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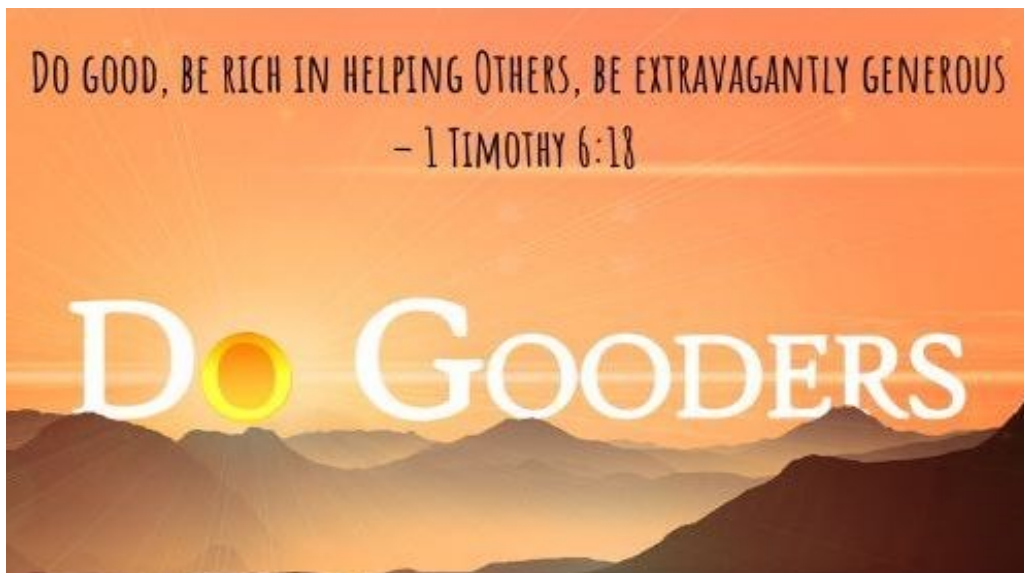
October 2022

CHRIST
METHODIST CHURCH
UNITED
Grace In The City

THE NEW

SPIRIT

October Worship Series: Do Gooders



Join us as we explore God's vision for doing good, making a difference, and pursuing generous lives.

Join us for worship every Sunday at 9am & 11am In-Person or Online

[Facebook.com/cumethodist](https://www.facebook.com/cumethodist)

[YouTube.com/ChristUnitedMethodistChurchRochesterMN](https://www.youtube.com/ChristUnitedMethodistChurchRochesterMN)

Office Hours M-F 9am-5pm & Sunday 9am-12pm | 507-289-4019 | cumethodist.com

Pastor's Pen

WITH PASTOR KIRKLAND



In this era of half-truths and (applying a presumption of grace) misunderstandings, there's some commonly held attributions about John Wesley that need cleaning up.

First, the concept of the Wesleyan Quadrilateral: Wesley himself did not fashion this theological framework for interpreting scripture in light of our traditions, reason, and experience.

Wesley was a preacher more than he was a theologian. Now that's not to say he didn't possess an insightful theological mind. Rather, Wesley focused his leadership on communicating hope and encouraging what he called "practical divinity," in other words, how to live as disciples.

It was in the mid-20th century, more than two centuries after Wesley lived, that Methodist scholar and theologian Rev. Dr. Albert Outlier developed the quadrilateral framework that informs the Methodist life.

So no, Wesley did not coin the Wesleyan Quadrilateral. And to be honest, I am relieved knowing that Wesley didn't actually name something after himself.

Then there is this quote also attributed to Wesley: "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can."

John Wesley did not say this.

Here's what Dr. Kevin Watson, seminary professor and Methodist historian wants us to know about this quote: "You may have seen this quote in a nice frame on the wall of a Methodist Church, or even published in a book, citing John Wesley as its author. (For example, it was cited in Bartlett's Familiar Quotations.) Despite the persistence of the quote being attributed to John Wesley, you will not find it anywhere in his writing."

When I first learned about this misattribution, well, I confess I was more than a little bummed. I'm a Methodist preacher, after all, so it's safe to assume I'm a fan and frequent quoter of Wesley. The last thing I want to do is spread half-truths, especially in a sermon or Bible study.

So what are we to do? The good news is it's still possible to "do good" and follow the spirit of this quote even if we need to unlearn attributing it to Wesley. In this instance, doing good includes holding our minds open for information we do not yet possess, being humble enough to revisit past thinking, and remembering to stay focused on Christ's love at work in us. Doing good is not simply getting things right; doing good is making a difference and growing along the way.

And for the record, I'm keeping in my office the framed "do all the good..." quote that misattributes Wesley. It's still a good reminder to do good...and stay humble.

Be well and keep the faith,

Pastor Kirkland

Update from the Memorials and Living Gifts Committee

Do you have an idea for something that would make worship or another activity at CUMC easier, better or more beneficial to the church and its members? The Memorials and Living Gifts Committee is seeking requests for funding! Some recent items that have been funded through requests include new chairs for rooms 145 and 146, a computer to support hybrid meetings and Sunday school classes, a piano microphone, cables to provide better sound for on-line services, a flag for the Thrive store and sponsorship funds for attendees at the upcoming "Evolving Faith Conference".

Applications are available in the church office and can be filled in by church staff or church members! [Applications may also be completed online.](#) Applications are due by November 1, 2022 and will be considered at the Memorial and Living Gifts Committee meeting on November 16.



JOIN OUR TEAM!

Our summer staff are going back to college which means we are looking for teachers to join our team!

Full time and part time positions available.

If you love children and want to make a difference in their lives, apply today!

At Thrive, we offer our staff:

- Competitive wages with a monthly bonus
- Paid time off and paid holidays
- Consistent schedules— no nights or weekends
- Professional development opportunities

Our employment application can be found on our website at www.thrivefrc.org or resumes can be emailed to tanyag@thrivefrc.org.

We are looking for fun, creative and passionate teachers to join the Thrive family!




 Children's Ministry

&


 Youth Ministry

Appalachia Service Project

2023 will mark 40 years of our church going to the Appalachia mountains to serve for a week making home “warmer, safer and drier.” Last summer six youth and four adults completed building a ramp to make a home accessible and insulated the floor of a home that had been repaired following flooding. We are going to try to return to Breathitt County Kentucky in 2023 as this area was devastated by flooding soon after we returned to Rochester.

We hope to bring two teams in July 1-10 2023—up to 20 people. You can meet some of those who have already signed up at the CU Wednesday Dinner on October 26 when the ASP team provides the meal. They will also be selling caramel rolls December 18. For more information, please contact pastor Amanda or fill out the interest form at <https://tinyurl.com/CUMCASP2023>

Youth Group, Confirmation and Club 6/7

Our ministries with 6-12th graders are off to a great start. With the Progressions bell group, some of our youth are being challenged by more difficult handbell music. Club 6/7 has welcomed a few new members as 6th graders joined our fellowship. This year Club 6/7 will focus on storytelling and being able to tell the big story of the Bible in 50 words. We meet on Wednesdays from 6:30-7:30 pm.

Youth group serves as a place for youth to build a community within the church. Some days are more games oriented, others more focused on ethics or faith or justice issues-- each night is different! One recent youth group gathering featured back in time trivia, may pole dancing and a debate over if the Bible should be in the language of the people and accessible to everyone. While this debate seems out of place today, the invention of the printing press and translation of the Bible into English and German during the Renaissance made this a BIG topic within the church.

Here's a preview of October events for youth at CUMC

2 (Sunday) Youth Group 4:30-6:00 Ultimate Frisbee (drop off and pick up at church)

5 (Wednesday) CU Wednesday (meal, bells, choir, Club 6/7 and confirmation)

9 (Sunday)

2nd Sunday inbetween worship service event & parents meeting

This month we will be working with adults who have disabilities on making tie blankets for paws and claws.

Blessing of the Animals 3pm Soldier's field (no youth group)

12 (Wednesday) CU Wednesday (meal, bells, choir, Club 6/7 and confirmation)

16 (Sunday) Youth Group 4:30-6:00 Planning Haunted Hallway for trunk or treat

19-23 **MEA Week: No CU Wednesday or Youth Group**

26 (Wednesday) CU Wednesday (meal, bells, choir, Club 6/7 and confirmation)

ASP serves CU Wednesday meal

30 (Sunday) Jubilee and Progression Bells in worship

Trunk or Treat and haunted hallway set up 1:00-2:00pm, event 2:00-4:00, cleanup 4:00-4:30pm

Ministries for Children, Sunday School and Kids with Purpose

Our ministries to preschool and elementary children have grown this fall to include Sunday School and a Little Angels choir! We are really excited to offer Sunday School during both the 9:00 and 11:00 worship service. Miss Jody and her volunteer team help children learn a Bible story, play a game to reinforce the story and then make a craft each week. She also helps 4th and 5th graders learn leadership skills as “helpers” to the younger students.

On Wednesday nights, we have 4 music groups for children: 2 bells and 2 vocal choirs. Little Angels is the newest addition to Wednesday evenings and gives preschoolers and parents and young elementary children the opportunity to explore music and prepare to sing in worship. You can see the bells perform their ministry on October 30 and the choirs will sing on November 6. Kids with Purpose meets Wednesdays from 6:30-7:30 and offers a Sunday School experience for older elementary kids linking faith and action.

Here’s a preview of October events for children at CUMC

2 (Sunday) Sunday School at 9:00 and 11:00

5 (Wednesday) CU Wednesday (meal, bells, choir, Kids with Purpose)

9 (Sunday) Sunday School at 9:00 and 11:00

2nd Sunday inbetween worship service event & parents meeting

This month we will be working with adults who have disabilities on making tie blankets for paws and claws.

Blessing of the Animals 3pm Soldier’s field

12 (Wednesday) CU Wednesday (meal, bells, choir, Kids with Purpose)

16 (Sunday) Sunday School at 9:00 and 11:00

19-23 **MEA No CU Wednesday or Sunday School**

26 (Wednesday) CU Wednesday (meal, bells, choir, Kids with Purpose)

30 (Sunday) Jubilee and Progression Bells in worship

Trunk or Treat event 2:00-4:00

CU Wednesday Meals

Our CU Wednesday Meals are highlight of the week! From 5:30-6:30 on Wednesday nights people of all ages gather for a simple meal and fellowship. With our expanded Wednesday opportunities, the meal makes it much easier for people to participate in music, fellowship and education gatherings without having to worry about preparing dinner. The meal is provided by small groups within Christ UMC. **A special thank you to the Women and the Sacred, Thursday Men’s Fellowship and Inquiring Spirits Sunday School class for serving in September.** If you would like to help with this ministry and are not part of a group that has signed up to serve, please contact Pastor Amanda—we have some open dates to fill. The donation basket is always out to help groups cover the cost of the meal. Remember, due to the MEA school break, there is no meal on October 19.



CU Wednesday Schedule

5:00pm - Jubilee Bells (1st-3rd grade)
Children’s Choir (3rd grade and up)

5:30pm - Dinner Begins in the Wesley Hall
Progressions Bells (3rd grade & up)
Little Angels Choir (K-2nd grade)

6:00pm - Celebration Bells (Adults)

6:30pm - Club 6-7 (6th-7th grade)
Confirmation (8th grade)

Kids with Purpose (2nd-5th grade)
CU Wednesday Crossroads (Adults)
Highschool Study Hall

Dinner Ends

7:00pm - Chancel Choir Rehearsal



Saturday Noon Meals

We continue to serve 60 meals each Saturday to The Landing at the Salvation Army location. We are hopeful that we will be able to serve our meals to the new Landing location in October or November 2022 when their new location opens. We feel privileged to be able to continue to serve a weekly hot meal to those in Rochester experiencing homelessness and food insecurity.



We want to thank our dedicated volunteers that work tirelessly each Saturday to cook and deliver meals to The Landing. We also want to express our appreciation to CUMC and community members for their donations of fresh produce, groceries and financial support of the SNMs program. We also want to thank Thrive and Peoples Food Co-op for their weekly food donations. All of these donations allow us to continue to serve a hot and nutritious meal each week.

If you would appreciate additional information regarding the SNMs program or would like to volunteer please contact Kathy Lombardo at 507-398-2686 or via email at kathryn.lombardo@gmail.com

Thank you for your support of this CUMC ministry program.



CUMC Vegetable Garden

The CUMC vegetable garden has continued to provide fresh vegetables throughout the summer. We have again had plentiful tomatoes and herbs and this year have grown green beans, peppers, kale and egg plant. We expect to be able to harvest squash during the month of October.



We want to thank those volunteers that have watered throughout the summer months and assisted in canning tomatoes late summer. As of early September we had canned over 50 pints and quarts of tomatoes that will be utilized for our Saturday Noon Meal program this next year.



If you are interested in volunteering with this ministry program - please contact Kathy Lombardo at 507-398-2686 or via email at kathryn.lombardo@gmail.com.

Thank you for your support of this CUMC ministry program.

World Communion Sunday Special Offering, Sunday, October 2

Holy Communion joins us in Christian unity. This sacrament invites us to focus on the holiness of communion with God and one another. Special Gifts for the United Methodist World Communion Sunday Special Offering fund ministries that support racial and ethnic students in achieving their educational goals while also transforming communities.

Fifty percent of the offering provides scholarships for graduate students from the U.S. and other countries. Thirty-five percent supports ethnic scholarships for undergraduate students. Fifteen percent funds in-service training programs for racial and ethnic persons.

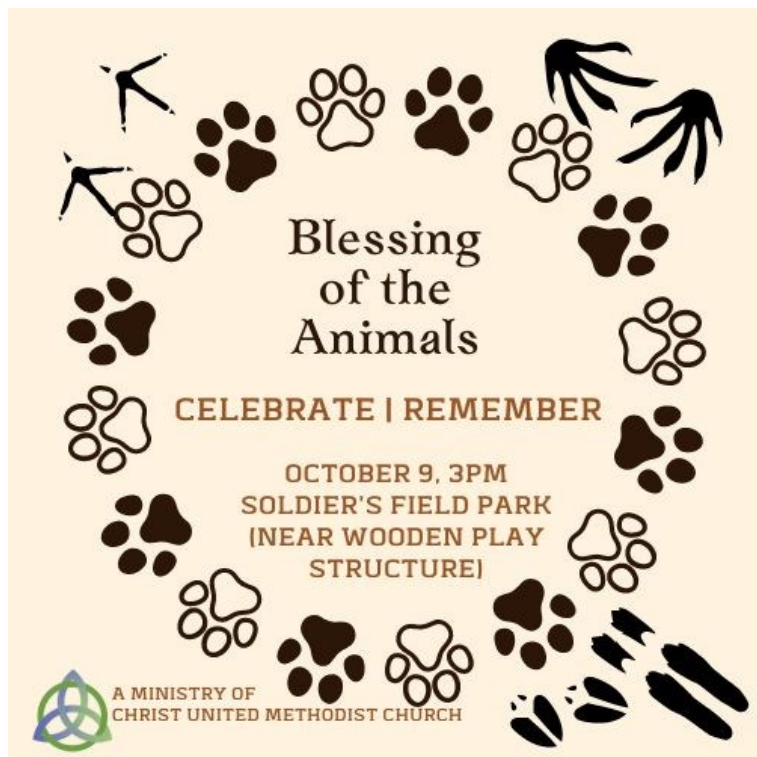


The United Methodist Church, the world and our communities are in a time of transition. Now, perhaps more than ever, we are called to extend healing and hope which will guide us to becoming a new creation in Christ. Through our gifts and support, we can invest in talented, qualified students from around the globe to transform the world as witnesses for Christ! Make your gift today at cumethodist.com/give.



Blessing of the Animals

Join us near Soldiers Field to celebrate and remember beloved pet companions. All creatures great and small are welcome!



Christ United Methodist Church

TRUNK OR TREAT

OCT 30, 2022

We are looking for people to decorate trunks and donate candy!

Haunted Hallway provided by the Youth Group!
Set up begins at 1:00

2-4 PM
Set up begins at 1:30

September Photo Recap



September Photo Recap





Caring Ministries

Christ United Methodist Church

Mayo Hospital Visitor Policy

Do you want us to visit you in the hospital?

Mayo Hospital Visitor Policy and Pastoral Visits: patients at St Marys Campus and Rochester Methodist Campus may request a pastoral visitor as one of their five visitors during their stay in the hospital. It needs to be approved by their health Care Team. It needs to be the same five visitors during their entire stay. You can't take one off and add a different one. If you want one of the Pastors or Care Visitors to visit, please call the church office (or have another person call) to find out which one of us is available. We will then call the nursing station where the patient is located and it will be reviewed.

Olmsted Medical Center Visitor Policy: please call the church office to let us know if you want us to visit.

Lay Visitor Training Opportunity

Have a gift for listening? Want to support other church and community members who are homebound, ill or bereaved?

Please come to the Lay Visitor Training on Saturday, October 22 from 9 am – 1 pm. We will cover topics such as holy listening, confidentiality, supportive prayer, how to make an effective care visit. Please contact Pastor Nancy to register and for more information.

This training is offered for new and returning lay visitors, callers, and care visitors. It will conclude with



United Women in Faith

What a week we United Women in Faith and men helpers had the week of September 14th! We started on Wednesday by organizing articles that had previously arrived at CUMC. Then on Thursday, more treasures arrived. More than 31 women and 7 men made the Rummage Sale a success. We were able to chat with each other, make new friends and eat lunch together, all things we have been

yearning to do for three years. Places and organizations that benefitted from the rummage sale were: Haiti, school children in need in Rochester and Thrive. Thrift on Fifth were given the remaining clothing, shoes, purses, hats and jewelry.

The monies gained from this project go to: quilting project, Dorothy Day House, Emma Norton and the United Women in Faith pledge. You might ask where does this money to UWF go? On our bulletin board outside the office there are maps of the world where we do good deeds. In 2020-2021 we gave nine million dollars to our institutions around the world.

Thank you for supporting United Women in Faith at CUMC as we go forth studying and learning how to practice sustainability, racial justice and multigenerational inclusion. Again, thanks to all those providing treasures, working the rummage sale and especially the buyers.

Make a Difference Witness: CUMC's Van Ministry - by Randy Petersen

One personal reminder from the COVID pandemic is how comforting the simple act of Sunday morning worship is.

After months of being forced to stay home, it was comforting to meet again, even if it was only in the parking lot. It was comforting to see familiar faces, even if they were obscured by masks. It was comforting to be able to see each other, even if it was from 6 feet away. Church is a place of comfort, but that doesn't mean there's not occasional discomfort connected to faith and service.

I ran headlong into that a little more than a year ago, when a pair of van drivers announced they had moved and the church was desperately in need of new drivers. My first response was "maybe I could do that," which quickly gave way to "that's not for me" before I had a chance to act.

Driving large vehicles is something I've frequently shied away from, letting others take the wheel as I comfortably went along for the ride. Then, Pastor Nancy reached out. I had a "no" readied, but still felt a nudge. Why not try it?

So, I rode along one Sunday, which helped alleviate most worries, and showed me why the service is important. I met people – fellow church-goers – who could find Sunday morning comfort in church if I simply overcame my discomfort.

But, more help is needed.

A rider once asked if we'd stop the service if the number of riders declined. I doubt that would happen, but I see the other side as a realistic concern. What would happen if no one was able to be behind the wheel on a given Sunday, due to work or family commitment or illness.

Our handful of volunteer drivers can struggle to make sure someone is available every Sunday, and it's a concern that gives me discomfort.

I know the importance of getting to church, and I've seen the challenges faced by family and friends when transportation becomes an issue. That's why the Christ United Methodist Church van ministry is so important and needs more people to consider stepping outside their comfort zones to ensure others can be delivered to the comfort we all share each Sunday.

If interested – or even uncertain – consider calling the church office and asking to take a ride to see how you



THEOLOGY
ON BREW



Thursday, October 13

6:30pm - Forager Brewery

Grab a cup of coffee or a pint of your favorite brew and join us at Theology on Brew. These are monthly gatherings that are a chance to connect with others and discuss life, theology and everything! Young and young-at-heart adults are welcome. Contact Pastor Jenny for more info.



Faith → Life: Learn from Christ's Teachings

"The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt."
 - *The Hungering Dark*, Frederick Buechner (1926 - 2022)

The Fall Faith→Life Brochure can be found in the Commons

Sunday Faith→Life Forum

Every third Sunday (except December) we offer forums given by insightful guest speakers that cover a wide range of relevant topics. *Registration is not required.* You can join in-person or by clicking on the Zoom link provided in the Sunday worship email reminder the day of the forum.

"Cast Your Ballot; Know the Candidates"

October 16, 2022, 10:00 am – In-person Wesley Hall and on Zoom

Presenters: Shane Baker and Katherine Gardner

Both Shane and Katherine are teachers at Century High School. You may remember their forum before the 2020 presidential election. They spoke of the significance of voting in a democracy, how your vote really counts, and the importance of local and state elections.

At this forum they will be sharing how you can access background knowledge about the candidates who will be on the ballot.

The League of Women Voters website says, "...it is possible to move beyond campaign ads, social media chatter, and noisy news cycles to find the best substantive candidate who represents your values and needs." You can find more about *How to Judge a Candidate* at <https://www.lwv.org/blog/how-judge-candidate>.

Previous forums are archived at:

<https://youtube.com/christunitedmethodistchurchrochestermn>

Click on our playlists tab, then, "Faith to Life"

Sunday Classes

Contemporary Issues

Host: Joel Charlson

Time: Sundays at 10:00 AM

Place: In-Person (Room 146) and on Zoom: <https://us02web.zoom.us/j/832924941>

Each Thursday Joel emails participants the week's topic from *Wired Word*. Scripture verses and critical questions related to the topic lead to in-depth discussions that apply to how we live our daily lives. If you are interested in joining the class, email Joel at joel.charlson@gmail.com to receive the weekly *Wired Word* or join us on Zoom.

Inquiring Spirits**Hosts:** Hank Kliewer and Ed Shafer**Time:** Sundays at 10:15 AM**Place:** In-Person (Room 145) and on Zoom: <https://us02web.zoom.us/j/82253693720>

Group members suggest theological topics or books of interest to study. The group is currently reading *"This I Believe: The Personal Philosophies of Remarkable Men and Women"* (Book 1) edited by Jay Allison and Dan Gediman . New participants are always welcome. For further information contact Ed at shaferchurch@hotmail.com.

Connect Groups

View a complete listing of groups and classes, and register at:
cumethodist.com/faith-life

Breakfast Fellowship**Hosts:** Amy Humphrey and Dean Swanson**Time:** 2nd Wednesday of the month at 8:30 AM**Place:** Charlie's Restaurant at Hillcrest Shopping Center

New members of any age are always welcome to drop in; no registration required.

CU Wednesdays Crossroads**Hosts:** Pastor Jenny and Pastor Kirkland**Time:** 6:30 PM**Place:** Education Conference Center (ECC)

CU Wednesday is an intergenerational activity! In addition to weekly dinners (5:30 – 6:30 PM), adults have a chance to connect at the crossroads of faith and life. We'll gather for conversation and learning using articles, Bible study and film clips. Contact Pastor Kirkland with any questions.

Dinner/Lunch Club

New groups are forming! The groups will be a maximum of 6 people who will share a meal and conversation 2 or 3 times in each other's homes or restaurants. It is a wonderful way to develop friendships within our CUMC family. To learn more about the Dinner/Lunch Club contact Marjie Blaisdell at mblaisdell@gmail.com or Mary Schmidt at oronocomb@yahoo.com.

Garden Ministry**Host:** Mary Schmidt**Time:** Thursdays, 8:00 – 10:00 AM and Designated Workdays**Place:** CUMC Grounds

Help care for CUMC's piece of the earth! We will soon be into fall mulching, trimming, transplanting and clean up. Contact Mary at oronocombs@yahoo.com if you are interested.



Faith → Life: Continued

Hand & Foot Card Group

Hosts: Brian and Millie Webb

Time: Third Sunday of the Month, 4:00 – 6:30 PM

Place: Member's Homes

Singles and couples are welcome, as partners rotate. We chat and laugh, play cards and share light snacks. If you haven't played Hand and Foot, we will teach you! Interested or want further information? Contact Brian at bkwebbus@gmail.com or Millie at 608-212-9706.

Knit One Pray, Too

Host: Marjie Blaisdell

Time: Wednesday 10:00 AM – 12:00 Noon

Place: WebEx

Contact Marjie at mablaisdell@gmail.com to receive a link to the WebEx meeting. The group is knitting prayer shawls and scarves and hats for winter.

Men's Coffee Group

Host: Dick Estry

Time: Thursdays at 8:00 AM

Place: In person (Room 145) and on Zoom: <https://us02web.zoom.us/j/81951413795>

Whether you are a long-time member, new to CUMC or looking for a men's fellowship group, you are invited to join for coffee and conversation. Contact Dick at rk.stry@gmail.com for further information.

Theology on Brew

Hosts: Pastors Jenny and Kirkland

Time: Second Thursdays at 6:30 PM

Place: Forager Brewery, October 13

Monthly gatherings that meet up at a local brewery or coffee shop. Grab a cup of coffee or a pint of your favorite brew and join others for a chance to connect and discuss life, theology and everything! Young and young at heart adults are welcome.

Contact Pastors Jenny and Kirkland with questions.

Isaiah MN Community Organizing Event on Monday, October 10 from 1-2:30pm

"Defending Our Democracy" with MN Secretary of State Steve Simon

Join "We Choose Us" and Minnesota Secretary of State Steve Simon at Mount Olive Lutheran Church on **Monday, October 10 at 1pm** as we dig in together about our free and fair elections, which have made Minnesota the state with the highest voter turnout in the nation for years. At this event we will get clear about the voting process from start to finish, learn how to combat misinformation, and get a chance to ask our Secretary of State questions about our robust system of elections administration.



"Evolving Faith 2022 Conference"

Faith→Life has gathered a group to digitally attend the *Evolving Faith 2022 Conference* on October 14-15, 2022.

Here's the good news:

There are a lot of us out there in the wilderness - We are not alone. We all need community - We gather in building a faith that nourishes not just for us but also the whole world as well. We need some hope and more love - Amid the fractures of the world, we're seeking healing and coming together to listen to God and to one another.

Thank you to Memorials and Living Gifts for providing funding to cover the registration cost!

Watch the Wednesday Connections email, the New Spirit newsletters, and the Sunday worship reminder for updates on offerings as they become available! Also check out cumethodist.com/get-involved/faith-life for a complete listing and registration information.



Garden Ministry

Perennial Garden Cleanup – Saturday, October 8 from 9 – 11 am.
We will be cutting back hostas and day lilies and mulching a couple areas. Bring gloves and loppers if you have – if not, come anyway!
We will love to see you!



Check Out Our New Sign Near the Labyrinth

From Pastor Jenny's Connections email on Sept. 28:

As a welcoming and reconciling congregation, we believe and proclaim that people of all gender identities and sexual orientations are loved by God and created in God's image... When Jesus calls us to love our neighbors he is referring not only to those near us but also to anyone we might show love to. We explored this topic in depth during our Lenten season but the question is just as relevant now, perhaps even more so in this divisive election season. How is God calling you to love your neighbor?

Christ UMC in Ministry with Adults who have Disabilities

This summer a small group of families met in the Fireside room and briefly connected over shared experience of caring for family members who have disabilities. We have a couple of opportunities that have grown from that first conversation to offer support to people with disabilities and their family caregivers.

John Lage has started a conversation between people who have a loved one with autism and anxiety. Please hold these conversations in prayer and reach out to John or Pastor Amanda if you know a family that might benefit from this group.

On **October 9** we will be joined by members of Centennial UMC's Flames Sunday School class in worship and for a special opportunity between services. The Flames are a group of adults with disabilities and supportive volunteers who help them share in worship, service, spiritual growth and fellowship. They will be sharing their puppet ministry during the children's time in both services. Between services the Flames, our children and youth, our adults with disabilities and volunteers will do a service project together. Debby Newman, Flames leader, will meet with our group of parents and other caregivers to talk about what our church could do to be in ministry with people who have disabilities and their community.



50 Year Member Event 2022

The Caring Ministry Team of CUMC will honor all those who are long-time members and the newest 50 year member class of Christ UMC. This year's 50 year membership event will be held on October 5, 2022 at 10:00am in the church commons. A light brunch will be served followed by a special program. Gluten free items will also be available at the light brunch.

Welcoming Samantha Moccia, CUMC's New Director of Communications

After a long and varied marketing career, Samantha is thrilled to be writing the next chapter and joining the CUMC staff. Born and raised in Southern Minnesota, she received her degree in Anthropology from the University of Minnesota Duluth and went on to do several short courses in Oxford, England, exploring all things British, including drinking copious amounts of Earl Grey and taking in the ancient energy of Stonehenge.

Samantha is married to her husband, Tom and is an avid history buff, particularly in early medieval English history. She travels when she can, especially back up to Duluth, is an amateur photographer, and loves to watch Urban exploration videos. She also loves to watch anything sci-fi with her husband, and will always default to old episodes of MASH when all else fails.

Samantha feels excited and blessed to be able to get to know everyone and further the story of the CUMC community.

The CUMC Tree of Life: Living, Celebrating, & Remembering



Celebrating the Sacrament of Baptism

On Sunday, September 18, 2022 we celebrated the baptism of Marcus John Nelson, child of Andrew and Mariah Nelson

On Sunday, September 25, 2022 we celebrated the baptism of Lyra Dorothy Singleton, child of David Singleton and Nora Barlow

On Sunday, October 2, 2022 we celebrated the baptism of Augustus "Auggie" David Naylor, child of Drew and Calli Naylor.

Celebrating Weddings in the Congregation

Congratulations to Mitchell and Jaeda Pitlick, married on September 17, 2022



Harry Buck

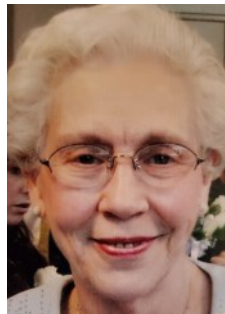
August 24, 1930 - September 8, 2022

In Memoriam



Paul Allen

September 1, 1936 - September 14, 2022



Helen Zimmerman

November 9, 1928 - September 19, 2022

LEADERSHIP CENTER for SOCIAL JUSTICE



Pastor Jenny is participating in the Leadership for Social Justice Cohort with United Seminary. In the coming months, she will be learning more about effectively engaging social justice issues within a congregation and designing a project to support CUMC's justice work in our community.

As part of this program, CUMC will receive a congregational assessment of our vitality and specific recommendations for how we might move forward effectively in ministry and service. The assessment is administered by Convergence, a church research and consulting group and includes an anonymous survey of church participants. You may learn more about the survey here (<https://tinyurl.com/CUMCsurveyFAQ>).

Anyone over the age of 16 who is affiliated with Christ UMC (you do not need to be a member) is invited to complete a survey. A link to the online survey can be found below and hard copies are available in the church office. Please contact the church office if you would like to have a hard copy mailed to your home.

Each response will help Convergence receive more accurate data and provide important information for our CUMC pastors and lay leaders.

Please contact Pastor Jenny with any questions. Thank you for your commitment to serving together into the future!

Congregational Assessment on Vitality and Effective Ministry and Service

<https://www.surveymonkey.com/r/ChristUMCRochester>



**YOUR BEST
SPOT
FOR THE
FLU SHOT**

Hy-Vee will be offering on-site flu shots
at Christ United Methodist Church on

SUNDAY | OCT 2 | 8:30A - 11A



Please bring proof of
insurance to the event.

Cash price is approximately \$42.99
for the standard dose quadrivalent
flu shot without insurance.

Why should I get vaccinated?

Influenza is a serious disease that can lead to hospitalization and sometimes even death. An annual flu vaccine is the best way to reduce the chances that you will get the flu and lessen the chance that you will spread it to others.

Who should get vaccinated?

Although everyone who is at least 6 months of age should get a flu vaccination, at this clinic Hy-Vee is offering the vaccine to those over the age of 3 years.

Which vaccine is offered?

Hy-Vee is offering a quadrivalent injectable vaccine (ages 3 and over), The FluMist intranasal vaccine, if available, (ages 3-49), and a high-dose quadrivalent injectable vaccine recommended for those over the age of 65, if available.

Source: Centers for Disease Control and Prevention,

Vaccine is **FREE** of charge for Medicare patients
and is fully covered by most insurances.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 World Communion Sunday</p> <p>8:30am Influenza Clinic Opens</p> <p>8:30am Sunday Nursery Opens</p> <p>9am Traditions Worship</p> <p>10am Thrift on Fifth Open</p> <p>10:15am Contemporary Issues</p> <p>10:15am Inquiring Spirits</p> <p>11am Arise Worship</p> <p>4:30pm Youth Group</p> <p>5pm Disciple's Path</p>	<p>3</p> <p>11:15am Men's Book Study & Mutual Support</p>	<p>4</p> <p>10:30am Staff Meeting</p> <p>1pm Covenant Group</p> <p>1pm UWF Quilters</p>	<p>5</p> <p>10am Knit One Pray, Too</p> <p>10am 50 Year Member Event</p> <p>1:30pm Women's Connect</p> <p>4pm Thrift on Fifth Open</p> <p>5pm-7:30pm CU WEDNESDAY</p> <p>8pm Online Devotional</p>	<p>6</p> <p>8am Thursday Men's Group</p> <p>8:30am Covenant Group</p> <p>1pm Women's Connect Group</p> <p>4pm Arise Band rehearsal</p> <p>7pm UWF Circle 4</p>	<p>7</p>	<p>8</p> <p>7:30am Saturday Noon Meals (Serve @ 11am)</p> <p>9am Foundation Meeting</p> <p>9am Mulching and Garden Cleanup</p> <p>9am Thrift on Fifth Open</p>
<p>9</p> <p>8:30am Sunday Nursery Opens</p> <p>9am Traditions Worship</p> <p>10am Thrift on Fifth Open</p> <p>10:15am Contemporary Issues</p> <p>10:15am Inquiring Spirits</p> <p>11am Arise Worship</p> <p>3pm Blessing of the Animals</p> <p>5pm Disciple's Path</p>	<p>10</p> <p>11:15am Men's Book Study & Mutual Support</p>	<p>11</p> <p>10:30am Staff Meeting</p> <p>1pm Covenant Group</p> <p>1pm UWF Quilters</p> <p>7pm Thrive Board Meeting</p>	<p>12</p> <p>8:30pm Breakfast Fellowship</p> <p>10am Knit One Pray, Too</p> <p>1:30pm Women's Connect</p> <p>4pm Thrift on Fifth Open</p> <p>5pm-7:30pm CU WEDNESDAY</p> <p>8pm Online Devotional</p>	<p>13</p> <p>8am Thursday Men's Group</p> <p>8:30am Covenant Group</p> <p>9:15am Care Visitors</p> <p>1pm Women's Connect Group</p> <p>4pm Arise Band rehearsal</p> <p>6:30pm Theology on Brew</p> <p>7pm UWF Circle 4</p>	<p>14</p> <p>Evolving Faith Conference</p> <p>10am Rug Hooking Group</p> <p>10am Women & the Sacred</p>	<p>15</p> <p>Evolving Faith Conference</p> <p>7:30am Saturday Noon Meals (Serve @ 11am)</p> <p>9am Thrift on Fifth Open</p> <p>9am Helen Zimmerman Visitation</p> <p>10am Helen Zimmerman Service</p>
<p>16</p> <p>8:30am Sunday Nursery Opens</p> <p>9am Traditions Worship</p> <p>10am Thrift on Fifth Open</p> <p>10:15am Third Sunday Forum</p> <p>11am Arise Worship</p> <p>4:30pm Youth Group</p>	<p>17</p> <p>11:15am Men's Book Study & Mutual Support</p>	<p>18</p> <p>10:30am Staff Meeting</p> <p>1pm Covenant Group</p>	<p>19</p> <p>10am Knit One Pray, Too</p> <p>1:30pm Women's Connect</p> <p>4pm Thrift on Fifth Open</p> <p>7pm Chancel Choir Rehearsal</p> <p>8pm Online Devotional</p>	<p>20</p> <p>8am Thursday Men's Group</p> <p>8:30am Covenant Group</p> <p>8:30am UWF Circle 2</p> <p>1pm Women's Connect Group</p> <p>4pm Arise Band rehearsal</p> <p>6pm Leadership Board Meeting</p> <p>7pm UWF Circle 4</p>	<p>21</p> <p>9:30am UWF Book Group</p>	<p>22</p> <p>7:30am Saturday Noon Meals (Serve @ 11am)</p> <p>9am Thrift on Fifth Open</p> <p>9am Lay Visitor Training</p>
<p>23</p> <p>8:30am Sunday Nursery Opens</p> <p>9am Traditions Worship</p> <p>10am Thrift on Fifth Open</p> <p>10:15am Contemporary Issues</p> <p>10:15am Inquiring Spirits</p> <p>11am Arise Worship</p>	<p>24</p> <p>11:15am Men's Book Study & Mutual Support</p>	<p>25</p> <p>10:30am Staff Meeting</p> <p>1pm Covenant Group</p> <p>1pm UWF Quilters</p>	<p>26</p> <p>10am Knit One Pray, Too</p> <p>1:30pm Women's Connect</p> <p>4pm Thrift on Fifth Open</p> <p>5pm-7:30pm CU WEDNESDAY</p> <p>8pm Online Devotional</p>	<p>27</p> <p>8am Thursday Men's Group</p> <p>8:30am Covenant Group</p> <p>9am UWF Meeting</p> <p>1pm Women's Connect Group</p> <p>4pm Arise Band rehearsal</p> <p>7pm UWF Circle 4</p>	<p>28</p> <p>10am Rug Hooking Group</p>	<p>29</p> <p>7:30am Saturday Noon Meals (Serve @ 11am)</p> <p>9am Thrift on Fifth Open</p>
<p>30</p> <p>8:30am Sunday Nursery Opens</p> <p>9am Traditions Worship</p> <p>10am Thrift on Fifth Open</p> <p>10:15am Contemporary Issues</p> <p>10:15am Inquiring Spirits</p> <p>11am Arise Worship</p> <p>1pm Youth Hallway Set Up</p> <p>2pm Trunk or Treat</p>	<p>31</p> <p>11:15am Men's Book Study & Mutual Support</p>	<p>Nov. 1</p>	<p>Nov. 2</p>	<p>Nov. 3</p>	<p>Nov. 4</p>	<p>Nov. 5</p>

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DO GOOD, BE RICH IN HELPING OTHERS, BE EXTRAVAGANTLY GENEROUS
- 1 TIMOTHY 6:18

