

World Communion Sunday

Jamaican hard dough bread . . . you simply mix up a regular yeast dough recipe and bake it before it has a chance to raise.

Pita Bread

- * 1 1/8 cups warm water (110 degrees)
- * 3 cups all-purpose flour
- * 1 teaspoon salt
- * 1 tablespoon vegetable oil
- * 1 1/2 teaspoons white sugar
- * 1 1/2 teaspoons active dry yeast

1. Proof the yeast, water and sugar, knead in the flour, salt and oil. Allow to rise.

2. Turn dough onto a lightly floured surface. Gently roll and stretch dough into a 12 inch rope. With a sharp knife, divide dough into 8 pieces. Roll each into a smooth ball. With a rolling pin, roll each ball into a 6 to 7 inch circle. Set aside on a lightly floured countertop. Cover with a towel. Let pitas rise about 30 minutes until slightly puffy.

3. Preheat oven to 500 degrees F (260 degrees C). Place 2 or 3 pitas on a wire cake rack. Place cake rack directly on oven rack. Bake pitas 4 to 5 minutes until puffed and tops begin to brown. Remove from oven and immediately place pitas in a sealed brown paper bag or cover them with a damp kitchen towel until soft. Once pitas are softened, either cut in half or split top edge for half or whole pitas.

Irish Soda Bread

- | | |
|---------------------------|---------------------------|
| 4 cups all-purpose flour, | 1 cup white sugar |
| 1 teaspoon baking soda | 2 teaspoons baking powder |
| 1/2 teaspoon salt | 3 eggs |
| 1 pint sour cream | 1 cup raisins |

1. Preheat oven to 325 degrees F (165 degrees C). Grease two 8x4 inch loaf pans.

2. Mix the flour, sugar, baking soda, baking powder and salt. Add the eggs, sour cream and raisins and mix until just combined. Distribute batter evenly between the two pans.

3. Bake loaves at 325 degrees F (165 degrees C) for 1 hour.



400 Fifth Avenue S.W. • Rochester, MN 55902

507-289-4019

www.cumethodist.com

email@cumethodist.com

8:00 am – Worship and Communion in the Chapel

9:00 am – Worship in the Sanctuary

11:00 am – Emergent Worship in the Education Conference Center

6:15 pm Wednesday Worship

To Live, Love and Serve as Jesus Teaches
An inclusive church where all are welcome!

October 4 World Communion Sunday

11:00 am

Today at Emergent Worship

Gather:

Prelude “Is this a Day of New Beginnings?”

Welcome, Time of Praise

Sharing our Joys, Concerns, and Prayers,

Encounter God’s Word:

Word: Hebrews 1:1-4

Message: “In Many Ways”

Amanda Larsen

Responding

Holy Communion

ReEntering:

Song of Sending

Blessing, Closing Music “Halle, Halle”

Welcome to Emergent Worship

Emergent worship comes from within the community. The origin of the word liturgy is λειτουργία (leitourgia in ancient Greek), “work of the people.” Emergent worship is liturgy. Members of our community provide some of the ideas for this service.

Each service has several elements that do not change from week to week. We take time to center ourselves and we take time to reenter the world. Other parts of the service change each week, especially how we connect to God’s words and the music we use to praise God.

In Different Ways In October we’ll be experimenting with different styles of worship and music from around the world. Some may be familiar, some maybe hard for you to imagine as worship, some will really resonate.

Children are invited to sit in the front (near the action!). We do have nursery care for children through age three. However, we encourage children to worship with us. When they cry, or giggle, or shout “ba!” they remind us to praise God in all things. Quiet toys are available outside the sanctuary in worship bags. Coloring supplies are in the “loft.” Our Children have created a behavior covenant that they live into together.

Centering Breath One of the Hebrew words for Spirit is ru’ah, which is also translated as breath. Our centering breath ritual enhances our participation, sets our intention, and focuses our thoughts. This helps us to be fully present for anything, including worship.

Music for this service today is offered by Voices in Praise and Ric Owen.

Offering We take an offering in gratitude to God for what God is doing in our lives. Today you are invited to bring your offerings when you receive communion.

Encountering the Word of God is the central portion of this service. We encounter God’s words in many ways and in many places throughout the week. It is at this point in worship we are especially attentive to listening to God’s words for us.

ReEntering We take time at the end of the service to ReEnter the world of our daily lives. On a good day we leave as changed people. We share a blessing with one another to transition into a time of Christian fellowship.

If you are interested in being a part of the planning for the service (no meetings required!) or have comments about this service, please contact Pastor Amanda at amanda@cumethodist.com, or 289.4019 x 111.