

# SPIRIT



WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

**9AM TRADITIONS (SANCTUARY)** 

11AM ARISE! (ECC)

www.facebook.com/cumethodist www.twitter.com/cumethodist 11:30am Sunday Radio Broadcast on KOLM (1520 AM)

www.youtube.com

"Christ United Methodist Church Rochester MN"

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# Pastor's Pen with elizabeth macaulay, lead pastor

November is a sensory feast.

There is something about days being less light that calls for heightened sensory awareness.

November brings soft blankets to wrap in, pumpkin spice to revel in, the glow of candles on All Saints Sunday, and the crisp of both leaves and snow.

This November will be a feast in the life of our church.

We begin the month celebrating an audacious vision made real: Thrive Child Care and Family Resource Center. Five years ago we had a glimmer of a dream. Today we celebrate one year of serving families through our child care and family resource center. The Thrive (comfy) Gala will give us a chance to give thanks and provide further support for scholarships to support families. Changing the life of a child changes the whole community. We get to do that together.

Our Interfaith Thanks Giving service on November 26th is a highlight of the year. We gather together and share the power of our faith with everyone. All are welcome.

We will end the month with our resident bishop Bruce Ough. Bishop Ough will preach at the 9:00 service and then he will open up time for his thoughts about the future of United Methodism. He will also be open to hearing your thoughts. Bishop Ough is a wonderfully strategic and soulful leader who has been on the front line of the deep and painful questions around who is and who is not fully included in a church that seeks to enflesh the Jesus vision of open hearts, minds and doors. And, in good UM fashion, we will cap off our time together with a time of fellowship and food.

Undergirding all that we do this month - including naming those from our church who have died in the past year - we will explore the powerful reality that Everybody Has Something to Give.

November has historically been a time to consider gratitude and what it means to be a movement for hope together.

This church, just like Minnesota Public Radio and other non-profits, is able to deliver excellent child care and thanksgiving pie and Saturday Noon Meals and worship and bell choirs because you give financially.

Everybody has something to give. Everybody.

It is thrilling and powerful to see what God has wrought through Christ United Methodist Church.

As we savor November, I pray that you will have an opportunity to pause and reflect on your life.

We have the spangle of stars to remind us of hope.

We have the warmth of our homes and church where we are gentled into home.

We have a witness to build and share based on the teachings of Jesus.

Everybody: You, me, all of us. We get to be part of building a world we want to live in.

Savor the good, beloved in Christ.

Savor the good.

Pastor Elizabeth



#### Everybody has Something to Give!!!



Throughout the month of November we will give thanks for our ability to give. From the Gala on November 2nd to the Bishop's preaching on November 24th we will consider how abundantly blessed we are and the mighty ministry we share.

Everybody has something to give. Together, we make a mighty movement. We get to celebrate the power of a committed people.

You and your gifts matter.

### I am so excited to invite you to the Thrive Harvest Gala on November 2nd.

With one year on the books, it is time to celebrate the hard work that Thrive and CUMC have put into

breaking the cycle of poverty in Rochester by providing excellent child care.

Thrive is extra special because it provides top quality child care for little ones while offering competitive pay for their staff. They also offer scholarships for families struggling to balance child care needs with tight budgets.

We are going to celebrate Thrive's fabulous first year in business with hors d'oeuvres, live music, a silent and live auction, and a short program on Thrive's impact where we will hear from Thrive staff and families.

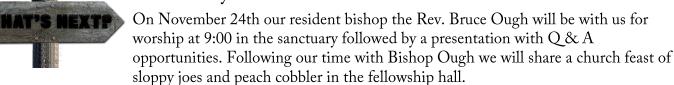
Tickets are \$50 and well worth it. All proceeds go toward tuition assistance in order to support families in need. You can purchase tickets online through November 1st at <a href="mailto:tinyurl.com/">tinyurl.com/</a> ThriveGalaTickets.

We hope you will join us in celebrating the great work that this congregation and the Thrive family have put into supporting the community. Let us continue to extend that support to new families and future generations.

~ Grace Glover



#### There is only one service on the 24th!



Our bishop is coming to share information about what it means to be United Methodists in a time when change is in the air we breathe. The United Methodist Church as we have known it will be no more, but what is it that God is breathing the Spirit into? Don't miss this opportunity to learn and pray with our bishop.

Pursuant to the Book of Discipline and with the approval of district superintendent the Rev. Cynthia Williams, there will be a Charge Conference at Christ UMC at 12:15 on December 1st, 2019. We will meet in room 145. The only item of business on the agenda is to approve clergy salaries (for Rev. Macaulay and Rev. Wheeler Handlon) for the year 2020. The Rev. Gary Lueck will preside. Clergy salaries are approved before the rest of the budget because the Annual Conference has need of the information to do their work. At a Church Conference those with vote are elected Leadership Board members and retired clergy in connection with CUMC. Others are welcome to attend without vote.

#### Our Whole Lives; Caring Through Congregations Conference at CUMC November 22, 23

Featuring Keynote Speaker Ben Wolfe, Former head of St Mary's Grief Center, Duluth, Past President MN and US Association of Death Education and Support, Professor University of MN Duluth and School of Medicine

Friday, November 22 6:30-8pm • Care for Caregivers: How We Are Changed by the Work That We Do

Free event: all are welcome. A gift for the Rochester area

Sponsors: Christ UMC, Zumbro Lutheran, Seasons Hospice and Mayo Hospice

#### Saturday, November 23 8:30am-3pm • Holy Listening: Best Practices

This Seminar is for Christian Faith Leaders and Lay Visitor Teams. In the morning, Ben will speak on "Listening and Family Mobiles As They Relate to Individuals and Congregations." There will be morning and afternoon workshops and lunch. A closing worship service will be held. There will be a suggested donation for registration of \$45

Head to <u>cumethodist.com/events</u> for more information and to register. You may also register in the office.



#### Care for Caregivers: How We Are Changed By the Work We Do

Death and crises are part of life. Life changing events challenge our coping skills and cause us to look at our priorities. Being a "helper" in any type of loss situation is challenging. Our work, our compassion, our empathy takes a toll on us. It can also transform us. Come and learn ways we can be changed by

the work that we do Mayo in ways that lead to growth.

Sponsored By: Christ United Methodist Church
"Grace in the City"



6:30pm - 8:00pm • November 22 • Sanctuary • FREE

## **Holy Listening: Best Practices**

This day long seminar will help us to listen with open ears and hearts to others sharing their soul journeys. It is especially designed for clergy and lay visitor teams. It will feature keynote speaker Ben Wolfe, renowned grief and loss expert. Including large/small group sessions, selection of workshops and worship. Suggested donation \$45. Lunch & morning snack included.

8:30am - 3:00pm • November 23 • Sanctuary • \$45 Register online at: tinyurl.com/HolyListening2019 or call Christ UMC (507)289-4019



Ben Wolfe, M.Ed., Licensed Independent Clinical Social Worker, and Fellow in Thanatology, is a grief, loss and transitiner/consultant with 28 years experience as director and grief therapist of St. Mary's Medical Center's Grief Support Center in Duluth, MN. He is a former president of the Association for Death Education and Counseling (ADEC) He consults and trains internationally and has given over 2,000 presentations dealing with grief and loss. In addition to chapters in books, he has authored numerous articles related to grief and loss and served for ten years on the St. Mary's Medical Center's Bio-Ethics Committee. Additionally, for over 25 years Ben trusht university graduate sources on death and dring, and for 23 years also trusht an aight week course on taught university graduate courses on death and dying, and for 23 years also taught an eight week course on life-threatening illness at the UMN, Duluth School of Medicine, where he still teaches.

#### Interfaith Thanksgiving Service

For six years we have had the blessing of giving thanks together. In our Sanctuary we hear the words of gratitude from the Koran, the Hebrew Scriptures and the Newer Testament, as well as poetry and song. Jews, Muslims, Unitarians, Christians, Agnostics and Atheists gather to share a common language: Gratitude.

Please join us at 7:00pm on Tuesday November 26th in the sanctuary for a service of thanks giving. And, we will adjourn from worship and share pie together! You can put on as much whipped cream as you like!

Give thanks!

Christ United Methodist Church

Thanksgiving Interfaith Service Tuesday Evening We give thanks together.

NOVEMBER 26 ~ 7 PM

#### Children's Ministry

**Wow.** As I type the day after Trunk or Treat, yesterday's have left my head spinning, feet aching and my heart soaring. Visitors and church members packed CUMC's west parking lot and popcorn-scented

commons. Twenty cars passed out candy. The line for the Haunted Hallway, which took place in the Hamline Room, received a steady flow of traffic and a thick line that backed to the stairwell until after 5 pm. Youth exhausted themselves in sweaty costumes with heroic performances, scaring and delighting hundreds of children as they crept through the dark, spider-webbed filled maze. Families continued to wind through even as we tore down! After talking to candy distributers and receiving follow-up from our faithful scouts who served hotdogs, we estimate that nearly 350 children attended in addition to their parents and infant siblings!

If you debated whether or not you should attend or decorate a trunk, I highly recommend jumping into the fray next year. Immerse yourself in the electric energy of this amazing outreach opportunity and introduce yourself to the parents and families who brought their children to us. What a marvelous way to say, "welcome to Christ United Methodist Church. Please make yourself at home."

#### "Sleigh bells ring, are you listenin'?"

Save the date for this Christmas.

On December twenty-two We'll perform the pageant for you. Walkin' in at 4 pm. Pageant rehearsals for the entire cast begin Wednesday, November 20 Run from 6-6:30 pm.

If your children want to be part of this year's pageant, please tell Karla Sukov, Jody Peterson or Sam Evans. On Sunday, December 22<sup>nd</sup> at 4 pm, the production of this year's brilliantly-written pageant will be shared by children, youth and our beautiful spectrum of children and adult bell and vocal choirs. A hot, yummy meal will follow the pageant. Come take part! We look forward to seeing you there.

#### Thinking about Baptism?

Pastor Elizabeth and Sam Evans are hosting an interactive and informative baptism class on Saturday, November 9 at 10am in the Fireside Room.

Learn what Methodists believe about baptism. Ask questions. Meet other people considering baptism. Receive a baptism souvenir. <a href="mailto:sam@cumethodist.com">sam@cumethodist.com</a>

# **SWEDNESDAYS**

EAT | MAKE MUSIC | LEARN | CREATE

5-5:30pm (Grades 1 - 5) Jubilee Bells - Bell Room 5-5:30pm (3 years - Kindergarten) Little Angels - Room 133 5:30-6pm CU Wednesdays Meal/Social Time - Commons 6-6:30pm (Grades 1 - 6) Children's Choir - Choir Room 6-7:30pm Confirmation - ECC (starting October 2) 6-7pm Adult Bells - Bell Room 7-9pm Adult Choir - Choir Room

#### Youth Ministry

#### Confirmation Spotlight

During confirmation one week, parents and youth "speed dated." We sat across from one another and every 90 seconds

adults slid to the right. Each time we switched places, we shared 45-second testimonies about ourselves regarding topics of prayer, presence, gifts, service and witness. Other church members also shared their Godstories of belonging, growing and thriving within the body of Christ.

When the adults changed seats too slowly for the teens, the teens chanted, "sliiiide to the right," lyrics to the "Cha Cha Slide." Teens and adults joined in "Sliiiide to the left. Everybody clap your hands."

And building community was that simple. As we shared our stories, we also shared in song and laughter. It was a great picture of the body of Christ and how we are supposed to work and live and love together.

Then, the following Wednesday "Cha Cha Slide" was again booming from the ECC, and everyone was welcomed to join. Because sometimes worship looks like a line dance.



Nov 1-3, Thirteen of our youth are meeting up with other United Methodist youth

- throughout Minnesota at the
- Holiday Inn in St. Cloud.

We'll experience live worship, small group discussion, speakers, and an intense game of laser tag. Pray for Sam and the other adult leaders as they enjoy time away to reconnect with God and one another.



5

Dakotas-Minnesota Area makes 13,000 scarves for General Conference 2020 visitors (excerpt)

A few other stories behind the scarves: Four members of the small knitting group at Christ UMC in Rochester, Minnesota, sustained broken bones and other major injuries that hampered their ability to knit,

but they were committed and still managed to fulfill their 200-scarf pledge.

Korsch said the initial goal was 5,000 scarves, and she wondered if perhaps that was too ambitious. But as the invitation to make scarves was extended to churches and their pledges began to come in, it became clear the initiative had taken on a life of its own.

FULL ARTICLE - <a href="https://tinyurl.com/lydiaproject2019">https://tinyurl.com/lydiaproject2019</a>



The 2nd Rummage sale of 2019 was a successful fund-raiser for the United Methodist Women. Thank you to church members for your donations of clothing and household items. Also we appreciate the clothing donation from the Thrift store. Our thanks to our U.M.W. members and volunteers for set up, help with sales and clean up. A special recognition to our men's group who loaded carts on the drop-off day and our building manager and custodial staff, Kent Nymann and B.J. Jenkins

~ Mae B. Erickson, Deb Jensen, and Wailana Barker

Did you know?? You can sponsor our radio broadcast ministry! It's \$55 to get your special occasion announced on the radio before the CUMC service broadcast. Whether it's honoring an anniversary, or remembering loved ones who have passed on, this is a perfect way to tell the world about that special something. You can sign up in the commons right next to the office, or by emailing oliver@cumethodist.com





Christmas Anonymous ensures families in the local area have a wonderful Christmas. They help families in need via their 'store' where parents can shop without paying for new and used toys, bicycles, teen gifts, boys and girls new clothing, hats, gloves, knitwear, used boots/skates, gift wrap, new and used outerwear, and food for a holiday meal for the entire family. They also help seniors in need with boxes of food for a holiday meal, stationery, and other household items.

We will have a donation bin at our 5K and at TerraLoco throughout the month of November. Participants should bring new or lightly used toys, children's outerwear (coats, jackets, boots, snow pants), and 20" or smaller bikes to donate. Those who donate new or gently used gifts will gain an extra prize ticket!

Our 5Ks aren't just for runners; feel free to bring the whole family and walk, bike or run to support a great cause. We'll have a 5K

marked, but go any distance you like. No pre-registration is required, but please arrive 10-15 minutes early to sign up. There will be snacks and a prize drawing after. Please bring your re-usable water bottle for an extra prize ticket. We have water available via a Culligan dispenser or water fountain.

Have an article for the *New Spirit*? **Please submit it to <u>oliver@cumethodist.com</u>** by the 3<sup>rd</sup> **Wednesday of the month.** Late articles may be very tiny or invisible. Thank you and happy writing!

If you have a pastoral emergency, please call the church office and ask for the pastor on call. Let us know this is an urgent need. If you need a pastor after hours or on weekends, please call the church office and listen to the message on the machine for the phone number of the pastor on call. Then call them directly. Remember that we do not know you are in the hospital unless you contact us. Thank you.

# Faith → Life: Learn from Christ's Teachings

3rd Sunday Forum - November 17th, 10:10 AM Hamline Room

"The Landing MN: Addressing Homelessness in Rochester" ~ Dan Fifield and Alex Hurlebaus The Mission of The Landing: We aim to provide support, guidance, and a shoulder to lean on to those facing homelessness within our community. We help to navigate available resources; from housing and clothing, to meals and medical care, The Landing MN, Inc. works to help these individuals make positive steps forward. "Because everyone needs a soft place to land."

Dan and his wife, Holly, answered God's call to start a nonprofit, The Landing MN, to help people who are homeless in Rochester almost one year ago. He gave up a 15 year career as an ER nurse to "walk side by side with the homeless to see what they really need. . . and to make sure they are safe, that they are heard, and that somebody out there loves them." Alex, a social worker, was formerly employed by the Salvation Army to manage their warming shelter. He is now the Director of Social Services for The Landing MN.

# Ongoing Sunday Classes All Are Welcome – No Registration Required

Inquiring Spirits – After the 9:00 am worship (except for Third Sunday Forums), Room 145 Contemporary Issues – After the 9:00 am worship (except for Third Sunday Forums), Room 146 "Chewing on the Word" – 10:10 am in Room 133 or 12:00 pm in the Commons. Everyone is invited for refreshments and conversation around each week's scripture and message.

#### **Connect Groups**

<u>Breakfast Fellowship</u>: (Second Wednesday of each month) Hosts: Amy Humphrey and Dean Swanson November 13, 8:30 am at Charlie's Restaurant New members are always welcome to drop in.

<u>CUMC Knitters</u>: Wednesday mornings 10:00 – 12:00, in the Fireside Room. Host: Marjie Blaisdell This group will be meeting until Thanksgiving to knit prayer shawls, hats and mittens for Christmas Anonymous and other items to donate.

#### Winter Connect Groups!

As the Fall Connect Groups are coming to an end, the Faith—Life Team is planning the winter session beginning January 12, 2020. Charlie's Breakfast group meets the second Wednesday of each month, Dinner groups are meeting throughout winter and spring, the aroma of pies will still be coming from the church kitchen, and there will be another Congregational Read book to discuss. Won't you consider hosting a group based on a special interest, book or relevant topic? If so you can contact Grace Glover at <a href="mailto:grace@cumethodist.com">grace@cumethodist.com</a> or Kathy Estry at <a href="mailto:rk.estry@gmail.com">rk.estry@gmail.com</a>.

Sign up for Winter Connect Groups will be December 29, 2019 and January 5, 2020 Watch for a complete listing in the December New Spirit!

Child Care is available every Sunday and for weekdays and Saturdays upon request

You Are Invited All are Welcome.

What: Fellowship Breakfast

When: 2nd Wednesday of EVERY Month

Time: 8:30 A.M.

Where: Charlies Restaurant

## We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting Christ Church" coffees at which our pastors will meet with

people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside Room following the 9:00 service. Childcare is available upon request! The next Coffee is November 10, Contact the church office at (507)289-4019 or (email@cumethodist.com) if you have questions or would like more information.



#### Pay it Forward!

The Thrift on Fifth team of volunteers has been struggling with an issue. What should we do when someone visits the store, needs a new clothing item, and doesn't have the money to pay to for it? At \$1 for adult clothing and 50c for children's items, we can confidently say that we are providing affordable clothing.....most of the time. But there are cases

when people just don't have cash. It happens more often at the end of each month when new checks from work or other sources have not yet arrived.

And the weather is getting chillier.

We are going to try a "Pay it Forward" program. Those of you who wish to do so can purchase a gift certificate for \$1 and we'll put it on our bulletin board. A guest will be able to use it when they have a need but don't have the dollar. We'll limit the use of Pay It Forward to one certificate per customer for each time we're open. Keep in mind, we also have a well-stocked free section of clothing that hasn't sold or is outdated or stained. But sometimes it just doesn't fit the need.

All proceeds from Thrift on Fifth go directly to Thrive scholarships. It's a win-win situation. We appreciate your donations and we appreciate your business. Sometimes people feel they shouldn't shop at Thrift on Fifth if they have enough money to shop elsewhere. But we always have more donations than we can actually sell. And you can always leave extra payment if you feel the urge to do so.

We are short on men's and children's coats, hats, mittens, and boots right now. If you have extra, please consider donating. You will be making a difference for our families in Thrive and for people in our community.

Thank you.

~The Thrift on Fifth Team



Dietrich Bonhoeffer has been called a man for our time. He was a pastor and theologian. He wrote on the role of the church, discipleship, and ethics. He was a Nazi resistor. He was a cofounder of the Confessing Church. He used his international contacts as a spy to oppose the Third Reich. He conspired with others to assassinate Hitler. He was executed April 8, 1945. His legacy is a life that was lived as he preached. He is admired and sometimes claimed by both conservatives and liberals.

Join us Wednesday Evenings For a Movie and Discussion ~ 6:05 - 6:55pm ~ November 6, 13, 20 - Rm 145



#### 10>--CUMC is participating in Give to the Max Day

Give to the Max Day is set for Thursday, November 14, 2019! It will be very similar to previous years as we'll work together to add to the more than \$170 million raised through the first ten giving days.

From GiveMN, you can expect prizes, resources and media to raise the profile of Minnesota nonprofits and schools. And we can't wait to see the creative campaigns organizations plan to celebrate the generosity of Minnesotans!

Find us at <u>www.givemn.org/organization/cumethodist</u>



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. We are ready to accept clothing anytime, just bring them to the normal drop-off location. Thank you for your generosity. Together we can help this community thrive!

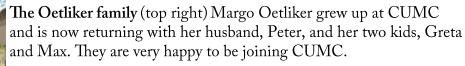
Hours

Store Wednesday: 4pm - 7pm Saturday: 9am - 12pm Sunday: 9am - 12pm

## The CUMC Tree of Life: Living, Celebrating, & Remembering With You

Welcome New Intentional Disciples! & 5%

We Welcome New Intentional Disciples:



Josie Smith (left) Josie moved to Rochester from Maryland and works as a registered nurse at the Mayo Clinic.

Yangya Sikati & Aobanya Bileca (bottom right) Yangya, Aobanya, and their six children relocated to Rochester, MN from the Democratic Republic of the Congo in Spring 2019. They enjoy the 9:00am service and their children are active at CU Wednesdays, choir, and bells.

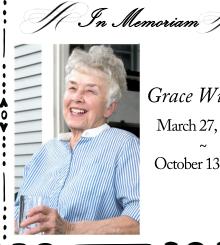






Alisa Yangya, Odila Yangya, Masoka Yangya, Wilongola George, Jeanne Yangya, Yabeshi Abwe, and Mila Marie Myburgh were baptized at Christ UMC October 6, 2019 at our 9 o'clock Traditions worship service

McKinley Rae Somerfeldt was baptized at Christ UMC October 20, 2019 at our 9 o'clock Traditions worship service



Grace Wiggen March 27, 1922 October 13, 2019



All Saint's Sunday we will honor Christ Church members & affiliates who have passed in the last year with a special service.

Norman Rockvam, Amy Wordelman, Kathryn Colescott, Ken Johannson, 📭 Barbara Seydel, Jean Walters, Doris Baier, Thomas Simmons, Delores Johnson, Warren Zimmerman, Lowell Arnold, Andrew Buck, Karen Smith,

Mae DeFosse, Nancy Clark, Kathryn Benscoter, Patricia Cousins, Iris Pagenhart, Ulanda Bailey, Marie Toews, Max Pearson, Gary Pearson, Robert Scoggin, Patricia Wick, Marcia Brown, Eugene Freeman, Mary Hegge, Robert Gill, Louise Rockvam, Barbara Moulton, Grace Wiggen



There is a great opportunity to share the grace and love of Christ in this church through transportation assistance for those that need some help getting to CUMC. Although we do have a church bus, it is not large enough to hold the number of people needing assistance getting to church. A few of us have been helping the Yangya Sikati family get to

church to worship each Sunday and Wednesday since May, shortly after their arrival in Rochester. They have chosen CUMC as their church home, for many of the same reasons each of us call this place home. It is a family of eight, so it usually requires two vehicles to bring them to church for worship. Please consider helping with this ministry. This page on Sign Up Genius was created so that people can easily sign up to help. All the pertinent information can be found at <a href="https://tinyurl.com/CUMCDriver">https://tinyurl.com/CUMCDriver</a>

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#### Care for Caregivers: How We Are Changed By the Work We Do

Death and crises are part of life. Life changing events challenge our coping skills and cause us to look at our priorities. Being a "helper" in any type of loss situation is challenging. Our work, our compassion, our empathy takes a toll on us. It can also transform us. Come and learn ways we can be changed by Sponsored By:

the work that we do in ways that lead to growth.

Christ United Methodist Church SEASONS HOSPICE ZUMBRO



6:30pm - 8:00pm • November 22 • Sanctuary • FREE

## **Holy Listening: Best Practices**

This day long seminar will help us to listen with open ears and hearts to others sharing their soul journeys. It is especially designed for clergy and lay visitor teams. It will feature keynote speaker Ben Wolfe, renowned grief and loss expert. Including large/small group sessions, selection of workshops and worship. Suggested donation \$45. Lunch & morning snack included.

8:30am - 3:00pm • November 23 • Sanctuary • \$45 Register online at: tinyurl.com/HolyListening2019 or call Christ UMC (507)289-4019



Ben Wolfe, M.Ed., Licensed Independent Clinical Social Worker, and Fellow in Thanatology, is a grief, loss and transition trainer/consultant with 28 years experience as director and grief therapist of St. Mary's Medical Center's Grief Support Center in Duluth, MN. He is a former president of the Association for Death Education and Counseling (ADEC) He consults and trains internationally and has given over 2,000 presentations dealing with grief and loss. In addition to chapters in books, he has authored numerous articles related to grief and loss and served for ten years on the St. Mary's Medical Center's Bio-Ethics Committee. Additionally, for over 25 years Ben taught university graduate courses on death and dying, and for 23 years also taught an eight week course on life-threatening illness at the UMN, Duluth School of Medicine, where he still teaches.