walk Field Trip Join EarthKeepers on a Field Trip to experience Manawa Prairie Farm Sunday, August 13. We will meet in the west CUMC parking lot at 1:00pm and carpool to the site. You will be welcome to join in a 1-hour hike of the prairie or enjoy the beautiful plants and pollinators from the comfortable front porch of the farmhouse. We plan to return to Rochester by 4:30. Be sure to wear comfortable walking shoes if you plan to walk. Please sign up in the CUMC office or contact Mary Schmidt at 507-254-5216 no later than Thursday, August 10.

Theology on Brew at The Farm Join us Thursday, August 10th at 6:30pm at Haven Valley Farm, 11361 105th Street, NW. Bring a lawn chair, BYOB - your own beverage, and park by the barn. Brats, burgers, vegetarian options, condiments, chips and s'mores provided! Contact Pastors Jenny and Kirkland if you have questions.

Lay Visitor Training Saturday August 12 from 8:30am-12pm in Mettam Conference Room. Open to Singles, Couples and Families. Training in Holy Listening. Opportunities to visit homebound members and friends of Christ UMC. Led by Pastors and Current Lay visitors. Pre-register by August 10th by emailing pastornancy@cumethodist.com.

UWF Quilters Need Fabric We are in need of fabric suitable for all ages: babies, school aged, teenagers and adults. 3-5 yards would be ideal but any length is appreciated. You may also buy cloth or send a monetary donation. Any questions please contact Pat Feeser, 507-233-5943.

Serve with Saturday Noon Meals We are now serving over 90 guests each Saturday and could really use more volunteers. Please let Kathy Lombardo know if you can volunteer. We are also in need of plastic bags & food containers. All containers and bags can be placed in the blue garbage can in the foyer. Also, our book cart is almost empty. If you have books or magazines we would appreciate them. Please drop them off at the church. Contact Kathy Lombardo at kathryn.lombardo@gmail.com for more info.

Thrift on Fifth Our end of summer sale will be August 16th - August 30th. All items will be half price. We're getting ready for your donations of fall and winter items. And if you have any backpacks you're not using, either child or adult size, we'd be happy to find them a new home. Thanks for being such a generous congregation.

Concert on Sept. 10th Save the date for a concert with song writer, composer, artist and church musician Ken Medema. More info coming soon.



**CHECK IN &
CONNECT WITH US!**

Thanks for worshipping with us!
Scan the QR code and let us know
you're here!



Christ United Methodist Church
Creating committed Christ followers for the transformation of the world.



9:00am Traditions Worship

August 6, 2023



We welcome you and name the sacred power of the
Wahpeton people on whose land we stand

507-289-4019
email@cumethodist.com
cumethodist.com

Christ United Methodist Church

With open hearts, open minds and open doors, we welcome people of all races, nationalities, theologies and abilities. We welcome people of all sexual orientations and gender identities. We offer a safe and compassionate place to reconcile faith, identity, hope, understanding and mutual respect.

Hymn Sing

Welcome

Rev. Jenny Cannon, Rev. Kirkland Reynolds

*Opening Hymn

“Lift High the Cross”

UMH 159

+Morning Prayer

Children’s Message

Jody Peterson

Invitation to Give

Offertory Music

“Be Thou My Vision”
David Abramsky

Brittni Scruggs, Cello
John Varona, Piano

*Doxology

UMH 94

Praise God from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

Prayers of The People

Sung Response

“Stay With Me”

Rev. Nancy Wheeler Handlon

FWS 2198

Hearing the Word

Mark 14:32-52

Message

“Fight, Flight or Freed?”

Rev. Jenny Cannon

Holy Communion

UMH 15

All are welcome to receive communion, which is served with bread and nonalcoholic grape juice. Gluten free also available.

The Lord’s Prayer

UMH 895

*Closing Hymn

“Just a Closer Walk With Thee”

FWS 2158

Connections & Next Steps

Benediction

Postlude

“O dass ich tausend”
Paul Manz

John Varona, Organ

*indicates please stand as you are able

Holy Communion Lay Server: Seth Nfonoyim-Hara

We invite you to join us for coffee and conversation after today’s worship service
You are welcome to remain seated or to depart during the postlude



If you would like to sponsor this ministry, please send an email to our Director of Operations, Jack Jefferson at jack@cumethodist.com. The 9am service airs Sundays @11:30am on KOLM radio 1520 AM. (\$60)

Congregational Prayers

- For Ted Colescott and Ruth Lyngholm in the hospital
 - For Robert Lyngholm receiving hospice care
- For the family of LeeAnne Ramaker who died July 29
- For Church members and friends on the Boundary Waters trip