

Ministers: The congregation of Christ United Methodist Church
Pastors: Michael Wuehler, Amanda Larsen, David Lieder,
Nancy Wheeler Handlon

Children and Family Ministries Coordinator: Jenny Gunter

Director of Music/Organist: Richard D. Owen

Coordinator of Handbell Choirs: Deedee Odell

Parish Nurses: Patricia Hrabe and Ann Loth

Director of Operations: Kris Olson

Children's worship bags and bulletins are in the narthex.

Welcome Center:

Greeters: David and Aileen Williams, Bobbie Bailey

Fellowship Coffee: Jack and Judy Zierdt, Ann Roering, Larry and Ginny Tupper

Sound Booth: 9:00 Lad Roering and Sandy Shirk Heath

11:00 Matt Fiscus, Chris J. Popp

Front Desk Receptionist – Mary Petersson

Nursery care for under age five is available in Rooms 135 and 137 in the upper east hallway

Next Week's Lectionary: Malachi 3:1-4; Luke 1:68-79; Philippians 1:3-11;
Luke 3:1-6

Today's **radio broadcast** has no sponsor. The 9:00 a.m. service airs Sundays at 11:30 am on KOLM radio, 1520 am. Please use the chart in the Commons by the Sanctuary doors to sign up for a radio broadcast, or you can sign up in the church office. A sponsor(s) is still needed for December 13, 2009.

The **flowers** on the altar are given by **Marlys McCoy and Darlene Kelly** in honor of **Rachel and Gene Mullenbach's 50th Wedding Anniversary.**



400 Fifth Avenue SW
Rochester, MN 55902

Worship Hours:

8:00am – *Worship and Communion in the Chapel*

9:00am – *Worship in the Sanctuary*

11:00am – *Emergent Worship in the Education Conference Center*

Wednesday Worship

6:15 pm – *Wednesday Worship Celebration in the Education*

507-289-4019

www.cumethodist.com
email@cumethodist.com

To Live, Love and Serve as Jesus Teaches
An inclusive church where all are welcome!

November 29, 2009

First Sunday in Advent

9:00 am

* Congregation is invited to stand as you are able.

UMH: Red Hymnal FWS: Black Hymnal

THE COMMUNITY GATHERS TO PRAISE GOD

PRELUDE Emmanuel *with* O Come. O Come, Emmanuel arr. Joel Raney

GREETING AND ANNOUNCEMENTS

* HYMN OF GATHERING

(UMH) No. 213 – Lift Up Your Heads, Ye Mighty Gates

TRURO

*OPENING PRAYER

We are told, "Be still, and know that I am God."

But we know how hard it is to be still. We are busy people!

We choose in this hour to try to be still and listen for God.

Help us, loving God, to quiet our minds and open our hearts to you. For we know you are a God of great wisdom. You love us deeply. In your wisdom, you have just the right thing to say to us today. Forgive us when we get in the way of your voice. Forgive us when we distract ourselves. Forgive us when we intentionally tune you out. Today God we ask you to speak to our hearts, we are waiting, alert.

*ACT OF PRAISE

(UMH) No. 204 – Emmanuel, Emmanuel

McGEE

TIME WITH CHILDREN

LIGHTING OF THE ADVENT WREATH

SILENT PRAYER

PASTORAL PRAYER

LORD'S PRAYER

**Our Father who art in heaven hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory forever. Amen.**

TO HEAR AND CELEBRATE GOD'S WORD

HYMN OF PREPARATION

(UMH) No. 451 – Be Thou My Vision *SLANE*

SCRIPTURE READINGS Jeremiah 33:14-16
Luke 21:34-36

GOOD NEWS FOR TODAY **“It Begins With Worship”**
Pastor Michael Wuehler and Pastor Amanda Larsen

STEWARDSHIP MOMENT

OFFERTORY ANTHEM English Advent Carol arr. Patrick Liebergen
Senior Adult Choir

***DOXOLOGY** *UMH No. 94*

**Praise God, from whom all blessings flow;
Praise God, all creatures here below; Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ whose power uplifts!
Praise the Spirit, Holy Spirit, Alleluia! Alleluia! Alleluia!**

***PRAYER OF DEDICATION**

AND TO BE SENT FORTH IN GOD'S NAME

***HYMN OF SENDING FORTH**

(UMH) No. 196 – Come, Thou Long-Expected Jesus *HYFRYDOL*

***BENEDICTION**

POSTLUDE This Day, It Is So Joyful J. S. Bach

*Thank you for being with us in worship this morning.
Please join us for worship again next week.*

We are friendly. We are just temporarily suspending shaking hands during this flu season. Share a wave, smile or elbow bump with your friends. You are also encouraged to use the hand sanitizers throughout the church building.

We are in need of additional volunteers to be in the church office on Sunday mornings. If this is something you would like to do, please call the church office at 289-4019 or Joan Wilcox at 287-1856.

Hark the Herald Angels Sing Christmas Tea - Join women of the church for a Christmas Tea on Thursday Dec. 3 at 2:00 pm in the Hamline Room. If you need a ride please call Aileen Williams at 507-285-9117. Sponsored by United Methodist Women.

**Calendar of Events:
November 29 – December 6**

Sunday, November 29

7:45 am-Nursery - Room 137
8:00 Worship and Communion - Chapel
9:00 Traditional Worship Service – Sanctuary
9:00 Adult Bible Study-Adult Library
9:00 KinderWorship – Room 133
9:30 Mennonite Worship Service - Chapel
10:00 Parish Nurse – Family Room
10:10 Age 3 – Pre-K Sunday school – Room 133
10:10 K-5th Grade Rotational Sunday school – Lower east hallway
10:10 No Mid High Sunday school – Room 38
10:10 No Sr. High Sunday school – Youth Room
10:10 Inquiring Spirits – Hamline II
10:10 Contemporary Issues – Room 146
10:10 20/30/40 Class – Room 145
10:10 Voluntary Simplicity - Mettam
11:00 Emergent Worship – ECC
12:00 pm First Lego League – Room 36 & 37
1:00 Women’s Day In - Hamline
3:30 Sr. High Guitar Group – Room 38
5:00 CUMC Band - ECC

Monday, November 30

5:30 pm Covenant Disciple Group – Homes
5:30 Men’s Covenant Disciple Group – Adult Library
5:30 Community Bible Study Leaders – Hamline
6:00 Women’s Ministry Freezer Cooking - Kitchen
7:00 Boy Scouts – Wesley Hall
7:00 Community Bible Study – Church-wide

Tuesday, December 1

5:15 pm Covenant Disciple Group – Family Room
7:00 Celebration Bells – Bell Room
7:00 Season’s Hospice, Memories of the Heart - Sanctuary

Wednesday, December 2

10:00 am Under K Play – Room 137
11:15 Sr. Bells – Bellroom/Sanctuary
4:30 pm Child-care – Room 137
4:30 Little Angels – rooms 134 & 135

4:30 Stepping Stones – Sanctuary
4:45 Wednesday Fellowship Dinner – Wesley Hall
5:15 Pathway Singers – Sanctuary
6:00 Jubilee Bells – Bellroom
6:00 Voices in Praise – Choir Room
6:15 Wednesday Worship – ECC
7:00 Carillon Ringers – Bellroom
7:00 Exploration – Wesley Hall
8:00 Christ Chimers - Bellroom

Thursday, December 3

7:00 am Men’s Discussion Group – Room 145
8:30 Covenant Disciple Group – Family Room
9:00 Mitten Mission – Rooms 134 & 135
2:00 pm UMW Unit Meeting (Christmas Tea) – Hamline
5:30 First Lego League – Rooms 36 & 37
6:30 Power and Light – Room 38
6:30 Young Adult Christmas Event – Amanda’s home

Friday, December 4

6:30 pm Family Movie Night “Up” - ECC

Saturday, December 5

11:00 Saturday Noon Meals Social Hour and Snacks – Wesley Hall
12:00 pm Saturday Noon Meals Family Style Meal – Wesley Hall
1:00 Service of Remembrance – Chapel
7:00 Rochester Symphony Orchestra and Chorale - Sanctuary

Sunday, December 6 (See Sunday, November 29)

9:00 am Adult Bible Study will meet in Room 146 for this day only.
2:30 pm Rochester Symphony Orchestra and Chorale - Sanctuary
7:00 ASP Leaders Meeting - Fireside

Women’s Day In - Do you have some Christmas projects to which you’d like to devote some time? Finishing a quilt, stamping cards, knitting a poncho, or addressing your Christmas cards? So do we! All women – and their friends—are invited to join us for Women’s Day In today from 1-6 pm in the Hamline Room. We’ll have some chili, warm drinks, devotions, plenty of light, space and electrical outlets. If you have questions about this event, please contact Brenda Fyles brendafyles@charter.net or Pastor Amanda Amanda@cumethodist.com. If you’d like to be a part of events like this in the future, please let Amanda or Brenda know.

The Advent Conspiracy - This Advent, our church is participating in the Advent Conspiracy. This is a movement to worship fully, spend less, give more, and love all during Advent. You can learn more about on our church website. We have an all-church Advent Conspiracy devotional available online, at the Welcome Center and in the office. The 20/30/40 and Voluntary Simplicity classes are discussing it during Sunday school. Also, the worship services at 11 am will be shaped by the Advent conspiracy themes. You are invited to join the conspiracy!

ASP Christmas Brunch and Mitten Sale December 13th - Tickets are on sale now for the acclaimed ASP Christmas Brunch! Serving will begin at 8:00 am on Sunday, December 13th and serve through 12:30 pm. The menu includes a choice of Meat or Veggie Strata, fruit, beverage, bar and pastries. Tickets may be purchased in advance, or at the ASP ticket table in the commons each Sunday. Prices are \$4 children, 5 and under, \$6 adult or \$18 per family.

Warm, hand-sewn Mittens from the Mitten Mission project will also be on sale during the brunch. Warm your hearts and hands at the ASP Christmas Brunch, Sunday, December 13th. Hope to see you here!



**Parish Nurse Notes
Tis the Overwhelming Season**

Crowded bustling malls, repeated trips to the airport to fetch long-lost relatives, and the constant shuffling of cookies and turkey out of your oven can translate into one reaction — stress. Christmas may be the season of love and celebration, but sometimes holiday festivities can become overwhelming. This excess work and struggle to please everyone can leave some feeling isolated. Try these tips to have a holly, jolly, holiday season:

- **Don't wait for the last minute to make plans**, and **plan your time** so that you take care of several errands on one trip.
- **Don't be a perfectionist** about the holidays. Prioritize the events that matter the most to you.
- **Simplify.** Don't bake 20 different types of cookies unless you enjoy it.
- **Try to be realistic.**
- Keep things in perspective and **remember what the holiday really means to you and your family.**

It's time to order poinsettias in honor or in memory of a loved one.

Please fill in the form below if you would like to share a poinsettia plant with others this Christmas season. Each plant is \$11.00 (separate from offering). You may place this slip in the offering plate or take to the church office.

Please indicate if you would like to pick up the poinsettia after 10:00 am on Dec. 27 or if you would like to have it delivered to a shut-in or bereaved person. We would like to have about 75 plants to deliver. Please support this ministry of caring to our homebound and bereaved members.

Name **(please print)** _____

Telephone: _____ Church take to shut-in

_____ I will pick up after 10:00 am on December 27

_____ plants = \$ _____



In memory of: _____

In honor of: _____

Christmas Anonymous will be in the building each day this week for their donation center in Wesley Hall on the stage end.

UMW Quilters will not meet in December, but will resume their quilting Tuesday, January 12, 2010.